

9 February 2018

Bellingen High School NEWSLETTER

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From the Principal

We have had a great start to the New Year. I have to say I am very proud of our 2017 Year 12 HSC students and their teachers for the outstanding results. The nineteen Band 6, eight E4, fifty-one Band 5, eight E3 and eighty-five Band 4 were an outstanding result. A number of students were in the top 10 in the State, along with Meagan Davis 99.95 top in the State. ATAR results were impressive; there has been many university early entry offers and job starts as well.

Our school was also included in a list of schools that have better than expected growth in NAPLAN results last year. Well done to our Year 7 and 9 students and the support we received from parents. Last year was the first Year 9 group coming through that has mandatory literacy and numeracy requirements to be eligible for a HSC. Our efforts last year and again this year will be to assist as many students as possible to meet those requirements in Year 9, and support those who require further assistance to meet the requirements at a later time.

Thanks to everyone who has supported the full introduction of the new school uniform. Our students look great. I feel this has contributed to a positive start to the year. We will be seeking students and parents support to maintaining the wearing of uniform throughout the year.

More good news is the reoccupation of the Mathematics section of F Block. There are still a few things to be done however, classes are back in and things are returning to normal. The Library has opened for book



borrowing before school each day but there is a lot of work to go with cleaning and returning books to their correct location on the shelves. The demountable Library is still functioning for class groups, use of computers and printing, Distance Education study space and senior study space.

Paul Holding



From the Deputy Principal

A great start to the year

What an amazing start to the year with our Welcome Program for Year 7 and the smoking ceremony. I have never been a part of such a new way to start a year as well as a high school, well done to everyone involved in the organisation of this. Our staff spent part of the first Staff Development Day looking at what the Learning Culture of Bellingen High currently is. This will form one of our key strategic directions for our next school plan, and staff will be working further on this over the coming weeks.

Uniform

This year we have moved to our new uniform, which was the result of an extensive consultation process with the whole school community. If students are not in uniform they are expected to collect a uniform slip from outside the Deputy Principal's Office in the morning before school. When this happens students still need to follow the school's dress code, which is something close to uniform colours, and clothing that is appropriate for school.

Mobile Phones

Our school policy is "Unless the teacher has asked the students to have their phones out for the lesson these are not to be seen in class." If students do not follow this process normal classroom rules for not following teachers instructions will be utilised. Parents are reminded to phone the school's Front Office if you need to get a message to your child as students are not allowed to take phone calls in class.

Tim Laverty

Bellingen High School P&C Meeting

Monday 19 February

6.30pm

Staff Common Room (Admin Block)

All Welcome!

Welcome Year 7!

Our new Year 7 students have had a fantastic Orientation and Welcome to Bellingen High School. Bellingen High has gained 132 (at last count) new, excited, (and of course a little nervous) faces to our bustling school.

We welcome new students from our local area – including Bellingen, Raleigh, Repton and Orama. We also welcome some new students and their families, who have joined our great community from Victoria, Queensland, Sydney, Baradine, Bonville, Nambucca Heads and Boambee.

This Year 7 group began their journey at Bellingen High School with Orientation Day, which was at the end of last year. This gave our new students the opportunity to become familiar with their new school, meet their new classmates, get to know their teachers and experience some high school taster lessons. Students were building towers out of pasta and marshmallows, making parachutes for eggs (then dropping them from high levels to see if their design was successful), learning about Indonesian culture, making slime and being involved in Science, HSIE, Woodwork, Agriculture, Food Technology and Team Building lessons. It was a wonderful day and the students all enjoyed themselves. I would like to thank all of the teachers, support staff, particularly Toni Usher, Smile Mentors and the students for making it such a great success.

