

19 February 2021

Bellingen High School NEWSLETTER

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From the Principal

Almost half of the term has already passed – it's hard to believe how quickly time seems to go by, and, as always, so much is happening at Bellingen High School.

Year 7 parents will receive a phone call from a core classroom teacher this week to ask how your student is settling in and if there is anything we should be aware of or can do to assist in this process – and this information will be relayed to relevant staff so that appropriate action can be taken. Year 7 have already undertaken Best Start which is a State-wide assessment, a SENA Maths test and a Renaissance reading test. These have assisted us to look at current class placements and who needs extra support, especially in Literacy and Numeracy. We will be using staff (Ms Pinder, Ms McGregor and Ms Riley) to withdraw students who require the most support using the government funding supplied relating to CoVid catch up.



There has been a lot of maintenance work undertaken this last month around the school. It's nearing completion and we are grateful to students, staff and parents for their patience. In an old school, as the school gets older, many working parts fall into disrepair and need maintenance. The overall look – painting etc. – is just lipstick and mascara on the 'old girl' to spruce her up and make the learning environment – both classrooms and grounds – more appealing for all who use them. The rain has slowed this process down somewhat.

As a whole school focus for Term 1, there will be a focus on Waste Management and Language Use. Our grounds are lovely – we are lucky to have the sprawling grounds we do but it is unfortunate when students buy noodle cups or icy cups at the canteen and spread some of the rubbish associated with both of those products over the grounds. We have plenty of bins for this – there is no need to litter. There is a minority of students responsible for this – but it affects the whole school learning community and the wider community who use the grounds in the afternoon – for training or BYO practice or those who use it on the weekend – church groups; craft groups etc. The same can be said of poor language used by students – from simple salutations to manners and general courtesy. Manners and courtesy cost nothing but go such a long way to make a mark on the social culture of an environment or a community, as well as leaving an indelible impression about a person's character and inherent values. We will address these as school concerns in the weeks following, I would

really appreciate conversations about these matters at home, if you think appropriate, to raise student awareness and allow them time to consider what we are saying before the date.

Our focus this fortnight is on Teaching and Learning and Assessment, asking students to consider goals for their 2021 academic journey and to ensure that they give 100% to their work. We made plain our expectations relating to submission timeframes and ensuring that the best work is produced and submitted, re-iterating repeatedly that 'near enough is not good enough' and that a draft is just that. Drafts of tasks can be given to teachers for annotation to improve the work before submission and students should look at the feedback on returned tasks and ask how to improve and grow for future tasks. Sometimes, all it takes is the first time of asking for a pattern of improvement to be formed. Years 8, 9 and 10 will undertake their goal setting interviews this upcoming week. We look forward to seeing what they come up with.

Until next time –

Yours in a continuous improvement cycle of education:



Kim Dixon

Bellinghen High School P&C Meeting

Monday 8 March
6pm

Staff Common Room

We look forward to
seeing you.

Stymie Focus






IF SOMEONE'S LIPS
CAN'T ASK FOR HELP,
LISTEN TO THEIR
HEART.

IF YOU SEE SOMETHING,
SAY SOMETHING.



Education Facts:

-  The City Montessori School in Lucknow, India, is the largest school in the world in terms of number of students, with more than 32,000 students.
-  France has the shortest school year from August to June and also the longest school day.
-  World's oldest school is in Canterbury, England. The King's School, as it is named, was founded in 597 AD.

ASSESSMENT TASKS TERM 1

| YEAR 7 | | YEAR 8 | |
|---------|---------------------------------|---------|------------------------------|
| WEEK | SUBJECT | WEEK | SUBJECT |
| Week 7 | Music | Week 6 | Music |
| Week 8 | English | Week 8 | English / Science |
| Week 9 | HSIE / Science / Tech Mandatory | Week 9 | Technology Mandatory / Music |
| Week 10 | Music | Week 10 | HSIE / Music |

| YEAR 9 | | YEAR 10 | |
|---------|----------------------------------|---------|----------------------------------|
| WEEK | SUBJECT | WEEK | SUBJECT |
| Week 6 | Science / PDHPE / Marine Studies | Week 5 | Music |
| Week 7 | IT Metal / Agriculture | Week 7 | Science / IT Metal / Agriculture |
| Week 8 | English | Week 8 | HSIE / English / Dance |
| Week 9 | PASS / Music / Marine Studies | Week 10 | PDHPE / Music |
| Week 10 | HSIE | | |

