

5 February 2021

Bellingen High School NEWSLETTER

Telephone: 02 66551 315

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Website: <http://www.bellingen-h.schools.nsw.gov.au>



From the Principal

Welcome back to 2021 - hopefully a more cohesive start and follow through than 2020! We ended 2020 with some stellar HSC results and congratulate all students for their efforts. Bellingen High School students achieved nine Band 6 results and some notional Band 6's in extension subjects, with Paloma Birch (right) receiving the highest ATAR - and, as such, our 2020 Dux Award. Other students of note were Amelia Stehn, Chris Hogan,

Ethan Cheers, Rebecca Hodgson and Oliver Mayo. We held a breakfast for these students on the last Friday - students were already on holiday and so were staff - but many staff and approximately 15 students came in to see each other and discuss tests and where to from here. Well done one and all - and good luck in all you undertake from this point forward.



2021 has begun with a new cohort of Year 7 students, enthused and ready to learn! Welcome Week was quite the success, with many enthusiastic student projects undertaken and new relationships formed with teachers and forged with each other. Year 7 are now in their class groups and have just completed the undertaking of the standardised test, Best Start. The information this provides us in both Literacy and Numeracy markers will assist us in the provision of extra support for students who need it most - particularly after the disjointed year Covid provided and the difficulties many faced in home learning. This program of intensive support should be ready to fully commence in Week 4. Students involved in this Stage 4 program will receive a letter home seeking consent for this extra support to be engaged with.

This year, the school will begin the execution of a new School Plan (from Term 2). We have already sought ideas and support from P&C. It is exciting times to see the improvements we can make to the school itself, to staff learning and professional discourse and to student learning, wellbeing and outcomes achieved. Some of our focus will include: bookwork; assessment completion and differentiation.

Clearly, as we get back 'into the swing of all things school' - it is no surprise that Belling High has already begun to excel in Sport - notably Volleyball - both boys and girls (a photo of which is currently on the school sign). Well done to Mrs. Hoy and to the teams. What a phenomenal start to 2021!

Our first whole school assembly on Monday February 1, 2021 included the first public viewing, for students and staff, of the promotional video created last year. We think it is a tribute to Belling High and clearly demonstrates our strengths and focuses on student talents. For parents who want to take a look, but haven't yet - a link is on Facebook and it is on our website for your viewing pleasure. Students and staff clapped and cheered at its conclusion - they are, and should be, proud of their school and all it offers - and their part in it.

I look forward to another fabulous year of positives, great learning and many triumphs at Belling High in 2021- and am glad to be sharing the journey with you and your student.

Yours in Education:



Kim Dixon

Belling High School P&C

What are we about?

- ☺ We encourage parents to be involved in their child's journey through high school.
- ☺ We focus on how to make our school community better for all.
- ☺ We aim to promote Public Education and strive to support the staff and students at Belling High School by playing an active role in the school community.
- ☺ We believe that by working together, towards creating a positive school environment, we are contributing to the well-being of all - staff, students, parents and the broader community.

P&C Meetings are held in the Staff Common Room at 6.00pm on the second Monday of each month.

We look forward to seeing you at our next meeting on **Monday 8th March – 6.00pm**

ASSESSMENT TASKS TERM 1

YEAR 7		YEAR 8	
WEEK	SUBJECT	WEEK	SUBJECT
Week 7	Music	Week 6	Music
Week 8	English	Week 8	English / Science
Week 9	HSIE / Science / Tech Mandatory	Week 9	Technology Mandatory / Music
Week 10	Music	Week 10	HSIE / Music

YEAR 9		YEAR 10	
WEEK	SUBJECT	WEEK	SUBJECT
Week 6	Science / PDHPE / Marine Studies	Week 4	PASS
Week 7	IT Metal	Week 5	Music
Week 8	English	Week 7	Science / IT Metal
Week 9	PASS / Music / Marine Studies	Week 8	HSIE / English / Dance
Week 10	HSIE	Week 10	PDHPE / Music

YEAR 11

DAY / DATE	WEEK DUE	SUBJECT
Monday 1/3	Week 6B	Ancient History
Thursday 4/3	Week 6B	Business Studies
Friday 5/3	Week 6B	Modern History
Friday 19/3	Week 8B	Music
Tuesday 23/3	Week 9A	Geography
Monday 29/3	Week 10B	Business Services / Society and Culture
Tuesday 30/3	Week 10B	Mathematics Advanced and Standard
Wednesday 31/3	Week 10B	Economics / PDHPE
Thursday 1/4	Week 10B	Legal Studies

YEAR 12

DAY / DATE	WEEK DUE	SUBJECT
Monday 15/2	Week 4B	Geography
Thursday 18/2	Week 4B	Geography
Monday 15/3	Week 8B	Ancient History / Earth & Environmental Science
Tuesday 16/3	Week 8B	English Advanced / Standard/ Studies / Physics
Thursday 18/3	Week 8B	Business Studies / Visual Arts
Monday 22/3	Week 9A	Investigating Science
Tuesday 23/3	Week 9A	PDHPE
Thursday 25/3	Week 9A	Drama
Friday 26/3	Week 9A	Economics / Maths Ext 2 / Modern History / Music
Monday 29/3	Week 10B	Chemistry / Geography
Tuesday 30/3	Week 10B	Legal Studies
Thursday 1/4	Week 10B	Mathematics Advanced, Ext 1 and Standard