After the holidays, our Year 7 students were involved in the inaugural Year 7 Welcome Program. The Aboriginal Advisory Group, in particular Jenni Farrands and David Neville, formulated the Welcome Program, after identifying the need for Year 7 students to develop and build strong connections to their new school environment, their new teachers and each other before beginning the formal schooling process. The Welcome Program was held over the first four days of the new school year. Years 7, 11 and 12 were treated to a traditional Welcome Ceremony, which involved a Welcome to Country, traditional dances and smoking ceremony by Aboriginal members of the community and students. This was a fantastic way



to begin the year and demonstrated Bellingen High School's strong connection to, and celebration of, our Aboriginal culture and heritage. Throughout the following days, students participated in various learning experiences such as music, clay modelling, time capsules, weaving, five senses food games, journaling and relaxation/meditation. The students also had the opportunity to meet and hear the stories of prominent community members and their new Deputy Principal. The students also created a Hands Wall, which will be displayed in the school grounds.

The Welcome Week was a fun and memorable way for our new Year 7's to start their journey at Bellingen High School. The experience allowed them to develop a connection and sense of belonging in their new school environment, their new peers and their new teachers.

I would like to express my deepest gratitude to the staff, support staff, community members and most importantly, the Aboriginal Advisory Group. I have heard so much positive feedback and the smiles on the students' faces are an indication of just how successful the Welcome Week was.

*Jhade Munro-Greentree
Year 7 Advisor*

From the English Faculty

English Information on the Website

Please check the school's website under "Faculty Information" for details about upcoming assessment tasks for all years.

Visiting Theatre

Remember the awesome Great Gatsby live drama in the hall last year? They're coming back in 2018 with a new show - Thursday 12th April. Information soon. Best seats book out fast so watch this space!

***Tom Gyenes
Head Teacher English***

Library News

The Bellingen High School Library will be fully functional very soon. In the meantime, students will be able to borrow from the Fiction collection every morning between 8:30am and 9:00am from the Library in A Block.

TAS News

Year 7 Welcome

As part of the Year 7 Welcome Program, all of the students participated in a fun activity in the Kitchen/Textiles rooms, with a subtle focus on nutrition and the benefits of eating breakfast. The students rotated around activities relating to the 'senses'. Eating a healthy breakfast everyday ensures you have long lasting energy to learn and concentrate at school. Here are some Healthy eating Habits we can all consider. Thanks from Miss Jeanes, Mr Walmsley, Mrs McAulay and all of the other teacher helpers.





Queens Baton Relay

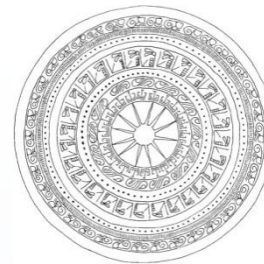
Year 12 Hospitality did the lunchtime catering for the Queens Baton Relay on Thursday 1st February. Each of the 55 members of the Committee received a wrap, sushi roll, blueberry muffin and bottle of water. Thanks to Abi Gordon and some other students who volunteered to help.

Jesse Jeanes
TAS & VET Hospitality Teacher





Year 7 INDONESIAN NEWS



Halo (Hello)

The Indonesian Language Department is pleased to announce new and exciting programs for this year. We will be introducing Indonesia as a country and learning about where it is and who its neighbours are. This will be done through mapping and a variety of games. Students will also learn about the history of Indonesia, its Flag and the significance of its Emblem. This gives us an understanding of Indonesia and its people as one of our closest neighbours. As we learn about another culture, we reflect on our own.

Next week our Language Program starts - Students MUST bring in earphones/headphones. Year 7 students will be utilising the computers to access online language programs with activity worksheets to enhance the learning.

Students can bring their own technology (BYOT). To connect your device to the schools network, please contact Jill Williams at the TSM Office (in the B Block under the English Staffroom) or call Ext 140.

Year 7 students have also received their notes about four events that they will be participating in. Please hand in the completed note and money to the Front Office.

*Makasih (Thanks)
Jody Newhouse (Guru)*

Snapchat...we have a problem

If you have allowed your primary school student or young teen a snapchat account, here's something you need to be aware of.

One of the search functions of Snapchat is providing too much information about their users. If the location services for the app are turned on, a very concerning security problem is revealed.



Snapchat has a very clever user retention strategy behind it. They lured in a whole generation based on the fact that their snaps would disappear after a short amount of time, so it became a second language for teenagers. A large percentage of kids say they use Snapchat because their parents don't. Also, if you turn off location services for snapchat you start to disable some of the photo filters so kids won't turn off location services for Snapchat.