YEAR 11

| DAY / DATE | WEEK DUE | SUBJECT |
|----------------|----------|---|
| Monday 1/3 | Week 6B | Ancient History |
| Thursday 4/3 | Week 6B | Business Studies |
| Friday 5/3 | Week 6B | Modern History |
| Friday 19/3 | Week 8B | Biology / Music |
| Tuesday 23/3 | Week 9A | Geography |
| Monday 29/3 | Week 10B | Business Services / Society and Culture |
| Tuesday 30/3 | Week 10B | Mathematics Advanced and Standard |
| Wednesday 31/3 | Week 10B | Economics / PDHPE |
| Thursday 1/4 | Week 10B | Legal Studies |

YEAR 12

| DAY / DATE | WEEK DUE | SUBJECT |
|---------------|----------|--|
| Monday 15/3 | Week 8B | Ancient History / Earth & Environmental Science |
| Tuesday 16/3 | Week 8B | English Advanced / Standard/ Studies / Physics |
| Thursday 18/3 | Week 8B | Business Studies / Visual Arts |
| Monday 22/3 | Week 9A | Investigating Science |
| Tuesday 23/3 | Week 9A | PDHPE |
| Thursday 25/3 | Week 9A | Drama |
| Friday 26/3 | Week 9A | Economics / Maths Ext 2 / Modern History / Music |
| Monday 29/3 | Week 10B | Chemistry / Geography |
| Tuesday 30/3 | Week 10B | Legal Studies |
| Thursday 1/4 | Week 10B | Mathematics Advanced, Ext 1 and Standard |

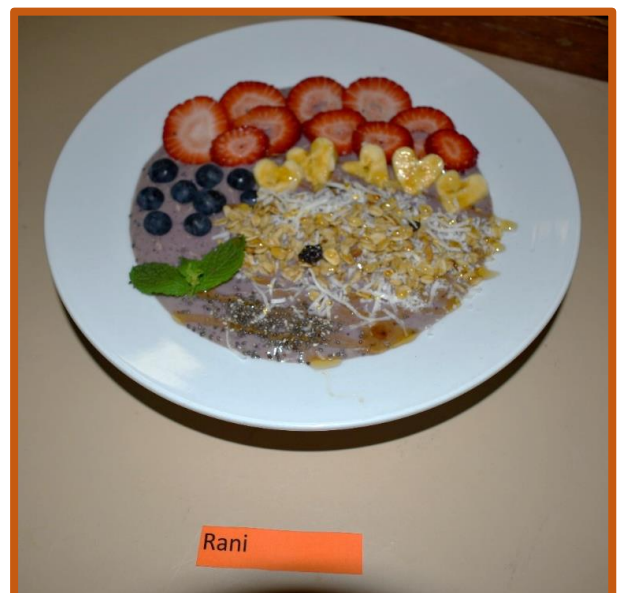
From the TAS Faculty

Year 8 Technology Mandatory have started the year making some delicious and healthy smoothie bowls. 8T1, put lots of effort into their presentation, check out these great examples:



A RAINBOW OF Smoothie Bowls

Jesse Jeanes
TAS & VET Hospitality Teacher
TAS Faculty



Go Deja!!!

More than 12 months ago Year 10 student Deja Barlow made the decision to grow her hair with a view to shaving and donating it to make wigs for children with cancer.



Kids With Cancer Foundation

That decision was driven not only by a loss in her family but also by family time spent at the Sydney Children's Hospital with her two younger brothers who both have a lifelong condition known as haemophilia, which is a bleeding disorder. Her brothers' clinic appointments were held in the same ward as the kids receiving treatment for cancer.

