

20 November 2020

Bellingen High School NEWSLETTER

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From the Principal

The HSC exams have finished and the graduation dinner has been held. Forty three young adults looked stunning as they closed this chapter at Cedar Bar last Thursday evening, under the guidance of Ms Amber Hill and Mr Tim Laverty. Congratulations one and all on celebrating this wonderful milestone. I sent the Year 12 students a video as I could not attend but I will reiterate the sentiment here: regardless of the outcome of the HSC exams, whatever each student pursues in life beyond this part of their education, I hope each of them dares to compete – to the very best they are able and are capable of. We wish them all the best for the results and look forward to catching up at the Year 12 Results breakfast.



For the rest of the school, exams and final assessments are being tallied and reports written for 2020. These will be delivered to students in an unusual way this year. Due to COVID restrictions, we cannot have the formal and lavish Presentation Day Awards ceremony we normally would. This is disappointing because it is definitely a highlight of the year, with pomp, ceremony and a great deal of community involvement. Instead, this year there will be individual year group Presentation Ceremonies, all on the one day, a period at a time. All students will receive their reports at these events. Students will be individually announced, with any awards being announced at the same time, and they will come up on stage to receive their report (and awards, as each case may be), have a photo taken and then leave the stage. As a condition of this, students will be required to be in uniform to be presented on stage. Without uniform (and stocks with Sissiel are too low for students to 'borrow' school items), students will not be permitted to be presented on stage. They can collect their report at the end of the school year – with a note of explanation (as if for absence – and if absent on the day, this applies – no report will be given without the requisite explanation for absence).

I have taken the new School Plan ideas for a vision statement and the 3 new Strategic Directions, as determined by the data sources we used, to Executive and from there to P&C, as consultation. These Strategic Directions include: Student Growth and Attainment (State set goals relating to NAPLAN results in the top 2 Bands); Teaching and learning and Wellbeing. If you have any ideas to offer, please contact the school to discuss – all ideas are welcome! The school has determined that part of Teaching and Learning will be a very strong focus on bookwork and class participation – with

students receiving comments and feedback on this in their reports. Please know that in 2021, we want all students to have workbooks or process diaries for every subject and books will be regularly marked – as part of this process. We want quality learning recorded for future reference and for students to be able to track their own learning in a subject.

I am certain that all of the information contained herein will provide excellent dinner time conversations for the next week, so, until next time...

Yours in Education:



Kim Dixon

YEAR 12 - TERM 4 ASSESSMENTS		
Week 7A	Biology	In-class Data Assessment
Week 7A	Earth & Environmental Science	Research Task
Week 7A	Physics	Skills and Data Task
Week 7A	Sport, Lifestyle & Recreation	Practical and Skills Session
Week 7A	Hospitality	Topic Quiz
Week 8B	Ancient History	Task
Week 8B	English Standard	In class task
Week 8B	English Studies	Multimodal
Week 8B	Geography	In class task
Week 8B	PDHPE	Sports Medicine – Case Study
Week 9A	Business Studies	Topic Test
Week 9A	Legal Studies	In class task
Week 9A	Music 1 & 2	Solo/Ensemble Performance
Weeks 9A/10B	Drama	Performance Workshop & Essay
Week 8B	English Advanced	In class task
Week 10B	Aboriginal Studies	Research Study
Week 10B	Chemistry	Research Task and in class test
Week 10B	Economics	Research and in class task

Bellingen High Coding Club

Join us at the Bellingen High School Coding Club on Wednesday and Friday at lunch time in the IAG.

Whether you are a beginner or have some experience in coding, you are most welcome to join us and learn about block and text coding.

We will be looking at Robotics and coding of drones to liven things up in the coming weeks!

Amanda Meldrum
Co-ordinator



Careers News

Year 10 Work Experience

Thank you to all our wonderful host employers. Work Experience is an excellent opportunity for our students to gain valuable skills and knowledge for the future. We couldn't do it without you.