And there lies a BIG personal privacy and security issue that you and your children are not aware of and should be.

Enter a school name or a suburb into the search feature on Snapchat and the app will deliver to you all of posts being made in proximity to the location. It will also suggest other schools (with other Snapchat account holders). Often this list will include the names of account holder, and provides the individual searching locations with the option to add the account holder to their contacts.

This raises two issues.

1. It provides evidence that numbers of students are using snapchat in and around school – often in defiance of the schools' mobile devices usage policy.
2. Complete strangers are able to target your child's Snapchat profile, using the school they attend as a way to find them. This issue is particularly disturbing.

Consider this possible scenario if you are not concerned by this information.

A predator doesn't know the names or other regular locations of children attending any of the schools in the area that they may be, but simply by searching the school name in the Snapchat search feature, they are able to find regular users of Snapchat at these schools that are close to them.

Courtesy of Snapchat they are now able to add the accounts of any child they find, and may now happily follow their snaps, record or screen shot them.....and watch for other locations that appear regularly in a child's Snapchat feed, such as their home or regular place for sporting activity. They can also interact with the child through their account, and become "friends" with them on any other social media account.

What can you do to minimize risk?

- Respect the age restrictions of 13+
- Build trust with your child by explaining why you insist the account be set to private.
- Ensure that Ghost Mode is enabled on the Snap Map, so account holder information is hidden.
- Turn the location services for the app off on the device.
- Regularly review with your child who interacts with their account.
- Ask your child to respect the schools mobile phone policy.

For more information please check out website wecanhelp@safeonsocial.com

Down at the Ag Plot

2018 Show Teams

This year the Cattle Show Team meets every Monday, Wednesday and Friday mornings from 8:00am. New this year is the Sheep and Poultry Show Teams. The Poultry Show Team meets every Tuesday at lunchtime and the Sheep Show Team every Friday, at lunchtime.

Our first show is the Armidale Show on Friday 2nd March. The students will compete in Pony, Cattle, Sheep, Grain and Fleece Judging Competitions, as well as Cattle Parading.

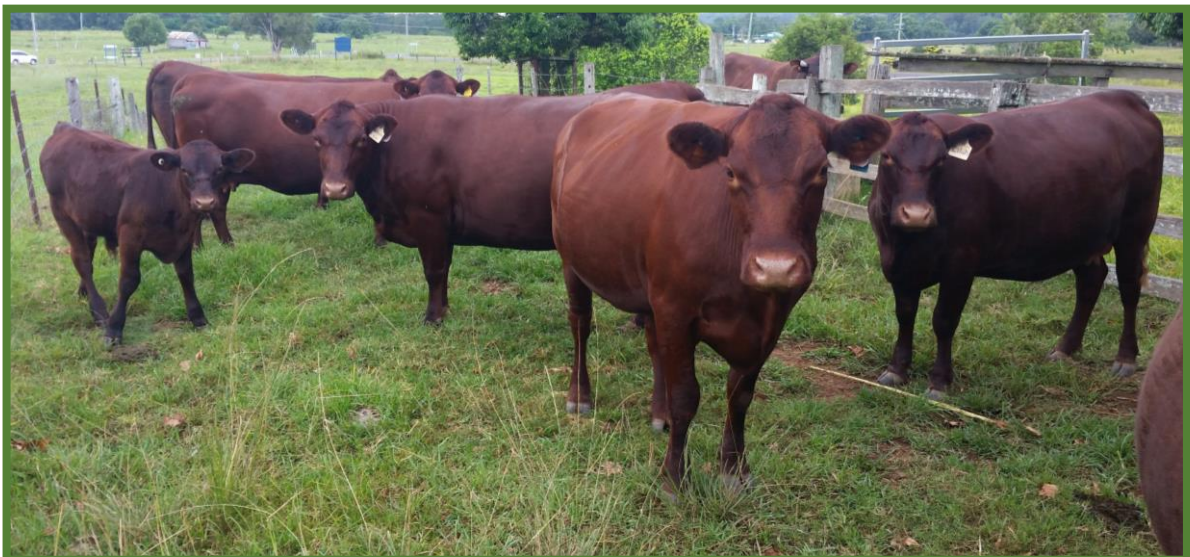
The local shows are mainly in first term. The show circuit starts in Wauchope, and then moves to Kempsey, Macksville, Coffs Harbour, and finally Bellingen on the first weekend in May.