During the school holidays Deja cut her hair and shaved her head. The hair was donated to the Kids With Cancer Foundation. Deja is currently also trying to raise funds for the organisation.

If you would like to help Deja achieve her goal her fundraising page is:

<https://fundraise.kidswithcancer.org.au/s/103/96/e>



Thank you to everyone who has already donated and congratulations to Deja on all the fantastic work she has done for the foundation.

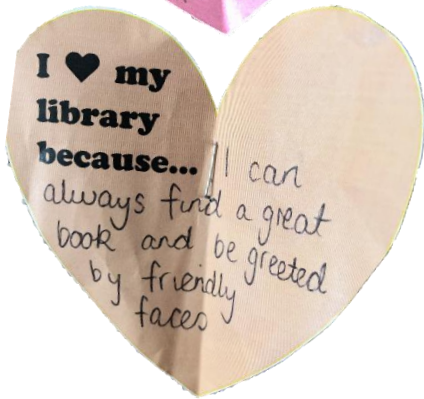
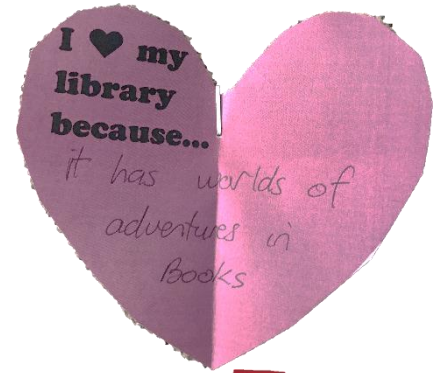
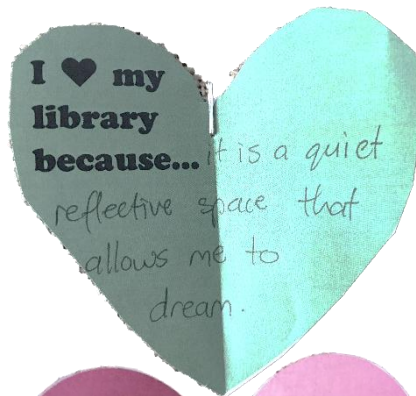
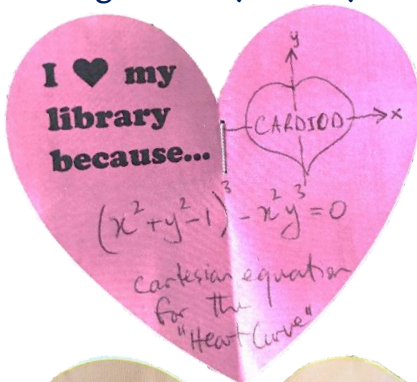


What's happening in the Library?



Students enjoying and exploring the virtual reality project in the Library.

Students and staff were invited to write sentiments onto hearts for Valentine's Day starting "I ♥ my library because" which were then displayed. Below are just a few.



*Haridian Ramirez
Teacher Librarian*



WHAT TO DO IF I AM BULLIED

If I feel hurt or upset by what someone else has said, written or done.

I tell a teacher or my Year Advisor
or
A friend tells my teacher or Year Advisor
or
I can make an anonymous notification on www.stymie.com.au

First Report:

Teacher will tell the bully to stop and help work out the problem.
My Year Advisor and Mr Borgert will be informed.

Second Report:

Mr Borgert or my Year Advisor will help me work out a solution.
The bully will be given a warning by Mr. Borgert

I may want to talk to the School Counsellor

Third Report:

Mr. Borgert will inform the Deputy Principal.
The bully will be given a warning by the Deputy Principal

My parents may be involved

Fourth Report or IF I AM IN DANGER

The Deputy Principal or Principal will interview the bully.
The bully may be suspended.

I will receive continued support from teachers, Mr. Borgert, the School Counsellor and the Deputy Principal

BELLINGEN HIGH SCHOOL UNIFORM

Bellingen High School asks all parents to send their children to school neatly dressed in correct uniform. Every student should take pride in their appearance and the wearing of school uniform is an important step in developing a good school spirit.