2TripleB	Orama Public School
5 Church Street	Outpost Hair Bellingen
A Little Bit Gypsy	Piggott Electrical
Alternatives Bookshop	Rachel Browning Cleaning
Arch & Aya	Rebel Sport
Autarky Farm	Reece Plumbing
Barefoot Sustainable Design	Repton Public School
Beaumont's Produce	Rivers Dance Centre '86
Bellingen High School (various	RJ's Menz & Boyz
Bellingen IGA	RSPCA
Bellingen Public School	Scheib Legal
Bellingen Youth Hub	Shemana Crystalline Elixers
Bellinger Landcare Inc	Sir Paint-a-Lott Pty Ltd
Big Banana Café	Softscape Florist
Bryant McKinnon Lawyers	Southern Cross Medical Specialists
C3 Coffs Harbour	St Mary's Primary School
Carexcell Cafe	Steve Toms Tiles
Chrysalis School	Stroud Homes Coffs Harbour
Climbing Anchors	TechAddicts
Coffs Coast Sports Physio	The Board Rooml
Coopers Surf	The Buttery
Dawn Song Children's Centre	The Faerie Shoppe
Design Studio 22	Transport NSW
Dorrigo National Park	Tyalla Public School
Ecosure	Urunga Public School
Ecotemp Pty Ltd	Urunga Sail Training Club
Federal Hotel	Urunga Smash Repairs
Grow the Music	Urunga Veterinary Clinic
HYDE Bellingen	Village Fitness
I Hour Phone Repairs	
Jetty Memorial Theatre	
Johnson Electrical	
Julie Ross Dance Studio	
L McGlashan	
Marcia Street Fabricators	
moshikCeramics	
Nambucca Heads Public Schoo	
Newcastle Waldorf School	
North Coast Boating Centre	
National Parks & Wildlife Serv	
Old Butter Factory Cafe	



A reminder to students and parents that Year 10 students return from work experience on Monday 30th November.

ALL STUDENTS must return their completed work experience log books and camp raffle tickets (sold or unsold) on this day. The raffle will be drawn the following day at Assembly. Year 10 shirts will also be available for collection upon payment of any outstanding costs.



There will be a year meeting on Tuesday 1st December after which students who are not returning to Bellinghen High School for Year 11 2021 will be given a leavers form to start completing. This involves returning all books and resources to school, paying any overdue fees and providing evidence of employment or further study.

*Frieda Gorman
Careers Advisor*

On the Farm

World Poultry Extravaganza in Bellinghen

On Friday 13th November there was a first for Bellinghen High School. Thirty-two hard working students attended and presented 24 hens and 6 roosters in the competition. All birds presented were from the Bellinghen High School flock, of very rare Silver Pencil Wyandottes.

The agenda was as follows:

8:00-9:00 Set up flags and signs; carry gear to the Cattle COLA

9:00-10:38 Make show boxes; wash and dry birds

10:38-11:03 Break 1

11:03-12:41 **The Show Begins!**

Champion Silver Pencil Wyandotte Hen - 24 exhibits

1st Evie Quennell 2nd Imogen Webb 3rd Laylah Thompson

Silver Pencil Wyandotte Rooster - 6 exhibits

1st Olivia Fairbanks 2nd Maizi Tulloch 3rd Mikaya Sheridan

Grand Champion Silver Pencil Wyandotte

Presented by Evie Quennell: Hen number 74

12:41-1:31 Break 2

BBQ Lunch prepared by Mr Tony Dixon

1:31-2:30 Junior Judging Competitions. Classes were hens, roosters and eggs.

1st Tessa Gunther 2nd Willa Herron 3rd Jayden De La Cruz

2:30-2:45 Clean up

2:45-3:09 Presentation

The day ran smoothly with everyone chipping in and helping.

A big thank you to Tony for the cage fronts, the BBQ, the poultry feed and many other things. Our judges - Taylor, Mathew, Emily and Rosie were tested, coming through with flying colours. Pixie did a great job as chief steward, keeping the day running smoothly.