The Dorper Stud Update

The farm is searching for two ewes and a ram to start our dorper stud. Hopefully they will arrive soon in time for our flock management program. The joining date for our 10-ewe flock is fast approaching, February 14th.

Calving season is near

The cows are all due to calve next month. The students are hoping for five healthy heifer calves - the names have already been chosen by the students. The heifer calves will have a long future in our Bell-Hy Stud herd.



The Poultry Show Birds have arrived

Bellinghen High now has a flock of show quality Rhode Island Reds. They are being prepared for the Royal Easter Show. Hopefully, they will produce many cute fluffy chickens for the Year 9 Agriculture class this term.

Stephen Boyd
Agriculture and Primary Industries



WANTED FOR OUR AG PLOT

- ☺ EGG CARTONS
- ☺ POTS
- ☺ SEEDLING TRAYS
- ☺ POTTING MIX
- ☺ FEED FOR LIVESTOCK

All donations greatly accepted

BELLINGEN HIGH SCHOOL UNIFORM

Bellingen High School asks all parents to send their children to school neatly dressed in correct uniform. Every student should take pride in his or her personal appearance and the wearing of school uniform is an important step in developing a good school spirit.

The Bellingen High School uniform has been agreed on following extensive community consultation and is supported by the P&C, Student Representative Council and Staff. It is expected that students will be in full school uniform at all times unless they are involved in an approved activity that does not require the uniform to be worn.

Students who have approval to be out of uniform are required to comply with the dress code that includes being neat and tidy with shirts that have a collar and sleeves. Fully enclosed shoes are to be worn at all times. The following items are unacceptable – ripped clothing, singlets, string shoulder tops as shirts, sleeveless shirts, low cut necklines or armholes, midriff tops, jumpers with hoods and slogan pictures.

The wearing of uniform is school policy at Bellingen High School and has many advantages which outweigh the disadvantages. Its main argument, in a school like Bellingen, is it gives identity to the student body in a school which has students from varying levels of socio-economic backgrounds.

Students are not permitted to participate in extracurricular (non-compulsory) activities such as sporting representation or excursions if they have not made a genuine effort to wear school uniform. In cases of genuine hardship, parents may approach the Deputy Principal for assistance in the provision of a uniform via the Student Assistance Scheme.

Uniform items are available from the school's Front Office (limited sizes/stock) and LOWES Toormina who have a full range.

To encourage uniform wearing we have: -

1. A commitment from the staff - both encouraging students and acting in a supervisory role.
2. P&C support
3. A support network with parents
4. A supporting statement from the SRC in relation to uniforms.

UNIFORM ITEMS ON SALE AT FRONT OFFICE

★	Girls Skirt	(Years 7 to 10)	Junior	\$45.00
★		(Years 11 and 12)	Senior	\$40.00
★	Shirt	(Years 7to 10)	Junior	\$35.00
★	Shirt	(Years 11 and 12)	Senior	\$18.00
★	Jumper		V Neck	\$25.00
★	Jacket		Zip Up	\$30.00
★	Sport/PE Shirt (Gold)			\$14.00

GIRLS: YEARS 7-10

- Bellingen High School Shirt
- Bellingen High navy blue tartan skirt or navy blue shorts
- Navy blue slacks
- Navy blue jumper and/or school jacket (no hoodies)
- Black or single coloured **leather upper shoes**, white socks
- Acceptable sports shoes

Note: Shorts and skirts are to be not more than 10 centimetres from the knee



BOYS: YEARS 7 - 10

- Bellingen High School Shirt
- Dark blue jumper and/or school jacket (no hoodies)
- Grey shorts or long pants (single colour)
- Black or single coloured **leather upper shoes**, white or grey socks



GIRLS & BOYS: SPORT/PE

- Royal blue shorts (single colour not more than 10 centimetres from the knee)
- Gold polo shirt
- Sport shoes with white socks
- Hat (advisable)