The Bellingen High School uniform has been agreed on following extensive community consultation and is supported by the P&C, Student Representative Council and Staff. It is expected that students will be in full school uniform at all times unless they are involved in an approved activity that does not require the uniform to be worn.

Students who have approval to be out of uniform are required to comply with the dress code that includes being neat and tidy with shirts that have a collar and sleeves. Fully enclosed shoes are to be worn at all times. The following items are unacceptable – ripped clothing, singlets, string shoulder tops as shirts, sleeveless shirts, low cut necklines or armholes, midriff tops, jumpers with hoods and slogan pictures.

The wearing of uniform is school policy at Bellingen High School. School uniform provides students with a sense of connection to the school. In a school like Bellingen, it also gives identity to the student body in a school which has students from varying levels of socio-economic backgrounds.

Students are not permitted to participate in extracurricular (non-compulsory) activities such as sporting representation or excursions if they have not made a genuine effort to wear school uniform. Parents can approach the school for assistance in this area if required. Please ring the Front Office to find out more.

To encourage uniform wearing we have: -

1. A commitment from the staff - both encouraging students and acting in a supervisory role.
2. P&C support.
3. A support network with parents.
4. A supporting statement from the SRC in relation to uniforms.

Parents can purchase and have embroidered cotton shirts for students who have an adverse reaction to the fabrics used in the uniform. Hopefully (reliant on delivery), we will have a sample of hemp shirts for \$30 available which look the same as those from Lowes.

Uniform items are **available from LOWES Toormina** who stock a full range. Items marked with * below are available from the school:

UNIFORM ITEMS FOR SALE AT FRONT OFFICE

| | | |
|---------------------------|-------------------|--------------------------------|
| ✦ Senior Girls Skirt | (Years 11 and 12) | \$45.00 <i>(limited sizes)</i> |
| ✦ Senior Girls/Boys Shirt | (Years 11 and 12) | \$18.00 |
| ✦ Jumper - V Neck | | \$25.00 |
| ✦ Jacket - Zip Up | | \$30.00 |
| ✦ Sport/PE Shirt (Gold) | | \$14.00 |

GIRLS: YEARS 7-10

- Bellingen High School Shirt
- Bellingen High School navy blue tartan skirt or navy blue shorts
- Navy blue pants or tracksuit pants
- * Navy blue jumper and/or school jacket (no hoodies)
- Black or single coloured **leather upper shoes**
- Acceptable sports shoes

BOYS: YEARS 7 - 10

- Bellingen High School Shirt
- * Dark blue jumper and/or school jacket (no hoodies)
- Grey or navy shorts or long pants (single colour) **OR** grey or navy tracksuit pants
- Black or single coloured **leather upper shoes**

GIRLS & BOYS: SPORT/PE

- Bellingen High School shorts or royal blue sports shorts
- * Gold polo shirt
- Sport shoes
- Hat (advisable)

SENIOR GIRLS: YEARS 11 - 12

- * Bellingen High School white Polo shirt
- * Bellingen High School royal blue skirt (*limited sizes*)
- Navy blue pants or tracksuit pants
- * Dark blue jumper and/or school jacket (no hoodies)
- Black or single coloured **leather upper shoes**,

SENIOR BOYS: YEARS 11 - 12

- * Bellingen High School White Polo Shirt
- * Dark blue jumper and/or school jacket (no hoodies)
- Grey or navy shorts or long pants (single colour) **OR** grey or navy tracksuit pants
- Black or single coloured **leather upper shoes**,

**Note: Shorts and skirts are to be not more than 10 centimetres from the knee.
NO jeans – shorts or jeans of ANY description or colour.**

Footwear:

Establishing and maintaining safe working environments is fundamental to the work of teachers and students. *Footwear is an important safety item. Good soles provide a sound grip on the floor preventing accidents from occurring. Footwear can also protect feet from mechanical or chemical damage.*

Department of Education policy clearly states that it is mandatory that students carrying out practical activities using chemicals or equipment in schools wear enclosed leather footwear. This includes all Science, Industrial Arts and Home Economics classes. Our commercial stainless steel kitchen is in operation and no student will be allowed in without leather footwear.

