

BELLINGEN HIGH SCHOOL

2025

Year 6 Transition



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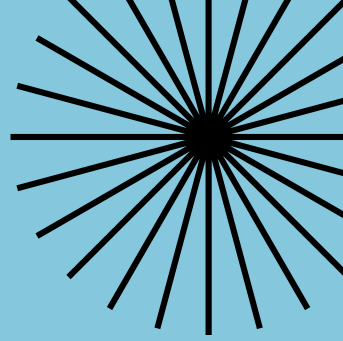
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ABOUT

BELLINGEN HIGH SCHOOL



Bellingen High School is a coeducational 7-12 comprehensive school located in the Bellingen Valley.

We are a NSW Government school attracting students from the surrounding schools, valleys and seaside towns where tourism, dairy and small agricultural farming are the backbone of the local economy.

The school has a strong tradition of academic, sporting and cultural excellence and achievements.

Bellingen High School are recognised as a creative community in areas such as Music, Art, design, creative writing, performance and technology.



The school has a committed and experienced staff who participate in professional learning to enhance their specialist teaching capacity, lead extra curricula opportunities for students and support students to reach their potential.

Bellingen High School is a school of which we are proud. It has a dedicated teaching staff, modern buildings and equipment, a proven student record of achievement and beautiful settings. We welcome new students and their parents/carers to the school and endeavour to assist them to achieve their academic, sporting, social and cultural potential.

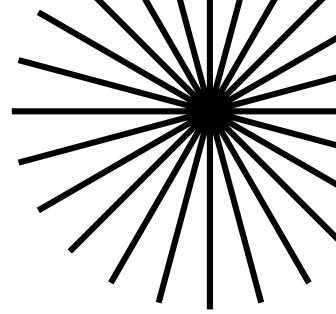


What students achieve in this school is largely determined by what they do. The opportunities for students to gain useful experiences and knowledge will be open to them. We encourage parent participation in the wellbeing, education, and discipline of your child.

The school, originally erected in 1956, underwent an extensive modernisation and renovation program, which was completed in 1992. The school now has approximately 600 students, 50 teaching staff and 20 non-teaching staff; and offers a wide range of educational courses, plus the classrooms are all air conditioned.

We hope that the time spent at Bellingen High School is happy, stimulating and rewarding.

A MESSAGE FROM **OUR PRINCIPAL**



Our learning focuses on building and creating lifelong learners.

Bellingen High School in Buddabung (Bellinger Valley) on Gumbaynggirr Country takes pride in fostering an inclusive and creative environment where every student is encouraged to thrive.

Our school has been a part of community for many years, situated at the gateway to the Bellingin township along Waterfall Way. Nestled amidst a picturesque farm and an outlook to the breathtaking views of the Buddabung (Bellinger Valley), we proudly welcome our school and the wider community to come together to nurture, grow, inspire, and challenge our young learners.

While academic excellence continues to remain our focus, Bellingin High School offers a dynamic and enriching environment that celebrates individuality and nurtures creativity.

Our students benefit from a broad selection of co-curricular activities including cultural leadership and dance, sports, performing and visual arts, intellectual pursuits, and leadership opportunities. We believe in the holistic development of our students, encouraging them to explore their passions and broaden their horizons.

Our community spirit extends beyond the classroom, with a strong emphasis on community engagement. Students are encouraged to participate in initiatives that support health, education, the environment, social justice, First Nations community connection events and reflecting our commitment to be responsible and compassionate citizens.

Our school is committed to providing an environment where learning thrives. We are continually investing in our school's future to ensure our students have the best resources to support their educational journey.

We value the partnership between teachers, parents, and students. This collaborative approach ensures that each student receives a quality education and creates lasting memories during their time with us. We are dedicated to helping every student achieve their personal best, creating a foundation for lifelong learning and success.



SCHOOL MOTTO - TRUTH TRIUMPHS

SCHOOL COLOURS - ROYAL BLUE & GOLD

SPORT HOUSES / COLOURS:

DUNSTAN - BLUE
JONES - YELLOW
KELSEY - RED
HOCKING - GREEN



Michelle Elliott

Principal

Ms Elliott oversees all matters in the school. She is accountable for everything that goes on in the school and the policies of the school; however, much of the day-to-day responsibility is delegated to senior teachers.



Tim Laverty

Deputy Principal
Years 7/9/11

Mr Laverty oversees school organisation affecting the daily running of the school, timetables, assemblies and matters which affect student welfare and discipline. Students may be referred to Mr Laverty (Years 7/9/11) for severe breaches of discipline.



Lisa Welsh

Deputy Principal
Years 8/10/12

Ms Welsh oversees school organisation affecting the daily running of the school, timetables, assemblies and matters which affect student welfare and discipline. Students may be referred to Ms Welsh (Years 8/10/12) for severe breaches of discipline.

2024 OUR FACULTY



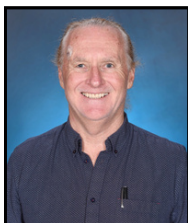
Michelle Butcher

Head Teacher English



Rebecca Lackey (Relieving)

Head Teacher Maths



Lindsay Kingsley

Head Teacher HSIE



Marijke Verschuren

Head Teacher Science



Annie Phelan

Head Teacher Creative and Performing Arts



Dave Mayo

Head Teacher Technical and Applied Studies



Paul Pomroy (Relieving)

Head Teacher Health and Physical Education & Yr 11 Year Advisor

2024 OUR FACULTY

WHAT IS A HEAD TEACHER?

Head Teachers are the leaders of their specific faculty and are in charge of overseeing programming, curriculum and discipline.