SENIOR GIRLS: YEARS 11 - 12

- Bellingen High School White Polo Shirt
- Bellingen High School Royal Blue Skirt
- Navy blue slacks
- Dark blue jumper and/or school jacket (no hoodies)
- Black or single coloured **leather upper shoes**, white or grey socks

SENIOR BOYS: YEARS 11 - 12

- Bellingen High School White Polo Shirt
- Dark blue jumper and/or school jacket (no hoodies)
- Grey shorts or long pants (single colour)
- Black or single coloured **leather upper shoes**, white or grey socks

Footwear:

Establishing and maintaining safe working environments is fundamental to the work of teachers and students. *Footwear is an important safety item. Good soles provide a sound grip on the floor preventing accidents from occurring. Footwear can also protect feet from mechanical or chemical damage.*

Department of Education policy clearly states that it is mandatory that students carrying out practical activities using chemicals or equipment in schools wear enclosed leather footwear. This includes all Science, Industrial Arts and Home Economics classes. Our commercial stainless steel kitchen is in operation and no student will be allowed in without leather footwear.

Students who attend school with inappropriate footwear (e.g. thongs, crocs, scuffs slip-on sandals without a strap, high heels, ugg boots or slippers) may be isolated from practical classes, or sent home to get footwear that is more appropriate. In all cases, it is best for students to have an explanatory note from home **AND** report to the Deputy Principal's office **before** school to get a Red Uniform Slip.

School Newsletter

Please note that our Newsletter will no longer be printed and distributed to students as a hard copy. The Newsletter is published every second Friday on the school's website with the link emailed to parents who have supplied us with their email information. The newsletter is a valuable part of our home/school communication and includes important dates and information about activities and events at school. We also have our school Facebook page.

We would prefer you to receive the newsletter link via email as there are many advantages including:

- 😊 **reduced photocopying costs to the school;**
- 😊 **saving paper costs – we currently use approximately 2900 sheets of A4 paper each fortnight;**
- 😊 **supporting our environment initiatives;**
- 😊 **savings in administration time;**
- 😊 **your child can't forget or lose the newsletter; and**
- 😊 **access to the newsletter if your child is absent from school.**

Please note that any savings to the school is money that can be better used on classroom resources or for improving your child's school environment. Students will also receive the newsletter link via their school email address.

If you would like the newsletter link emailed to you and we do not already have you on our email list, please contact the Front Office. We will only be providing paper copies, if requested.

BELLINGEN HIGH SCHOOL ANTI-RACISM POLICY STATEMENT

Bellingen High School rejects racism in all its forms. Our school is committed to the elimination of racial discrimination, including direct and indirect racism, racial vilification and harassment.

If your child feels that they are the victims of racism the incident or matter can be resolved by reporting it to the Anti-Racism Officer in our School. The Officer will then instigate an investigation based on the Grievance Procedures flow chart below.

All New South Wales schools are monitored by the Department of Education as an ongoing part of the Anti-Racism Policy implementation across the State.

Anti-racism Grievance Procedures

Step 1: Making a complaint

Contact Officer will:

- ❖ obtain details
- ❖ inform person(s) of process and rights

Step 2: Investigating the complaint

Senior Officer and Contact Officer will:

- ❖ interview both parties
- ❖ seek resolution
- ❖ write report for Principal and recommend action

Step 3: Making a decision

Principal or Senior Officer will:

- ❖ decide on action and inform both parties
- ❖ inform both parties of right to appeal

Step 4: Appeal

Next most senior officer will:

- ❖ review material
- ❖ discuss with person appealing
- ❖ attempt resolution
- ❖ decide on action and inform all parties

Step 5: Further action

Principal or Senior officer will:

- ❖ monitor situation regularly

DATES TO REMEMBER

FEBRUARY

12	Year 12 Parent Evening
13	NC Volleyball
18-20	CAPA Excursion
19	Year 12 University Roadshow
22	MNC Touch Gala Day
26	MNC Swimming
27	MNC Basketball