Looking forward to the 2021 Poultry Extravaganza.



The Incubators are on

The school farm now has 3 new incubators. All are full of fertile eggs with the next batch of chickens due out in a couple of weeks. The chickens will form our breeding flock next year.

Until then, there will be lots of little chickens to love.



Sheep Report and Shearing News

The lambs continue to provide a lot of enjoyment during classes. Challenges this week include a sore leg, a sick mum and sheep that are a little difficult to muster. The alpaca, Al, loves to come up close when students are working with the sheep. This can be quite unsettling for some, and amusing for others.

We have a professional shearer coming to make it a little cooler for our sheep. Looking forward to the before and after shots in the next newsletter.

If you would like to buy one of our beautiful lambs, please contact the school.



FOR SALE

2 ewes - \$100 each

12 (very quiet) lambs - \$100 each

Contact Mr Boyd or Mr Dixon 66551 315

The Summer Vegetable Gardens

Some great beans have been harvested and should continue to the end of the year. The tomatoes are still a way off, however are progressing well. The students have been busy weeding and fertilising this week. Most students have also added mulch, preparing their gardens for our harsh summer sun.



Now for the Dorrigo Show in Bellingin

It's on Friday 27th November and will include poultry, sheep and cattle. There will be judging and parading competitions.

Can't wait for the show

Stephen Boyd
Agriculture and Primary Industries Teacher
Science Faculty

From the TAS Faculty Year 8 Textiles

As part of our Textiles Technology Bag unit, students created and designed their own bags.

Photo shows students Jorja Browning and Riley Meenahan modelling their creations. Jorja created a quilted laptop satchel and Riley a cross-body 'eshay' bag; both individually designed and created with high quality finishes.

Amanda Meldrum
Food Technology, Hospitality
& TAS Teacher



Year 12 Hospitality

The new Year 12 Hospitality class catered for the NAIDOC luncheon on Friday 13th November, for the school's Indigenous students, their friends and the staff. Our amazing small team of 3 students, including Tayla Blackwell, Shannan Port-Rose and Tilly Burbidge created Bush Tucker inspired sandwiches for their Sandwiches Practical Assessment Task, as well as Espresso Coffees. The sandwiches included:

- ☺ Kangaroo Hot Dogs marinated in Dorrigo Pepper & Bush Spice Mix
- ☺ Lemon Myrtle Chicken & Salad Wraps
- ☺ Warrigal Greens, Sun Dried Tomato & Mozzarella Turkish Melts
- ☺ Open sandwiches with either Davidson Plum Jam & Turkey or Finger Lime Marinade & Brie – both with Rocket and Saltbush



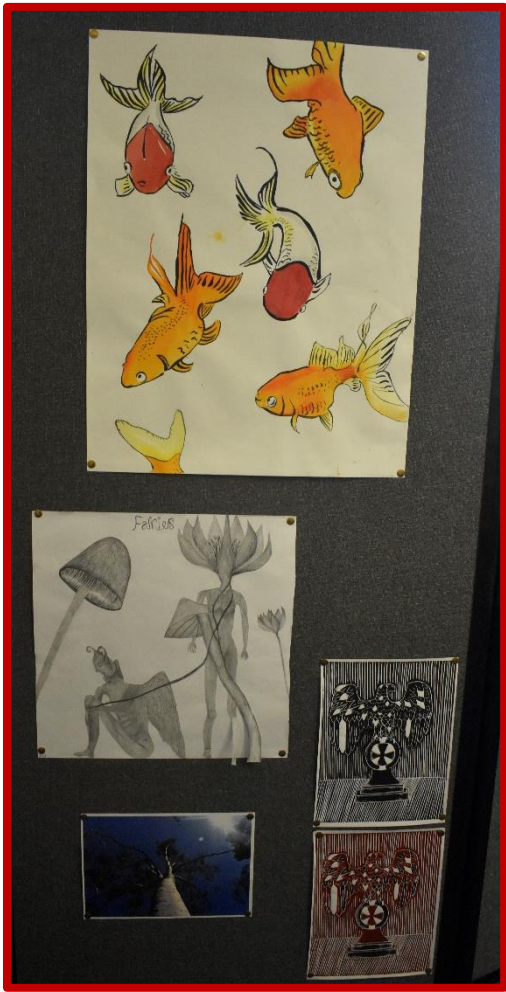
Miss Jeanes and a small group of volunteers, including Mrs McAulay, created the flags for the Indigenous Garden.