2024 OUR FACULTY

English

Ms C Fisher (Snr Academic Advisor)
Ms T Garemyn
Mr N Giugni
Ms S Harper
Ms A Pratt

Mathematics

Mr P Barron
Mr S Borgert
Mr K Bugler
Ms S Cornale
Ms M Green
Ms R Lackey
Mr D Laing

Science

Ms J Godden
Mr P Fox
Ms L Grant
Mr D Montgomery
Mr M Williamson

Human Society and Its Environment

Mr B Budd
Mr S Cross
Ms K Filewood
Mr T Gonski
Ms A Hill (Administration Coordinator)

Careers

Mrs F Gorman

Personal Development, Health, and Physical Education

Mr N Beal (Year 12 Advisor)
Mrs K Fabian
Ms L Hoy
Ms V Rezo (Year 10 Advisor)
Mr J Winfer

Creative and Performing Arts

Mr S Barrow
Mrs P Borgert
Ms K Holding
Ms L Lane
Mrs M Newbound
Mr R Wickham

Technology and Applied Studies

Mr S Boyd
Ms K Cramer (Year 8 Advisor)
Mr A Denham
Ms J Kelly
Ms H Porter
Mr C Walmsley

Multi Categorical Class

Mr J Forbes
Ms J Pinder (Year 9 Advisor)
Mr L Dollisson

Learning Support

Mrs K Dunn

Teacher Librarian

Ms H Ramirez

WHAT IS A YEAR ADVISOR?

They attend to the wellbeing of all the students in a particular year group. They are teachers whom students initially see for advice and help about a variety of things such as progress at school, study methods and/or personal problems.

School Administration

Ms J Tsang (*Admin Manager*)
Mrs L Eichmann
Mrs S Keough
Ms S Keys
Ms C Storm
Ms R Wallace

Library / First Aid Officer

Mrs K Cutler

Photocopying / Clinic

Ms C Witt

Science Assistant

Ms O Gentle

Home Economics / Technical Support Manager

Ms J Williams

General Assistants

Mr W Alford
Mr P Dean
Ms A Lockman
Mr K Matthews

Farm Assistant

Ms A Lockman

Canteen

Mrs V Smart

School Learning Support Officers

Ms S Cayirylys
Mrs J Chapman (MC Class)
Ms A Crampton
Mrs M Gale
Ms R Harriman
Mrs A Lupton
Mrs C Meads
Mrs I Stribley (MC Class)
Mr T Young

Wellbeing and Support

Magda Pomroy
Kim West
Anthony Baker
Sarah Coffey

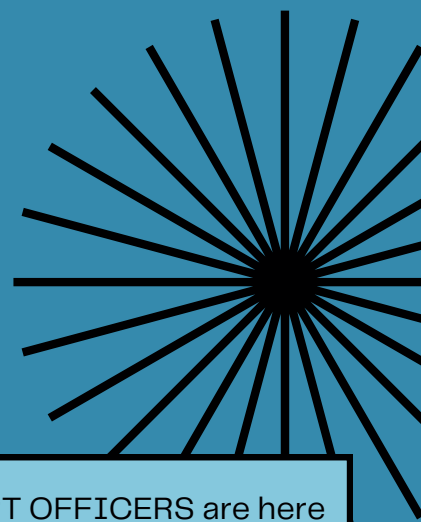
Aboriginal Education Officer

Nicola Neve

2024 OUR FACULTY

WHAT IS A CAREERS ADVISOR – Ms Gorman assists students in their transition from school to work, TAFE or university. She helps expose students to a variety of career based programs to widen their view of the world and their own career possibilities after high school.

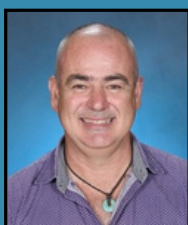
YOUR WELLBEING TEAM



Magda Pomroy
Student Support Officer



Kim West
Student Support Officer



Anthony Baker
School Counsellor



Sarah Coffey
School Counsellor


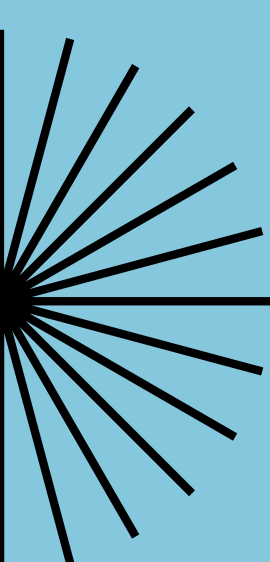


Nicola Neve
Aboriginal Education Officer

STUDENT SUPPORT OFFICERS are here to support students through targeted group work, individual support and whole school events and activities that further enhance young people's mental health, learning outcomes, relationships, connection to community, and overall wellbeing.

SCHOOL COUNSELLORS help students find answers to those things that may seem pretty hard to work out by themselves. The school counsellors are someone a student can confide in and someone who will try to help those in need.

Our ABORIGINAL EDUCATION OFFICER is here to assist in the wellbeing of students who identify as First Nations. They also encourage and enhance collaboration between all students and staff by organising specialty programs.



GIRLS' SUPERVISORS – Ms Jhade Godden (Years 7/8/9) and Ms Frieda Gorman (Years 10/11/12) assist female students and help promote their interests. This includes helping with problems, helping to develop an awareness of good social manners and attitudes.

BOYS SUPERVISORS – Mr Josh Forbes as year advisor will facilitate for Year 7. Mr Forbes will assist male students and help promote their interests. This includes helping with problems, helping to develop an awareness of good social

LEARNING SUPPORT – Ms Kirsty Dunn leads programs for students who are identified with additional needs including health, learning and wellbeing.

SENIOR STUDENT SUPPORT – Ms Cath Fisher supports our senior students as they prepare for the HSC. She assists students by developing a range of study skills and access to HSC support material, planning and organisation to help manage the pressures of senior school.



YOUR YEAR ADVISOR



Mr Josh Forbes

Three Facts About me!

- I went to Bellinghen High School!
- I have a Masters in Special and Inclusive Education.
- I'm the youngest sibling of four and I live in Urunga.

Three Things I love!

- Watching Sport and playing lawn bowls
- Shopping
- Photography

Why did you become a teacher?

During my high school years I was exposed to many amazing teachers who took me under their wing and guided me. I had many friends at school with disabilities and I noticed they needed guidance and support in accessing the curriculum. My mum was also a SLSO for over 23 years and this inspired me to follow my dream of becoming a Special Education Teacher.

What is the favourite teaching moment you have had in your career?

While I worked in Sydney for 4 years in a special education setting, my Kindergarten class only learnt through sign language and were non verbal. By the end of the year my students were able to verbally communicate their needs to me.