MARCH

1-6	Year 12 SAC/BST/History Exc
1	MNC AFL 9-a side Gala Day
2	Armidale Show
2	MNC Football Trials
6	NC Swimming
6-7	NSW CHS Softball
7	MNC League Trials
8	NC Touch
9	MNC Rugby Trials
12	MNC Netball Gala Day/Trials
13	NC Golf Trials & NC AFL
15	Netball NSW Gala Day
15	NC Basketball
16	NC Football
19-21	NSW CHS Baseball
20	Year 11 Harmony Health Expo
20	NC Rugby
20-22	NSW CHS Volleyball
22	MNC Hockey Trials
23	CLAPPERS Short Film Festival
26-28	NSW CHS Volleyball
30	Good Friday

APRIL

2	Easter Monday
5	NC Rugby League Trials
6	NC Hockey
8-10	NSW CHS Swimming
11	Cross Country
12	MNC Football Gala Day
13	End Term 1
30	Staff Development Day

MAY

1	Students return—Week A Term 2
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Meet your local Youth caseworkers...

Bellingen Shire Youth Services offers one on one support to young people aged 12-18. We can help with things like bullying, sexual health, friendship issues, stuff going on at home, depression, anxiety, health issues, Centrelink, Medicare, employment and work experience. We don't tell you what to do, we listen and help you work it out. Our service is totally confidential

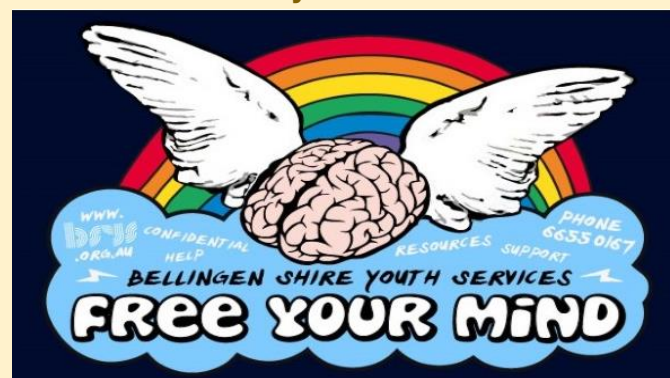
Magdalena Pomroy
Available Wednesdays
Mob: 0437 460 856
Office: 6655 0167
caseworker@bnc.org.au
Facebook: Magda Bsys



Eliza Zanuso
Available Monday/Tuesday & Wednesday in Dorrigo
Mob: 0429 839 473
Office: 6655 0167
youthworker@bnc.org.au
Facebook: Eliza Z Bsys



Monique Buggy
Available Wednesday until 2.30pm/Thursday/Friday
Mob: 0437 460 856
Office: 6655 0167
caseworker@bnc.org.au
Facebook: Mon Bsys



Got stuff going on?

Need to talk to someone?

**A Youth Caseworker
is here at school every
Friday morning.**

- Support is voluntary, and confidential.
- Friendship stuff.
- Bullying issues?
- Family Stuff.
- Drugs and Alcohol help and advice.
- Advocacy - Helping you have your say
- Centrelink assistance.
- Referrals - Finding other supports
- Group activities and programs
- Health and wellbeing
- Sexual health and relationships
- Looking for a job, help with a resume.

Bellingen Shire Youth Service

Mon Buggy 0437 460 856 caseworker@bnc.org.au

Eliza Zanuso 0429 839 473 youthworker@bnc.org.au

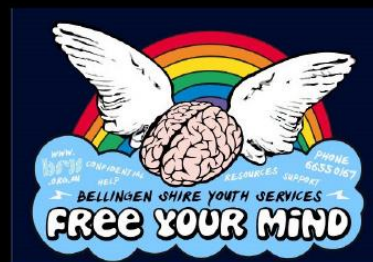
Magda Pomroy working on Wednesdays.

Call the BSYS office at the Hub 6655 0167

Or Drop into the Hub .



BELLINGEN SHIRE YOUTH SERVICES



BELLINGEN SHIRE YOUTH SERVICE & BE YOUNG
AND PROUD LGBT+ GROUP AND LOVE IS LOVE COMMITTEE
PRESENTS

LOVE IS LOVE LGBT+ YOUTH CAMP

BE YOUNG, BE OLD, BE YOU, BE PROUD.