Students who attend school with inappropriate footwear (e.g. thongs, crocs, scuffs slip-on sandals without a strap, high heels, ugg boots or slippers) may be isolated from practical classes, or sent home to get footwear that is more appropriate. In all cases, it is best for students to have an explanatory note from home **AND** report to the Deputy Principal's office **before** school to get a Uniform Slip.



COME & PLAY HOCKEY



Bellinggen Hockey Club are inviting all junior players (4-16 years) to give hockey a go for the 2021 season.

We are fielding teams in Minkey, Under 9's, Under 11's, Under 13's & Under 15's (16 aged players can play if not registered in seniors) mixed competitions.

Bellinggen Come & Try sessions are for 8 years and above and will be held Tuesday 9th & 16th March 5-6:30pm in the MPC (Stockton Hall) at Bellinggen High School.

Hockey Coffs Coast sessions are open for ages over 5 years old and will be run by Hockey NSW accredited coach and local club coaches assisting:

- ☺ Monday 22nd March 5pm-8pm
- ☺ Saturday 27th March 9am-12noon.

For further information please contact Emma Brownlee on 0421 869 326 or email bellinggenhockeyclub@gmail.com

**Tuesday 9th &
16th March**

5pm-6:30pm

**Aged 8 years &
over**

**Bellinggen High
School MPC**

**New & Existing
Players Welcome**

**Hockey Sticks &
Shinpads
available for use**

**REGISTER TO
PLAY**

**Saturday Mornings at
the Coffs Hockey
Complex**

**Comp starts mid-April
Training Tuesdays
4:30-5:30pm**

**All new players receive
a free stick + Bellinggen
Hockey Club Hoodie**



BELLINGEN DORRIGO JUNIOR



RUGBY LEAGUE

2021 Registrations are now open

Register today at <https://profile.mysideline.com.au/register>

Registration Cost: U6's – U13's & Girls Leaguetag \$120

U16's \$150

No experience required, No weekly fees.

Active kids Voucher is accepted upon registering 

www.service.nsw.gov.au/transaction/apply-active-kids-voucher

All registered players receive a club shirt, shorts, socks, & drink bottle.

Training Times Commencing Tuesday March 2nd

- U6s-U9s – Wednesdays 4pm-5pm @ connell park
- U10s-U13s – Tuesdays & Thursdays 4pm-5pm @ connell Park
- Girls Leaguetag 13+ – Tuesdays & Thursdays 5pm-6pm @ Connell Park
- U16s – Mondays & Thursdays 5pm-6.30pm @ Connell park

For more information please see our Facebook page Bellingen Dorrigo Junior Rugby League
or email us at belligo@live.com.au



New Workshop for Parents!

Join the celebrated workshop series based on

*How to Talk So Kids Will Listen
& Listen So Kids Will Talk*

BY AWARD-WINNING AUTHORS

ADELE FABER AND ELAINE MAZLISH

How To Talk So Kids Will Listen™

YOU'LL LEARN HOW TO:

- **Help your child develop a realistic and positive self-image**
- **Set limits while maintaining goodwill**
- **Cope with your child's negative feelings**
- **Express anger without hurting**
- **Engage your child's willing cooperation**
- **Resolve conflicts peacefully**
- **Create a family atmosphere of love and respect**

TIME: 6pm Wednesdays 24th Feb

DATE: 6 week course → STARTS: 24th Feb

LOCATION: Youth Hub Bellinjan.

FOR MORE INFORMATION, CONTACT: 0418988893.

85TH
ANNIVERSARY



Australian
Air League

JOIN NOW

NSW Group

NSW GROUP IS NOW ENROLLING



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Children Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

**FOR MORE INFORMATION ON THE AUSTRALIAN AIR
LEAGUE AND YOUR CLOSEST SQUADRON
PLEASE CONTACT**



**www.airleague.com.au Email: info@airleague.com.au
Free Call: 1800 502 175**



Bringing
services
to your
community

March 4th,
2021
9am to
3pm



We're bringing NSW Government services to communities with our Mobile Service Centres

Access frequently used services including:

- Driver Knowledge Tests
- Cost of Living service
- Birth, death and marriage certificates
- Driver licence and Photo Card applications and renewals
- Working With Children Checks.