I also had a student with trauma who would communicate by physically harming teachers and students but by the end through differentiated strategies and support he was able to communicate without physical harm.

UNIFORM

Bellingen High School asks all parents/carers to send their children to school neatly dressed in correct uniform. Every student should take pride in their appearance and the wearing of school uniform is an important step in developing a good school spirit.

The Bellingen High School uniform has been agreed on following extensive community consultation and is supported by the P&C, Student Representative Council and staff. It is expected that students will be always in full school uniform unless they participate in an approved activity that does not require the uniform to be worn.

Students who have approval to be out of uniform are required to comply with the dress code that includes being neat and tidy with shirts that have a collar and sleeves. Fully enclosed shoes are to be worn at all times. The following items are unacceptable – ripped clothing, singlets, string shoulder tops as shirts, sleeveless shirts, low cut necklines or armholes, midriff tops, jumpers with hoods and slogan pictures.

The wearing of uniform is school policy at Bellingen High School. School uniform provides students with a sense of connection to the school. In a school like Bellingen, it also gives identity to the student body in a school which has students from varying levels of socio-economic backgrounds.

Students are not permitted to participate in extracurricular (non-compulsory) activities such as sporting representation or excursions if they have not made a genuine effort to wear school uniform. Parents/carers can approach the school for assistance in this area if required. Please ring the Admin Office to find out more.

To encourage uniform wearing we have: -

1. A commitment from the staff – both encouraging students and acting in a supervisory role.
2. P&C support.
3. A support network with parents/carers.
4. A supporting statement from the SRC in relation to uniforms.

Where can you purchase a BHS uniform?

Our uniform is stocked at LOWES, Toormina.

<https://www.lowes.com.au/schools-online/bellingen-high-school>

Our office has a small amount of stock available as well.

^a Jumper – V Neck	\$25.00
^a Jacket – Zip Up	\$30.00

Parents/carers can purchase and have embroidered cotton shirts for students who have an adverse reaction to the fabrics used in the uniform. The school has a limited supply (sizes 10-L) of hemp shirts for \$35 available which look the same as those from Lowes.

GIRLS: YEARS 7-10

- Bellingen High School shirt
- Bellingen High School navy blue tartan skirt or navy-blue shorts
- Navy blue pants or tracksuit pants
- Navy blue jumper and/or school jacket (no hoodies)
- Black or single coloured leather upper shoes

Acceptable sports shoes

Note: Shorts and skirts are to be not more than 10 centimetres from the knee
NO jeans – shorts or jeans of ANY description or colour.

BOYS: YEARS 7 - 10

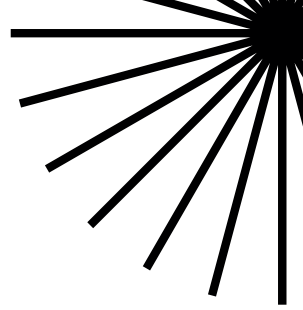
- Bellingen High School logo shirt
- Dark blue jumper and/or school jacket (no hoodies)
- Grey or navy shorts or long pants (single colour) OR grey or navy tracksuit pants
- Black or single coloured leather upper shoes

Note: Shorts and skirts are to be not more than 10 centimetres from the knee
NO jeans – shorts or jeans of ANY description or colour.

GIRLS & BOYS: SPORT/PE

- Bellingen High School logo shorts or royal blue sports shorts
- Gold polo shirt
- Sport shoes
- Hat (advisable)





UNIFORM FOR PRACTICAL LESSONS

SCIENCE:

For safety, shoes with non-porous uppers such as leather must be worn in the laboratory. No thongs, shoes with cloth or mesh uppers or sandals are allowed. Long hair must be tied back for safety.

Safety glasses are required to be worn for experiments and may be purchased from the Admin Office for \$9.00.

TECHNOLOGY:

KITCHEN/TEXTILES

A cover-up apron of any colour must be worn during all food technology practical lessons (available at the Admin Office for \$10.00).

Slip resistant shoes with enclosed leather uppers (or a suitable safe alternative) must be worn.

TECHNOLOGY:

METAL/TIMBER/ENGINEERING

No loose clothing or jewellery is to be worn within the workshop.

Slip resistant shoes with enclosed leather uppers (or suitable safe alternative) must be worn. Long hair must be tied back or restrained for safety.

ART:

Shoes with leather uppers are to be worn.

PHYSICAL EDUCATION:

Suitable clothing and footwear is required for personal hygiene reasons and to allow for full participation, which includes freedom of movement.

ATTENDANCE

ROLL MARKING – all students in Years 7–10 will have their roll marked during Period 1 each morning and each lesson during the day. If a student is away for any reason, it is their responsibility to bring a note, signed by the parent/carer explaining the absence. If this is not done, an email is generated and sent home stating that an unexplained absence has been registered against the student's attendance record, and this will be recorded on their report. Computerised systems mean notification must be made to the school within seven (7) days of the student's **first day** of absence otherwise it will remain as an **unjustified absence** even though a note may be provided at some later date.

By law it is **COMPULSORY** for students to attend school on every day the school is open. This is a parent's responsibility. Attendance is particularly important in relation to the award of the Record of School Achievement (ROSA) in Year 10 and 11, and the Higher School Certificate (HSC).

Students who choose to truant from school or individual lessons (or are persistently late to class) will face sanctions according to the school discipline levels system. Parents/carers will be advised, and the unauthorised absence will be recorded on their report. Centrelink also requests an absence report regarding students receiving Centrelink payments. These absences are recorded.

Class teachers monitor uniform. Students who are out of uniform or do not meet the dress code will have this recorded. Parents/carers will be contacted. Failure to adhere to the school's dress code may impact on a student's ability to attend excursions or represent in sport, cultural or academic extra-curricular activities.