@ MARCH 16TH - 18TH
CASCADE ENVIRONMENTAL CENTRE,
CORAMBA



A CAMP FOR YOUNG PEOPLE 12-21 WHO IDENTIFY AS SAME SEX
ATTRACTED, TRANS, GENDER DIVERSE, QUEER, OR QUESTIONING.
WELCOMING YOUTH FROM BELLINGEN SHIRE AND SURROUNDS!
STRAIGHT ALLIES WELCOME! GET INVOLVED AND HELP US PLAN IT!

CONTACT YOUTH CASEWORKER ELIZA ZANUSO
ON FACEBOOK = ELIZA Z BSYS OR 0429 839 473
OR CAMP ORGANISERS...

KYLIE 0408 178 585 OR DIANNE 0410 266 165



Bellinggen Shire
Youth HUB
Activities, programs and services for youth 12 - 24 years



BELLINGEN SHIRE YOUTH SERVICE

BELLO BE YOUNG AND PROUD



A CONFIDENTIAL GROUP FOR YOUNG PEOPLE
12-21 WHO IDENTIFY AS SAME SEX ATTRACTED,
TRANS, GENDER DIVERSE, QUEER, OR
QUESTIONING. ALLIES WELCOME. WE EAT YUM
FOOD, TALK ISSUES, PLAY GAMES, WATCH
FILMS, PLAN PROJECTS AND DO FUN STUFF.

JOIN US !!!

CONTACT YOUTH CASEWORKER ELIZA ZANUSO
FOR MORE INFO:

0429 839 473 or Facebook: Eliza Z Bsys



Bellingden Shire
Youth HUB
Activities, programs and services for youth 12 - 24 years



BATTLE OF THE BANDS

MAKE SOME NOISE!

If you're aged 12-22, are a budding muso and want to show the world what you've got, enter KEYS' Battle of the Bands.

LOCATION

KEYS Youth Hub
61 West High St
Coffs Harbour
(behind the main building)

PRIZES

MAJOR PRIZE

10 hour recording session at Valleysounds Recording Studios (valued at \$1000). Includes mixing, mentoring and industry advice.

PLUS MINOR PRIZES TOO

HEATS

23 +30 March
6 + 13 April

GRAND FINAL

Thurs 19 April
(during Youth Week)

KEEN?

Call Allan on
0424 871 778 or pick up
an entry form

free entry | doors @ 6.30pm
[drug + alcohol free event]

GET SOCIAL!

/KEYSYouthHub



2018 FOOTBALL REGISTRATION WITH BELLINGEN FC

Our team nominations go in at the end of February so get online and register ASAP for one of our teams!

- ❖ Mixed boys and girls teams from the age of 5/6's to 11's
- ❖ Single sex teams from 12's – 17's in the juniors
- ❖ Open senior teams for both men and women, and O30's and O35's for women and men respectively
- ❖ Training: Seniors 6.30-8.00pm Juniors training starting first week March

Register online www.playfootball.com.au - registration will only be considered as complete and accepted by Bellingen FC when **BOTH** online registration and full payment made. Teams will be filled with priority given to the date of completed registration. Fees and more information on the club website www.bellingencfc.com.au

BFC will give you a 10% discount on the fees of the second registration and 20% discount on the fees of the third or further registrations per family (the highest age group will count as the first registration). Registrations after 28/2/18 incur a \$25 late fee.

Please also be aware that for each child under 18 you are able to claim \$100 voucher as part of the NSW Government Active kids' programme. For more info please see <https://sport.nsw.gov.au/sectordevelopment/activekids>.

If you would like to help as a coach/ manager or by volunteering to assist with other club activities, please make contact and express your interest. The club is also interested in hearing from young people interested in becoming referees or coaches of youth teams.

Questions or need help? Come along to our registration information session on Saturday 10th February at Connell Park 10am-12noon or alternatively contact the registrar Mick Klipin via email at registrar.bellingencfc@gmail.com or phone 0413 298867.