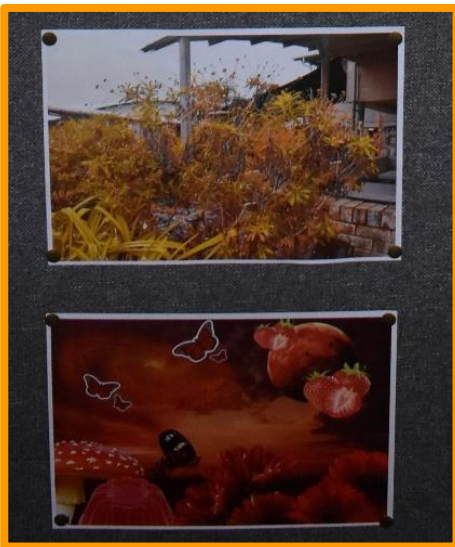
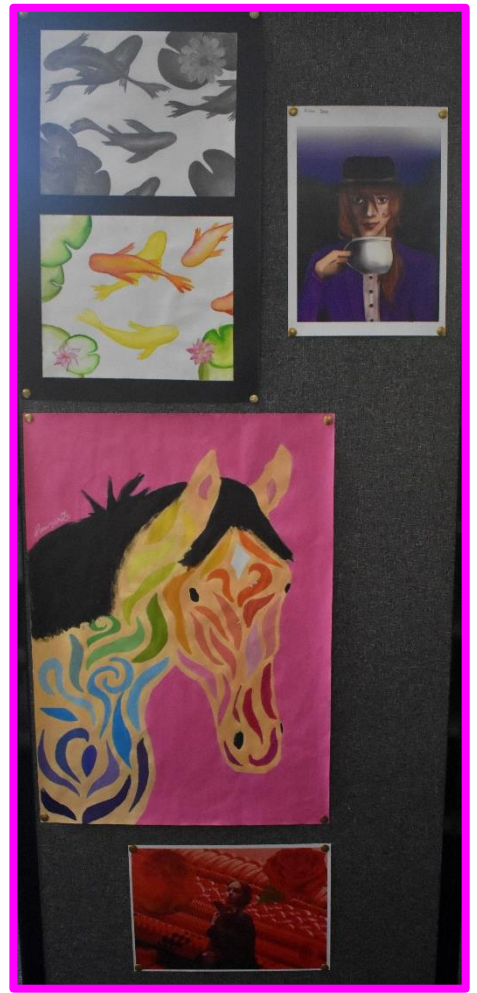
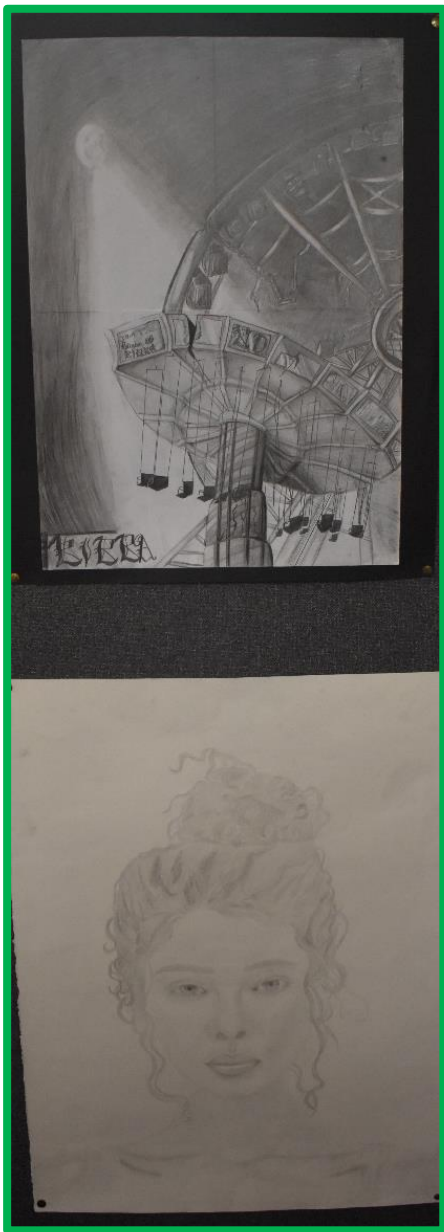
Jesse Jeanes
TAS & VET Hospitality
Teacher