SCHOOL ORGANISATION

Current bell times are subject to change

Bell Times



Period 1	9:05 – 9:54
Period 2	9:57 – 10:46
Recess	10:46 – 11:16
Period 3	11:16 – 12:05
Period 4	12:08 – 12:57
Lunch	12:57 – 13:27
Period 5	13:27 – 14:16
Period 6	14:19 – 15:08
After School	15:08 – 15:57

SCHOOL ORGANISATION

ROLL MARKING

Roll marking will be held in class each period during the day. An absentee SMS text will be sent to parents/carers for students who are absent without explanation Period 1. A reply text can then be sent back to the school explaining the absence, or alternatively a phone call to the Admin Office explaining the absence.

ASSEMBLY

Assemblies will occur on Tuesday Period 3 during Week B signified by the ringing of three bells. Assemblies are held in Stockton Hall. Assemblies give an opportunity to pass on important messages to the student body, allow visitors to address the whole school and are used to congratulate students on their achievements.

The timetable will operate over two weeks – Week A and Week B. Term 1 2025 will commence with two School Development days on Friday 31st and Mon 3rd February for staff only.

Students in Years 7, 11 and 12 will commence on Tuesday 4th February (Week 1A) and Years 8, 9 and 10 will commence on Wednesday 5th February (Week 1A). Terms 2, 3 and 4 will each commence with Week A.

YEAR MEETINGS

Year Meetings will occur during every second cycle of the Tuesday Period 2 timetable in allocated areas.

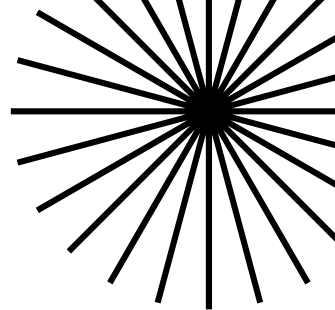
LATE ARRIVALS

Students reporting late for school MUST report to the Admin Office before going to class, swipe in and receive a late slip, which they hand to their teacher when they get to class. If students have not supplied a written explanation for their lateness, an SMS and email is generated for the student and sent home, please reply to explain the lateness. Persistent lateness without written advice will be regarded as truancy and the usual penalties will be applied. Parents/carers will be telephoned regarding this type of lateness.

ATTENDANCE

School attendance is a legal requirement until a child is 17 years of age unless he or she has completed their Year 10 ROSA and has then entered a traineeship or apprenticeship. If your child is absent from school without explanation, you will be sent an SMS which will require a reply to explain the absence.

LIFE AT BHS



All classes will follow the same course and progress at a pace determined by student achievements. Incoming students need a 240-page A4 5mm Grid Book, a ruler and Casio fx-82AU PLUS 11 2nd Edition calculator. Calculators can be purchased at the Front Office for \$35.

PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION (PDHPE)

This course provides students with active, sporting, and recreational experiences as well as a broad general introduction to personal development and healthy lifestyle issues. Students are requested to bring a hat, wear sunscreen for sun protection plus bring a water bottle.

MUSIC

Year 7 Music is an introduction to the basic elements of music. In Year 7 students are introduced to the organisation of sound, musical language, and an introduction to the instruments of the orchestra. Year 7 students will do one semester of Music. Year 7 will have the opportunity to learn basic keyboard skills.

OUR YR 7 CURRICULUM

English
Mathematics
Science
Personal Development / Health/
Physical Education
Human Society and Its Environment
Music (One Semester Only)
Visual Arts (One Semester Only)
Technology (Food/Textiles)
(Wood/Metal)
Language
Sport (Integrated)

ENGLISH / HUMAN SOCIETY AND ITS ENVIRONMENT / SCIENCE / PDHPE

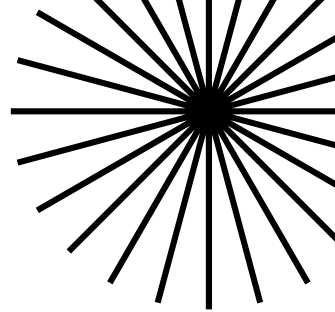
Primary partner schools provide information about the literacy skills, learning styles and educational history of each student. Students are then placed in classes that cater for their individual learning needs. Separate groupings will be made up for Technology and Music/Visual Arts.

MATHEMATICS

Students in Year 7 Mathematics will be placed in graded classes based on information acquired through contact with the primary schools and after class placement tests conducted throughout Term 1, including the Best Start results from the start of Year 7.



LIFE AT BHS



VISUAL ARTS

The Visual Arts course introduces students to experiences in 2D and 3D media. Students respond to their environment and the work of artists past and present as a source of information in the production of visual images. Year 7 students will do one semester of Visual Arts.

TECHNOLOGY

Technology is a mandatory course that runs in both Years 7 and 8. Staff members from the TAS Faculty deliver Technology across several context areas including: Materials Technologies (Metal, Timber, and Textiles), Food and Agriculture Technologies, Engineered Systems and Digital Technologies.

The course is intended to follow on from the K-6 "Science and Technology" syllabus and will be followed by further "Technology" electives in Years 9 and 10 – Industrial Technology Timber, Industrial Technology Metal, Industrial Technology Engineering, Design and Technology, Textiles Technology, Food Technology and Child Studies.

Context Areas

Materials:

Students explore problems and opportunities considering functional, economic, environmental, social, technical, and/or usability constraints. They investigate, select, justify, and safely use a range of tools, materials, components, equipment, and processes to develop, test and communicate design ideas using appropriate technical terms and technologies. Students plan, manage and evaluate the production of design solutions using a range of materials such as textiles, metal, timber, and mixed mediums.

Food and Agriculture:

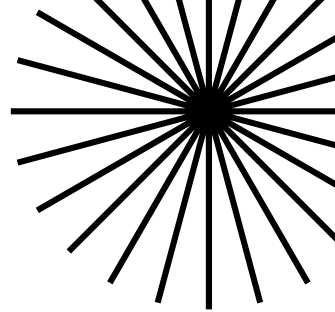
Students investigate how managed systems are used to sustainably produce food and fibre. They explain food selection and preparation, food safety, and make informed and healthy food choices. Students collect and interpret data from a range of sources to assist in making informed judgements.

Engineered Systems:

Students explain how force, motion and energy can be used in systems, machines, and structures. They investigate characteristics and properties of a range of materials, develop skills and techniques in the use of a broad range of tools and safely apply them in the production of projects.