URUNGA FOOTBALL CLUB SEEKING PLAYERS GIRLS + BOYS UNDER 14s

REGISTRATIONS NOW OPEN

For more information
www.urungafootball.com or
email registrar@urungafootball.com

STITCHED UP

Come along to the Bellingen Uniting Church Hall each Monday 3.30 to 5.30pm for a yummy afternoon tea and learn to make bags, clothes, quilts, hair scrunchies, re-purpose old clothes - absolutely anything! Everything you need is provided and it is all free!

For more information please call Michelle Stockton on 0403011597 or email bellingenstitchedup@gmail.com. We have our exciting 10-year anniversary party happening in May, with a fashion parade of vintage clothes including wedding dresses. Stay tuned for more info!

SEWN UP

Come along to the Bellingen Uniting Church Hall each Monday 7-9pm from March 5 and learn how to make clothes that will fit you. This is a group for Year 10 to Year 12 students, plus adults. This year we also be helping to make your formal outfit. There is no cost for tuition and the use of our machines, but you will need to provide your own fabric & pattern. For more info please call Michelle on 0403011597 or email bellingenstitchedup@gmail.com



Vinnies

NEW SHOP OPENING IN BELLINGEN!

Vinnies is pleased to be opening a brand new shop at 85A Hyde Street in early March. The shop will stock quality clothing and bric-a-brac at affordable prices. Funds raised go straight back into the community to assist the disadvantaged.

A number of volunteer positions are now available - sorting donations, pricing items, arranging window displays and operating the register - there is sure to be a role for you!

Please contact Andrew Green for more information: 0428 977 454 or Andrew@vinnieslismore.org



BELLINGEN-DORRIGO Junior Rugby League

REGISTRATION'S ARE OPEN

Registration Dates

Tuesday 13th Feb 4 - 4.30pm

Wednesday 21st Feb
Come & Try afternoon
(time to come)

Tuesday 27th Feb 4 - 4.30

@ Connell Park

Fees \$100.00 don't forget to apply for your
Government Sports Rebate
Voucher

Register at playnrl.com

If your child/ren is new to this sport
you will need to provide proof of age

with the Kids Active Voucher this sport is free of charge!

for further information contact
President Donald Glyde 0409551658 Secretary Rachael Casey 0423 722 961



PLAY NRL REWARDS

REWARDING AND RECOGNISING OFFICIALS, VOLUNTEERS AND JUNIOR PLAYERS



COME & PLAY HOCKEY



Free sessions to learn Hockey skills & play games

Bellingen Hockey Club are inviting all players to play Hockey. Sticks will be available for use.

New Players – Come give it a go for FREE & have fun.

Existing Players – Bring a friend & register for the 2018 season.

Contact Emma Osland 0421 869 326, Jill Williams 0459 126 071 Karen Briscoe 0403 426 040 for further information or to confirm you are playing in the 2018 winter season.

NSW GOVERNMENT ACTIVE KIDS REBATE

The NSW Government will provide a \$100 voucher to parents/guardians of school enrolled children. The \$100 voucher can be used for registration and participation costs for sport and fitness activities. See the following link for more information:
<https://sport.nsw.gov.au/sectordevelopment/activekids>

Wednesday

4-7 years 4pm

8 years & up

From 4:30pm

**Bellingen High
School MPC**

5 Weeks

Feb 14th – Mar 14th

Bring a Friend

**Bring Shinpads &
Mouth guard**

**REGISTER TO PLAY
FOR THE 2018 SEASON**

Saturday Mornings at the Coffs
Hockey Complex

Comp Starts Late March

Training Tues 4:30-5:30pm

Complete a Junior Membership
form or email

ebrownleesland@gmail.com

*Non-judgemental health service for young people from
Bellingen & Urunga*

Bellingen Youth Clinic

BULK BILLING for Youth Aged 12—24



**Sexual Health, STI Testing, Pregnancy,
Drug & Alcohol, Mental Health, General
Open Every Thursday 2pm—5.30pm**

@ Bello Youth Hub

Doctor, Psychologist, and

Youth Caseworker available

Drop in available or to make an appointment
please call Bello Youth Hub on 6655 0381

Please note Psychologist is appointment only