Day 1 for Years 7, 11 & 12





BELLINGEN HIGH SCHOOL BELL TIMES

PERIOD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Period 1 (Roll Marking)	9.00 – 9.49	9.00 – 9.49	9.00 - 9.49	9.00 – 9.49	9.00 – 9.49
Period 2	9.49 – 10.38	9.49 – 10.38 WEEK B ASSEMBLY	9.49 – 10.38	9.49 – 10.38	9.49 – 10.38
Recess	10.38 – 11.03	10.38 – 11.03	10.38 – 11.03	10.38 – 11.03	10.38 – 11.03
Period 3	11.03 – 11.52	11.03 – 11.52	11.03 – 11.52	11.03 – 11.52	11.03 – 11.52
Period 4	11.52 – 12.41	11.52 – 12.41	11.52 – 12.41	11.52 – 12.41	11.52 – 12.41
Lunch 1	12.41 – 1.06	12.41 – 1.06	12.41 – 1.06	12.41 – 1.06	12.41 – 1.06
Lunch 2	1.06 – 1.31	1.06 – 1.31	1.06 – 1.31	1.06 – 1.31	1.06 – 1.31
Period 5	1.31 – 2.20	1.31 – 2.20	1.31 – 2.20	1.31 – 2.20	1.31 – 2.20
Period 6	2.20 – 3.09	2.20 – 3.09	2.20 – 3.09	2.20 – 3.09	2.20 – 3.09