LIFE AT BHS



Digital Technologies:

Students are responsible users of technology, capable of designing and producing solutions to identified needs or opportunities. They develop an appreciation of the contribution of technologies on their lives now and the impact of innovations for creating preferred futures. They develop an appreciation of the dynamic nature of design and production processes and how thinking skills are used to develop solutions to personal, social, and global issues. Digital solutions are developed through coding activities and robotics.

Technology mandatory is mainly a practical course undertaken in our very well set up Metalwork, Woodwork, Engineering, Food Technology and Textiles rooms.

Students complete a different unit of work each term, rotating through the different technology environments. Technology costs are \$80 per year (\$20 per term). Students are expected to bring an apron to all Food Technology classes in the kitchen. Aprons are available for \$10 from the Admin Office. Due to safety and hygiene, head covering, and enclosed solid shoes are also required.

Personal protective equipment is provided for students in the metalwork, woodwork, and engineering environments. Students are required to have an A4 lined book or sheets and a display folder with plastic sleeves.

YEAR 7 SPORT

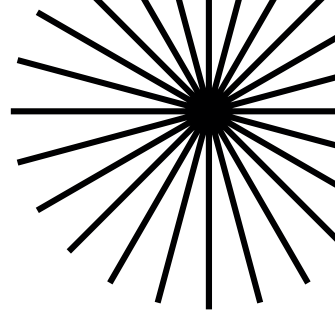
School sport for Year 7 is integrated into the curriculum. To be able to offer the widest range of sports possible the school uses both school and community facilities. School sport is compulsory unless you are physically unable to participate. The school aims to teach students the basic skills and techniques of as many sports as possible. Sport periods will appear on student's normal timetable. Rolls are kept recording student attendance. Attendance at sport counts in the student's overall school record.

Students are requested to bring a hat, wear sunscreen for sun protection and bring a water bottle.

Sporting equipment is provided for all sporting activities.



LIFE AT BHS



OUR FACILITIES

GUUBUNY ABORIGINAL COMMUNITY RESOURCE CENTRE

Guubuny was opened in 2009 by Uncle Tom Kelly. It is named after the totem of our past Elder Aunty Margie Witt (the owl). Guubuny provides a place where students receive academic and cultural support, where Aboriginal community people can come to the school to share their knowledge and where everyone can learn about Gumbaynggirr and other Aboriginal cultures.

The Centre is located at the end of F Block and includes the main tutoring and resource room, the outdoor learning area, and the yarning circle.

In 2019 we opened Ngiyambandi (meaning 'Belonging to All of Us') an outdoor learning area and garden based on the seasonal calendar. This is an area, built by students where a variety of classes can be held, students can try some bush tucker, learn about the seasonal calendar, Aboriginal history, and where people can sit in a peaceful environment.

While at school, students are invited to use the extensive facilities available to them.

These include:

BASKETBALL COURT

Available during recess and lunch for games of basketball or handball. No soccer allowed.

OVAL

Available for training during recess and lunch. No contact sports can take place without teacher supervision.

STOCKTON HALL (MPC)

The hall is equipped with an indoor basketball court, stage, sound system and lighting, the hall is often a focus for assemblies, performances, sporting activities and PE. Students may have access with permission (and supervision) from teaching staff.

MUSIC

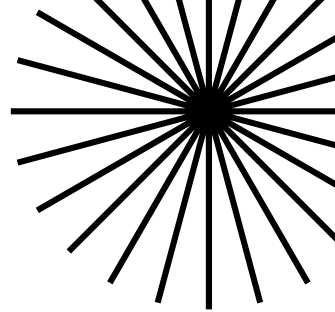
Belling High School is considered the leader in music education with award winning concert band, jazz band, string orchestra and vocal ensembles as well as exceptional HSC results. The Music Department is also the 'home' of the Belling Youth Orchestra. Excellent facilities are available including five separate practice rooms and a large rehearsal space. Belling High School has a number of instrumental teachers who come to the school to teach a variety of instruments during school time. Instrumental lessons are available for all students and costs are paid directly to the teachers. Forms outlining the procedures can be collected from the Music Staffroom, and instruments are also available for hire if needed. These are available on piano, guitar, strings, woodwinds, brass, voice, and drums.

Students are also welcome to borrow guitars during Recess and Lunch and can practise in rooms if required. The Department is equipped with nine acoustic pianos and three full sized electric pianos, full orchestral percussion, and a range of professional level orchestral instruments. Two full-sized grand pianos are located in Stockton Hall and the main music classroom.

VISUAL ARTS

There are two fully equipped Visual Arts specialist rooms. A class of laptops is available for student use when involved in research work. Situated in the art block are several kilns and pottery facilities. The Department owns several cameras which are used for photography as well as specialist cameras used for film and video classes.

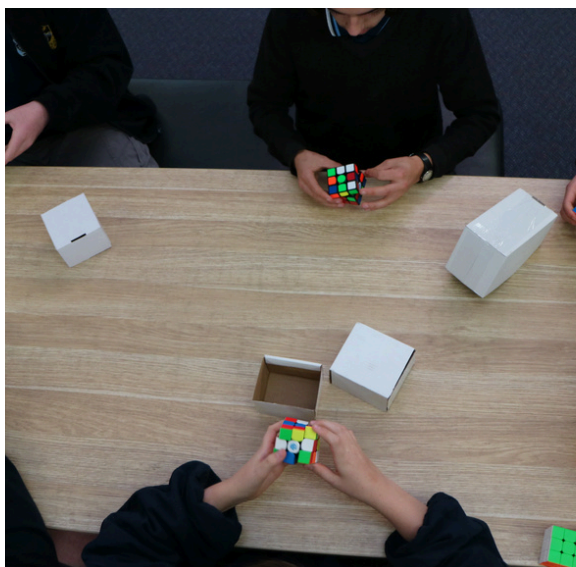
LIFE AT BHS



LIBRARY

The Bellinghen High School Library provides tailored and specialised services to students and staff as well as generic information services.

The library provides books and resources for all staff and students from all years and is Wi-Fi enabled. The library has a wide range of novels, picture books, non-fiction, and reference books as well as online resources that are accessed via the student DoE Portal from anywhere in the school or at home.