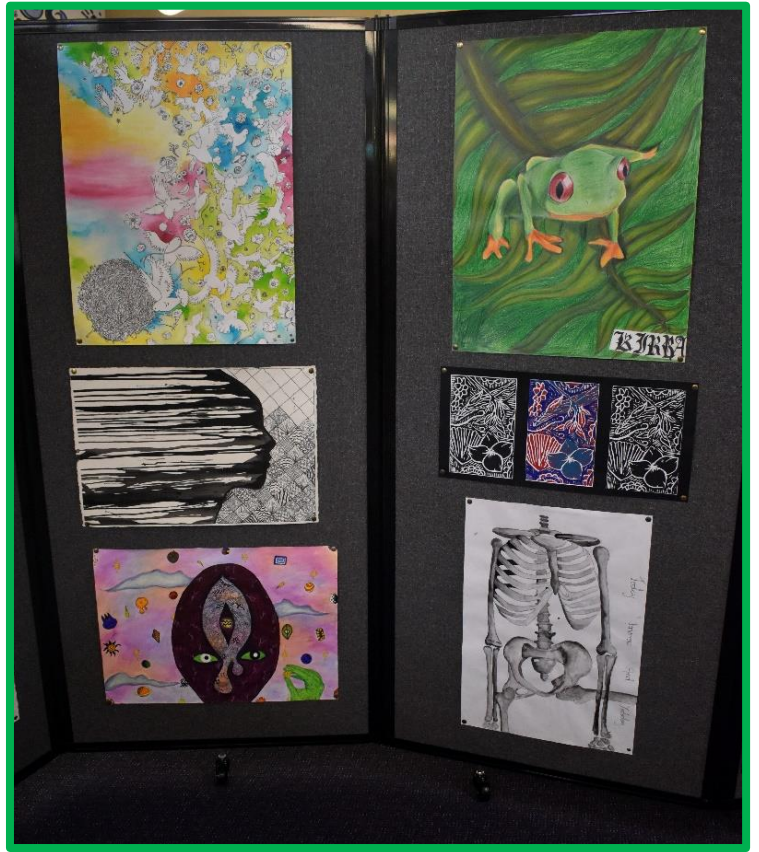


CAPA News

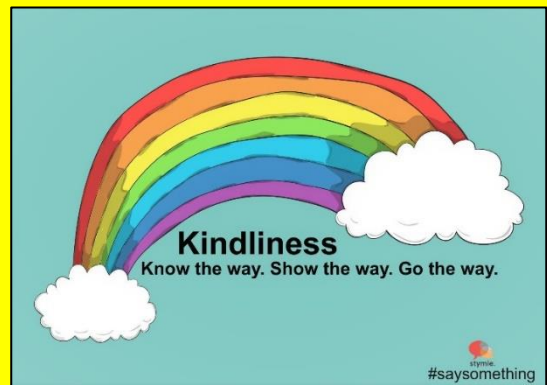
A selection of artworks from Years 7-10 Visual Arts and Photography classes is now on display in the library. We think that our CAPA kids are very clever!