Visit service.nsw.gov.au/msc to find out when we're next near you.

Next in town



04th March 2021

Time: 9am to 3pm

Location: St Andrews Church Bellingen



Coffs Harbour Weekend Cartooning Workshops

Early Bird – Monday 5pm February 22, 2021

We are once again coming to the Greater Coffs Harbour Region to run our special weekend cartooning workshops.

WHERE: Naranga Public School – Robin Street, Coffs Harbour

WHEN: Saturday February 27 – Sunday February 28, 2021

- ☺ For children aged 4 – 15 years
- ☺ No previous drawing skills required
- ☺ Professional cartoonist will be running the program with 37 years' experience
- ☺ Working with children checks
- ☺ Strictest standards of hygiene will be adhered to
- ☺ All art & craft materials provided
- ☺ Choose from 4 different classes
- ☺ **Creative Kids \$100 vouchers accepted for NSW residents. First contact Service NSW and get the vouchers. One voucher per child. Once you have the vouchers – please call our office: 9343 0833. Do not book on our web site. The \$100 can go towards your child's attendance. If you would like to come for the full weekend – the difference will only be \$40.**

Payment Bookings (Not Vouchers)

1. Go to www.illustrating-man.com.au
2. Click on the colourful Cartoon Camp button in the middle of the home page
3. Select **Greater Coffs Harbour Region**
4. Complete the on-line form & payment

We look forward to seeing the children once again.

Early Bird Book all 4 classes before 5pm Monday February 22 and receive a set of 6 cartooning drawing books valued at \$60. The books will be given out at the program in Class 1.



DATES TO REMEMBER

FEBRUARY

| | |
|----|--------------|
| 22 | MNC Swimming |
| 26 | MNC AFL |

MARCH

| | |
|------|---------------------------|
| 1 | MNC Rugby Union |
| 2 | NC Swimming |
| 3 | NC Rugby League Trials |
| 4 | MNC Basketball |
| 5 | MNC Hockey |
| 8 | P&C Meeting |
| 8 | MNC Touch Football |
| 9-12 | Year 11 Camp |
| 10 | NC Hockey |
| 11 | MNC v LNC Rugby League |
| 12 | NC AFL |
| 15 | MNC Netball |
| 15 | NC Rugby Union |
| 16 | MNC Football |
| 17 | St Patricks Day |
| 18 | NC Basketball |
| 19 | NC Touch Football |
| 24 | NC Netball |
| 25 | MNC Rugby League Gala Day |
| 26 | NC Rugby League |
| 30 | Vaccinations |
| 30 | NC Football |



Bellingin Football Club is open for registrations for the 2021 season. All years Kindy to Year 12, Opens/all-age, and over 35s.

Teams fill up fast and training will begin in early March.

If you are intending to register now is the time!

Register at <https://www.playfootball.com/register>

For more info see Bellingin Football Club on Facebook (@bellinginfc) or webpage bellinginfc.com.au

Active kids vouchers accepted (enter as a voucher code on the sign up payment page).

Bellingin Netball



Registration & Clinics Saturday
13th, 20th & 27th March
Jrs 5-8yrs, intermediate 8-12yr,
high school/ladies

bellinginnetball@gmail.com

ingen Netball Club Facebook page PIC·COLLA



SIGN ON AFTERNOON & BBQ

Wednesday 3rd March

Dorrigo Rec Grounds

From 5pm

Register using the Rugby Xplorer App & Active Kids Voucher

Laptops will be available for registrations.

Under 8's to Under 12's mixed teams

& Girls Under 15's

Did you know?

- 😊 Before sleeping 93% of your mind begins to imagine stuff you would like to happen.
- 😊 A grizzly bear's bite is strong enough to crush a bowling ball.
- 😊 Golf is the only sport to have been played on the moon.