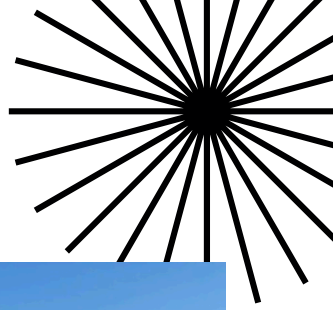
Students will need to comply with the conditions of the DoE Internet Usage Agreement and parental authorisation will need to be signed for students to use WIFI and laptops in the library. Students can also print their work in the library at no cost. All students are welcome, and we promote borrowing from the library. We encourage students to use their Library card, which is issued to each student at the start of the academic year. Books may be borrowed for three weeks and can be renewed via the DoE Portal. Overdue book notices will be emailed to students and a parent nominated email. At times we will send an SMS text to the student's parent if a book has been recalled or if the overdue book/s have not been returned after an overdue notice email has been sent out. If a book is lost or damaged, please contact the librarian.



The library has been recently refurbished and includes senior study rooms which can be accessed via the Library. Senior students use the library to study in a quiet environment during their study periods.

The library opening hours are Monday - 9.00am to 3.15pm and Tuesday to Friday - 8.30am to 3.15pm.

LIFE AT BHS



SPECIALTY PROGRAMS

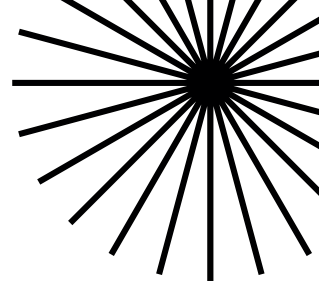
Students at Belling High have the opportunity to participate in a number of extra curricular or specialty programs to help extend their learning experiences.

Our school has a variety of award winning teams or groups including an array of sporting teams, a highly accomplished debating team, the amazing Badabung Bari Dance troupe and an incredibly active Cattle Team.

Our High Potential and Gifted students are also able apply for a position in Spark. A comprehensive program that focuses on challenging, engaging, acknowledging and showcasing students who illustrate high potential or giftedness in any/all academic, creative, physical or social-emotional fields.



LIFE AT BHS



P&C ASSOCIATION

This group of interested parents/carers meets on the second Monday of each month at 6pm in the Staff Common Room. All interested adults are welcome to join the P&C Association to discuss the school's many activities and to help provide the school with a variety of equipment not supplied by the Department of Education.

PARENT COMMUNICATION – NEWSLETTER / FACEBOOK / SCHOOL BYTES / SENTRAL

The Newsletter is published every fortnight on the school's website with the link emailed to parents/carers who have supplied us with their email information. The newsletter is a valuable part of our home/school communication and includes important dates and information about activities and events at school.

We also have a school Facebook page which has a large amount of information, photos, and videos of what has been happening in and around the school.

The School Bytes portal provides flexibility for you to conveniently:

- make school payments online – excursion and sport costs, school contributions etc.
- download a receipt for payments made.
- view all historical payments in one place.
- complete and submit digital permission notes.
- view the status of all permission notes and check event details.

This can be done at any time convenient to you. Online payments are processed in real-time and can be viewed by the school staff immediately.



The Sentral for Parents app allows you to monitor your child's school journey simply and efficiently. You will find numerous smart features that help streamline your day. Receive messages and notifications from teachers, report absences, view your child's timetable, names of teachers, and more.

The Sentral for Parents app helps you stay connected and informed about your child's education.

Keep connected through the Sentral Parent Portal.

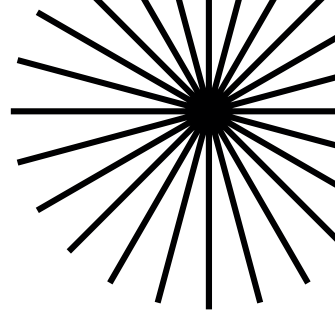
For more information go to:

<https://www.sentral.com.au/parents> or

<https://bellingenhhs.sentral.com.au/portal2/#!/login>



LIFE AT BHS



BEHAVIOUR CODE FOR STUDENTS

INFORMATION FOR PARENTS/CARERS & STUDENTS

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

In NSW public school students are expected to:

- Respect other students, their teachers and school staff and community members
- Follow school and class rules and follow the directions of their teachers.
- Strive for the highest standards in learning.
- Respect all members of the school community and show courtesy to all students, teachers and community members.
- Resolve conflict respectfully, calmly and fairly.
- Comply with the school's uniform policy or dress code.
- Attend school every day (unless legally excused)
- Respect all property.
- Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools.
- Not bully, harass, intimidate or discriminate against anyone in our schools.

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high-quality teaching and learning.

Behaviour Code for Students: Actions Promoting the learning, wellbeing and safety of all students in NSW public schools is a high priority for the Department of Education.

We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

MOBILE PHONE POLICY

If there is an emergency a student may seek permission from the Principal or Deputy Principal to use the office phone. Mobile phones must be turned off and out of sight if required before or after school and are to be turned off and in bags during lesson time. Check the school's website page for the mobile phone policy together with other rules and policies in place to make sure your child remains safe and well at school. Department and Bellingen High School policies/rules can be found on the school website.

<https://bellingenh.schools.nsw.gov.au/about-our-school/rules-and-policies.html>

Visit the NSW Department of Education's "Policy Library" for all current operational policies:

<https://education.nsw.gov.au/policy-library/policies>

In conjunction with Asthma Australia, all Bellingen High School teaching and non-teaching staff are regularly trained in Asthma management. Bellingen High School is an Asthma Friendly School.

HOW DOES ASTHMA AFFECT STUDENTS?

Asthma is a leading cause of absenteeism in school students, which in severe cases can cause them to fall behind in their work. Asthma symptoms commonly occur overnight, which can mean a lack of sleep for the student, leading to a reduced ability to concentrate in class. Students can also show signs of worsening asthma, especially after vigorous exercise, and may have an asthma attack while at school, which requires an immediate response.

WHOSE RESPONSIBILITY IS IT?