Stymie Focus

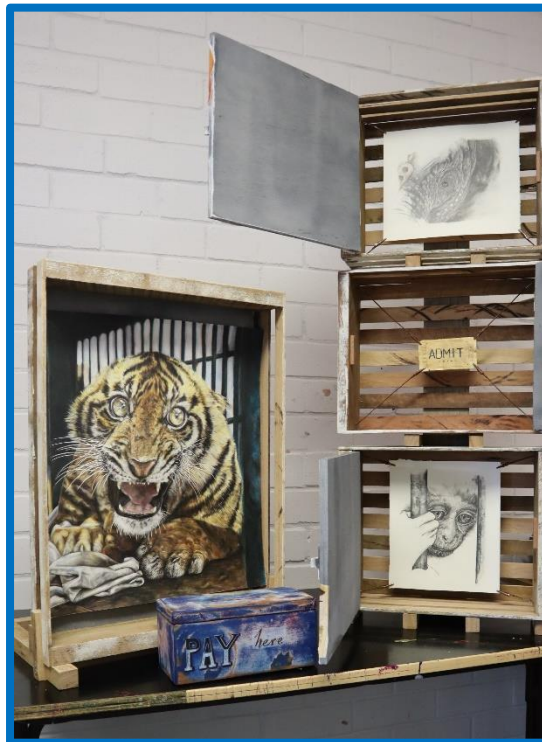
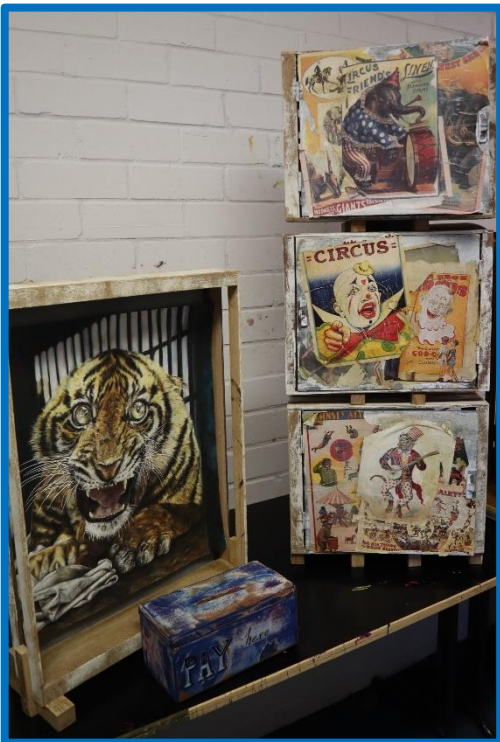


NEWSFLASH!!

Congratulations to Erin Neville who has had her Visual Arts Body of Work selected for the ARTEXPRESS exhibition in 2021 at Grafton Regional Gallery.

ARTEXPRESS is an annual series of exhibitions of exemplary artworks created by NSW Visual Arts students for the Higher School Certificate.

This is a wonderful achievement for Erin and we are very proud of her and can't wait to see her beautiful work in a gallery setting!

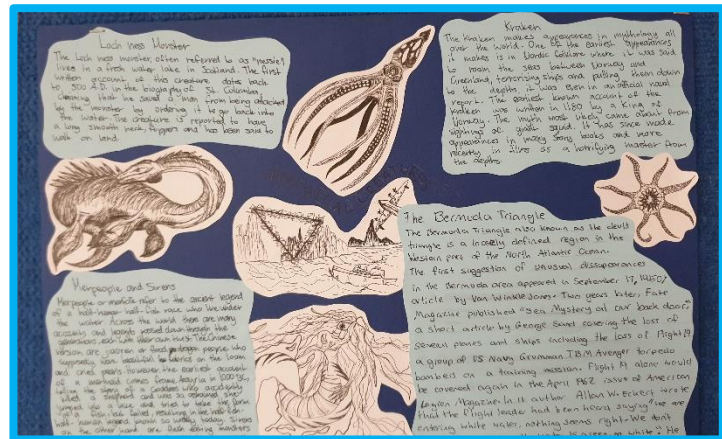


*Megan Newbound
Visual Arts/Photography Teacher
CAPA Faculty*

Marine Studies

An outstanding achievement from some of our Marine Studies artists this semester. Despite current restrictions, we have been busy researching, making and creating items from some of the topics that fascinate us the most.