Parents/carers should:

- Inform the school that their child has asthma and give them a written Asthma Action Plan, provided by the family GP. Enrolment of students with Asthma will require that families provide this plan before students can attend classes.
- Provide sufficient information and equipment to school staff to allow them to support the child at school.
- Advise if there has been a change in the child's health, or in their medical management or Asthma Action Plan.
- Ensure the child has their reliever medication with them each day at school, along with a spacer if it is used. The medication must not have expired and should contain plenty of doses and be labelled clearly with the child's name.
- Ensure that your child is able to self-administer their medication when required.
- Aim for good asthma management at home by taking the child to the doctor for regular reviews and following medical advice on taking medication.

At Bellingen High School we:

- Encourage parents/carers to provide up to date information about their child with asthma and keep this information in a central location of which all staff are aware.
- Enable and encourage staff to attend training and obtain information about asthma and how to manage an asthma emergency.
- Ensure sufficient Asthma Emergency Kits are available and that staff are aware of the location, and they are easily accessible (dates and contents of kits are regularly checked and updated accordingly).
- Have policies that support the staff to act appropriately and effectively in an asthma emergency, including during off-site activities.
- Display Asthma First Aid Posters around the school.
- Allow students to access (or carry with them) their reliever medication at all times, unless the child is too young to be responsible for using their medication appropriately.

- Allow children (where age appropriate) to carry and administer their own reliever medication as required.
- Advise parents/carers if their child has required medical assistance while at school.
- Have banned all spray deodorants and perfumes in the school.

Students are expected to:

- Take their regular preventer medication (generally taken at home in the mornings and/or evenings) if advised by their doctor.
- Know how to recognise when their asthma is getting worse and what to do.
- Have their reliever medication readily available at all times, particularly during exercise and other physical activities.
- Tell their friends that they have asthma, and what to do if they have an asthma attack.

What is anaphylaxis and how is it treated?

Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It usually occurs rapidly after exposure to a food, insect, or medicine to which a person may already be allergic. Anaphylaxis must always be treated as a medical emergency and requires immediate treatment with adrenaline. Adrenaline autoinjectors (EpiPen® or Anapen®) are designed to be given by non-medical people, such as parents/carers, school or childcare staff, friends, passers-by, or the allergic person themselves (if they are well and old enough). Adrenaline autoinjector devices contain a single, fixed dose of adrenaline that works rapidly to reverse anaphylaxis. Instructions are included on the device labels, on ASCIA Action Plans for Anaphylaxis and on the ASCIA website – www.allergy.org.au/anaphylaxis

If your child has been diagnosed at risk of anaphylaxis, their treating doctor should provide:

§ Education on avoidance of known allergens (substances causing the allergic reaction). This is particularly important with food anaphylaxis which can be caused by very small amounts of food or accidental exposure. Strategies to avoid exposure to known food and insect allergens should be implemented at home and school, preschool or childcare. Further information is available on the ASCIA website: www.allergy.org.au/schools-childcare

Food allergy – www.allergy.org.au/patients/food-allergy

Insect allergy – www.allergy.org.au/patients/insect-allergy-bites-and-stings

§ ASCIA Action Plan for Anaphylaxis. This plan outlines what to do if your child is having an allergic reaction. It must be completed and signed by your child's doctor and stored with the adrenaline autoinjector, even if it is carried by your child. The plan includes personal details, signs of allergic reactions, instructions on how to use the device and whether to give any other medications.

§ Prescription for two adrenaline autoinjectors. This allows you to keep one with your child at all times (whilst in or out of the home) and another at school or childcare. High school and upper primary school students should usually carry one device on their person, whilst the second one should be kept at school. Two devices are PBS subsidised in Australia and additional devices can be purchased at full price from pharmacies.

Further information: www.allergy.org.au/health-professionals/anaphylaxis-resources/adrenaline-autoinjectors-faqs

§ Education on how to use an adrenaline autoinjector. It is recommended that you regularly practice using a trainer version of the adrenaline autoinjector that has been prescribed for your child. Trainer versions of the devices do not have a needle and do not contain adrenaline, so they can be used repeatedly for practice and to teach family and friends.

§ Information on medical identification jewellery. This is optional and does not replace the ASCIA Action Plan for Anaphylaxis.

What is the role of the parent?

§ Notify school principal or preschool/childcare supervisor if your child has been prescribed an adrenaline autoinjector; had previous or subsequent anaphylaxis; has any changes in allergies; and any other health care needs or disabilities (including learning difficulties) that may affect anaphylaxis management.

§ Provide an ASCIA Action Plan for Anaphylaxis completed and signed by your child's treating doctor. This should be updated (including photo) when adrenaline autoinjector prescriptions are renewed (usually every 12–18 months) or if allergies change. These plans are medical documents and must not be completed or altered by parents/carers, school staff or childcare staff.

§ Provide an adrenaline autoinjector to your child's school, preschool or childcare. Always note the date on the label and replace the device before it expires. Even if your child carries their own adrenaline autoinjector you should provide another adrenaline autoinjector to the school. This is required in case your child does not have it on them when needed.

§ Assist in the development of an Individual Health Care Plan or Risk Minimisation Plan. This is a plan that school, preschool or childcare staff develop to support your child's health care needs.

§ Age-appropriate education. Educate your child about how to avoid known allergens and why it is important. Remind them that if they feel sick, they should immediately tell someone nearby, such as a teacher or other adult. Assure them it is the right thing to do, and they should not be afraid of getting into trouble for doing this.

What are the responsibilities of your child's school, preschool or childcare service?

§ Training of staff in awareness, management, recognition, and emergency treatment for anaphylaxis.

§ Implementation of strategies to minimise risk of accidental exposure to known allergens, including special events such as excursions.

§ Appropriate storage of adrenaline autoinjectors with an ASCIA Action Plan for Anaphylaxis in an easily accessible location, out of direct sunlight and heat. Staff also need to know the agreed location (pocket, belt bag, school bag etc) of the devices that are carried by students.

Further information

§ Australasian Society of Clinical Immunology and Allergy (ASCIA) www.allergy.org.au

Professional medical organisation that provides e-training, health professional resources, information for patients and consumers and links to NSW Department of Education information on anaphylaxis:

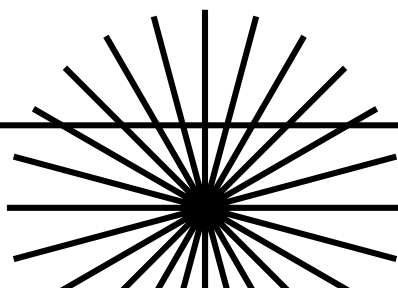
§ Allergy & Anaphylaxis Australia www.allergyfacts.org.au

National patient support organisation that provides advice and resources on allergy and anaphylaxis

§ Food Standards Australia and New Zealand (FSANZ) www.foodstandards.org.au

Provides information about food labelling laws and food allergens on food labels.

© ASCIA 2018 This fact sheet was developed by ASCIA and funded by an educational grant from NSW Government Ministry of Health



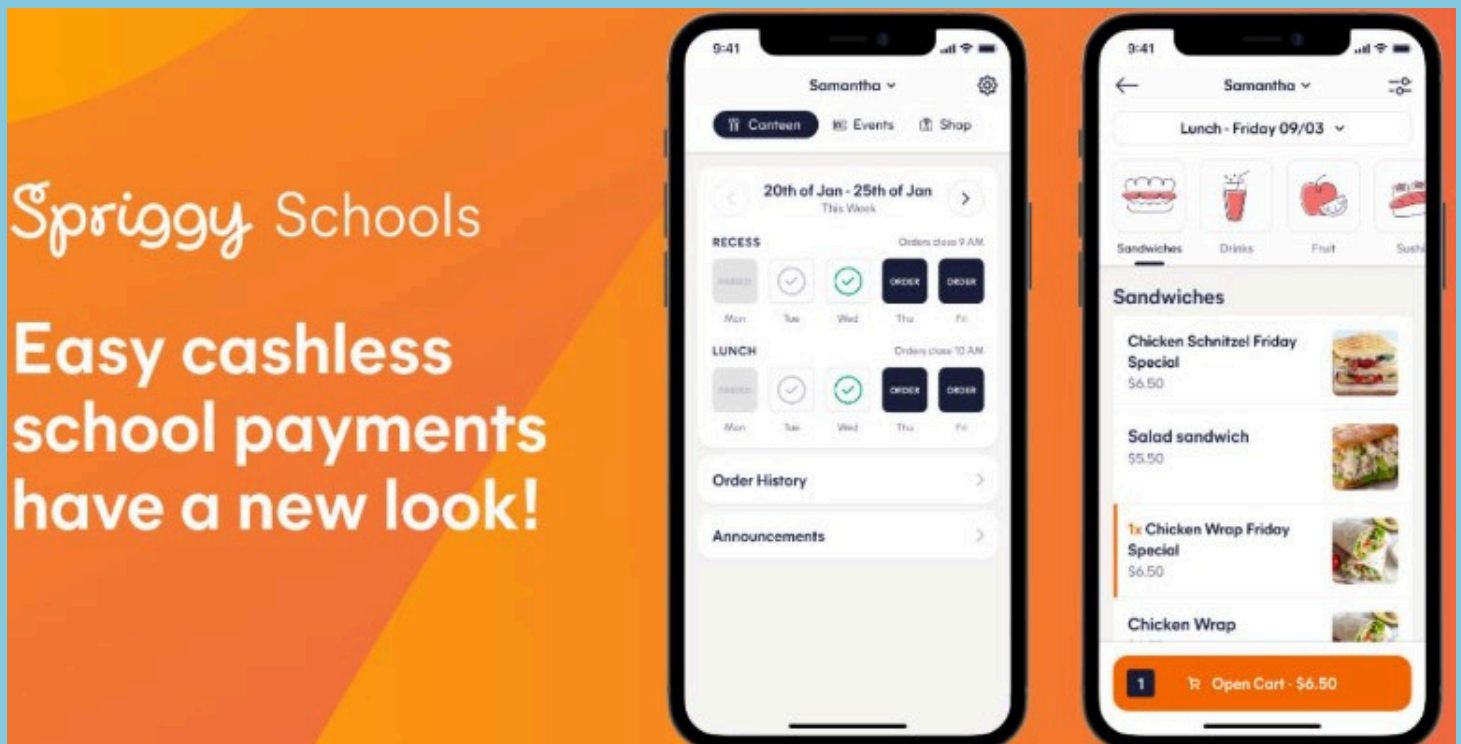
Place your canteen orders online with Spriggy Schools

Students can order their recess/lunch online through the Spriggy Schools ordering app.

Spriggy Schools make ordering more convenient for both families and the canteen.

Steps to get started:

1. Go to www.spriggyschools.com.au to register and download the app.
2. Add a profile for each of your children, making sure you select Bellingen High School and your child's class.
3. Start placing your orders!





Bellingren High School Map

WHS EPIPEN LOCATIONS



KEY

AR: Art Room	F1-F5: HSIE	IA: Industrial Arts	TD: Technology Drawing
B: English	F6-10: Maths	NG: Ngiyambandi Garden	TEX: Textiles
M1 & M2: Music Rooms	F11: Ag	SR: Science Room	TLS: Tiered Learning Space
CER: Ceramics	HS: Home Science	MPC: Multi-Purpose Centre	ACRC: Aboriginal Community Resource Centre
DE: Distance Ed.	SSO: Student Support Officer	LOCATION OF EPIPENS:	PORTABLE EPIPEN:

EPIPEN with the first aid officer - call 0401 410 560

PLAYGROUND AREAS

B: Below library, including walkway, basketball court & volleyball court and path to lower corner of MPC.	C: Canteen, along out of bounds area next to MPC, bottom oval, walkway to Science block & tar area to South of Admin Block.	Q: Main grassed area bound by Admin Block veranda, lower covered walkway to F Block, covered walkway F5 to B Block, library & along MPC.	N: North of covered walkway F6 to B Block, BBQ Area, outside Music rooms and below BBlock to trees near basketball courts.
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CONTACT US

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bellingen-h.school@det.nsw.edu.au

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