*Teresa Quennell
Science Faculty*



Writers on the Road

Writers on the Road, the free Byron Writers Festival touring program, is visiting Bellingen High School on Friday 4th December. Acclaimed authors and artists on-board include Bigambul illustrator **Dub Leffler**, writer and recovering teacher **Gabbie Stroud**, author and filmmaker **Benjamin Gilmour** and Yuwaalaraay author and musician **Nardi Simpson**.

Now in its seventh year, Writers on the Road takes award-winning Australian authors, illustrators and poets to regional towns in northern NSW for free school workshops and community events.

Bellingen High School is offering this exciting opportunity to our enrichment classes and is inviting students to participate in the workshops to be held in the library on that day. All events are provided free of charge on the day.

Further information on tour dates and booking details can be found at byronwritersfestival.com/wotr.

*Haridian Ramirez
Teacher Librarian / Distance Ed Coordinator*

*Michelle Butcher
Head Teacher English*

NAPLAN Online

NSW schools will participate in the NAPLAN Online School Readiness during this Term. The school readiness test is a 'practice run' for schools to assess their technology as we prepare to transition to NAPLAN Online. It provides an opportunity for schools to become familiar with the NAPLAN Online assessment platform. Our "Practice run" will be on Thursday 26 November with Year 7 and 8 students.

*Julie Taylor
Head Teacher Administration / Learning Support*

Sport News

Girls dominate Junior Futsal Titles

13 years girls competed in their first ever games of Futsal at Port Macquarie on Tuesday, 17th November, after all previous tournaments had been cancelled. They were very excited and took the court displaying a great determination to do their best. They competed in the 14 years girls division and showed that they were a quality team. Their first game against Heritage Christian School saw them win a convincing 6-0. They completed their preliminary games having a 2-2 draw with Camden Haven and a 3-1 loss to St Columba Anglican School. With a goal difference of +4 they

finished second in their pool, which put them in the semis unfortunately against the Bellingen 14s girls. They played this game never giving up losing 2-1. Fortunately, there was a final game to be played against the other 13 years team also playing in the 14 years division. Again they displayed what a great team they are, smashing them 6-0.



*Back row – Pixie Hill (assistant coach), Della Byrnes, Echo Divola, Imogen Webb, Fern Berry, Harriet Pagulayan- McCabe
Front row – Shelee Freeman, Kiah Partington, Sidney Taylor, Ava McLennan*

The 14 years girls' team went through the preliminary games undefeated. In fact their defence was so good not a goal had been scored against them. That was to change in the semi-final against the Bellingen 13's with Fern Berry scoring the only goal against this team with only a minute to go, to have the final score 2-1. This put the 14s girls in to the final against St Columba Anglican School. Again the defence stayed solid, and the only goal to be scored, by Bonnie Malt, won them the game 1-0.

Two Champion Teams - with the 16's and 19's still to play.

*Liz Hoy/Jon Winfer
Sport Coordinators*








*Back row – Clare Beale, Holly Taylor, Lulu McGrath, Imogen Laverty, Indiana Brodbeck
Front row – Zara O'Connor, Sal Selim, Isy Sheppard, Bonnie Malt*



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

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|  laptops & tablets |  lessons & activities |
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To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



Contact

your local Saver Plus Coordinator

Phone

1300 610 355

Email

CoffsHarbourSP@thesmithfamily.com.au

Online

saverplus.org.au

Find us on Facebook 



* many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

DATES TO REMEMBER

NOVEMBER		JANUARY 2021	
27	Year 10 Work Experience ends	27-28	Staff Development Days
DECEMBER		29	Years 7 / 11 / 12 start
10	Years 7 to 10 Reports Issued	FEBRUARY	
11	Presentation Day	1	Years 8 / 9 / 10 start
16	Final day for students	MARCH	
17-18	Staff Development Day	9-12	Year 10 Camp

Did you know?

- ☺ When you die your hair still grows for a couple of months.
- ☺ Mosquitos are attracted to people who just ate bananas.
- ☺ The most money ever paid for a cow in an auction was \$1.3 million.
- ☺ Odontophobia is the fear of teeth.
- ☺ Animals that lay eggs don't have belly buttons.
- ☺ The Greenland Shark has the longest lifespan of all known vertebrates, living an average of 272 years.

BELLINGEN UNDER 18's ART COMPETITION

ART SHOWCASE / CASH PRIZES

Calling all aspiring young artists!

Entries are now open for our children's art competition at Bellingen Gallery – applicants must be under 18 and reside in the Bellingen Shire.

The artwork can be of any size up to A3 and in any medium. There will be a cash prize for the "People's Choice" winner and framing vouchers for the "Gallery's Pick" winner.

The art will be on display from the 1st to 12th December.

Please bring your Artwork to Bellingen Gallery (opposite the Post Office) before the 30th November - \$5 entry

Looking forward to seeing all of your awesome pieces!

Happy creating!

Take care of your mental health



It's okay to feel stressed, anxious or worried.



Use credible sources when looking for information about COVID-19 and how to stay safe.



If you're feeling overwhelmed, take a break from watching the news and social media.



Try these healthy coping strategies to find the ones that work best for you:

- Talk to family, friends or teachers about your problems.
- Do something you enjoy.
- Use relaxation techniques like deep breathing or meditation.

If you want to talk it through with someone or find more tips, reach out to one of the following groups:

Kids Helpline
1800 55 1800 (24/7)
kidshelpline.com.au

Reachout
au.reachout.com

headspace
1800 650 890
eheadspace.org.au

Lifeline
13 11 14 (24/7)



Please use hand sanitiser

Got symptoms? Get tested.

Anyone with COVID-19 symptoms should be tested.

Symptoms include:



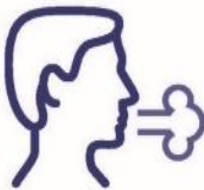
fever



cough



sore throat



difficulty breathing



loss of smell



loss of taste

Other reported symptoms of COVID-19 include:

fatigue, runny nose, muscle pain, joint pain, nausea/vomiting, diarrhoea, loss of appetite or other flu symptoms.



Testing is free, quick and easy
health.nsw.gov.au/coronavirus



Are you a Food Smart family?

Sign up to the free online Food Smart program today!

Get your kids involved to create **BIG CHANGE** with **SMALL ACTIONS** in your kitchen!



- Keep up to \$4000 a year in your pocket by cutting food waste
- Prevent up to 1 in 5 shopping bags worth of food ending up in the bin
- Help the environment by reducing landfill and greenhouse gases
- Learn how to shop, serve and store smarter with an easy step-by-step guide
- Download your free seasonal recipes, menu planner, shopping list and action cards

Register now:

www.midwaste.org.au/food-smart



lovefoodhatewaste.nsw.gov.au

This project is a Waste Less Recycle More initiative funded from the waste levy.

MIDWASTE
Regional Waste Forum

Welcome Back!

3.30 – 5.00PM

BELLO YOUTH HUB

**DROP IN
IS ON**

TUESDAY: YEARS 7 & 8

WEDNESDAY: YEARS 9 & 10

FRIDAY: YEARS 11 & 12

Movies Food Music ping pong and more

Covid safe procedures
and numbers apply