From the Deputy Principal

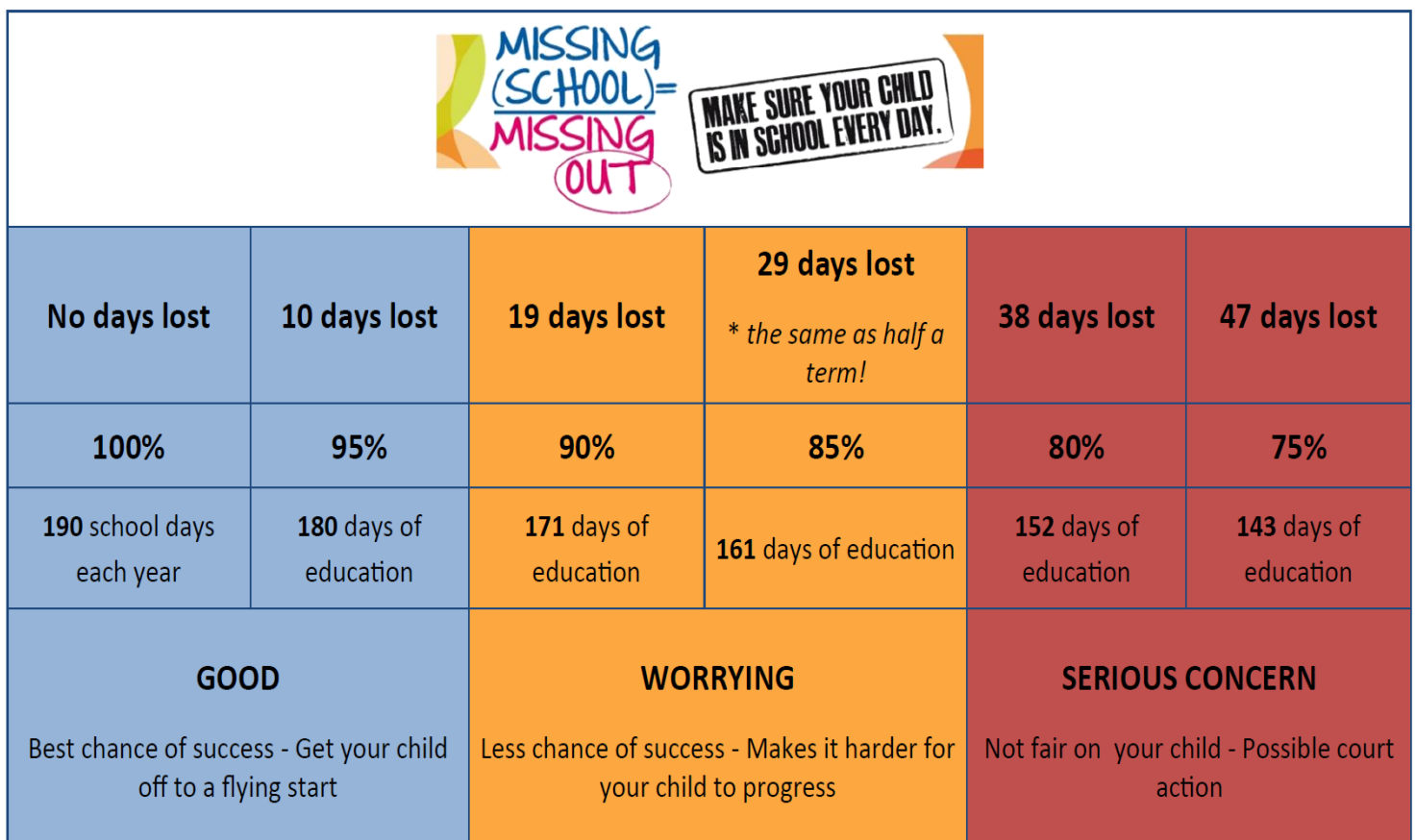
Attendance Matters

Regular attendance at school for every student is essential if students are to achieve their potential, and increase their career and life options. Schools in partnerships with parents are responsible for promoting the regular attendance of students. While parents are legally responsible for the regular attendance of their children, school staff, as part of their duty of care, record and monitor part and whole day absences. Schools, in providing a caring teaching and learning environment, which addresses the learning and support needs of students, including those with additional learning and support needs or complex health conditions, foster students' sense of wellbeing and belonging to the school community.

As a part of this Parents/Carers must ensure:

- Their children of compulsory school age are enrolled in a government or registered non-government school or, they are registered with the Board of Studies, Teaching and Educational Standards (BOSTES) for Home Schooling.
- Their children who are enrolled at school attend every day the school is open for their instruction.
- They provide an explanation for absences by means such as a telephone call, written note, text message or email to the school within 7 days from the first day of any period of absence.
- They work in partnership with the school to plan and implement strategies to support regular attendance at school, including communicating with the school if they are aware of issues impacting on their child's attendance or engagement with school

The infographic highlights the impact of missed school.



Uniform

It has been great to see so many of our students in uniform to start the New Year and we would like to thank all those students and families for making the effort to do this. I would like to remind everyone that 'Ruggers' are not part of our uniform and that shorts and skirts should be an appropriate length. If students are out of uniform they need to see the Deputy to get a uniform slip in the morning. If you require assistance to purchase uniform please contact the school on 66551315.

Technology Use

As a school our policy regarding Mobile Phones is that they are to be off and away during class time. If students do not follow these rules they are to hand their phone to the teacher and it will go to the office to be collected at the end of the day.

Accessing technology can be a challenging time for both students and parents. It is important to have clear boundaries around how the time allowed on technology/ mobiles and what can or cannot be accessed. The eSafety Commissioner is a great place to go to for more information and even free workshops for parents – follow the link:

<https://www.esafety.gov.au/parents/webinars>

Tim Laverty



Canteen News

**Place your canteen lunch orders online with
Cashless**

We are excited to announce the introduction of a new online lunch ordering system called **Cashless**.

Cashless will make lunch orders more convenient for both families and the canteen.

Steps to get started:

1. Go to www.cashless.school to register and download the app.
2. Add a profile for each of your children, making sure you select SCHOOLNAME and your child's class.
3. Start placing lunch orders! You can place orders up to two weeks in advance. Our Canteen menu is attached.

If you have any questions, please contact **Cashless** via their website.

Cashless is backed by Spriggy.com.au, a digital pocket money app designed to help parents improve the financial literacy skills of their children.

Vickie Smart
Canteen Supervisor

From the TAS Faculty

Welcome to all our 2021 students. Just a reminder that all students in TAS classes, including Technology Mandatory, must have leather enclosed shoes for practical lessons, as a WHS requirement.

Also, students in Years 7 to 10 will need a display folder for their work and folios.

Thanks from TAS.

Jesse Jeanes
TAS & VET Hospitality Teacher
TAS Faculty

	BLACK	LEATHER	ENCLOSED	SECURE	ACCEPTABLE
 Dunlop Volleys (Canvas)	✓	X	✓	✓	X
	X	✓	✓	✓	X
	✓	✓	X	X	X
	✓	✓	✓	✓	✓
	✓	✓	✓	✓	✓
	✓	✓	X	✓	X
	✓	✓	✓	✓	✓

Trial of SalvaNote (Mobile App)

During Term 1 this year, Bellingen High School will be trialling an educational mobile app to make it much easier for teachers to be in more frequent communication with parents of children in their care. The school will invite a number of parents to participate in this trial. At the conclusion of the trial, all participating parents and staff will be asked, in a survey, to tell the school what they thought about the mobile app. At that time, the Principal will decide whether or not to employ this app to promote better and more frequent communication with parents. During the trial, participating parents are encouraged to bring any questions or any feedback to the staff contact person, Mr. Jeff Borg, in the Mathematics Department.

Therefore, in the coming weeks **some** parents will be offered the opportunity to download the mobile app (called Salvanote) to their Android or Apple mobile phone. The app will have easy to follow instructions on how to sign up. The use of the app will be very similar to other communication apps like WhatsApp or Messenger. Some staff have volunteered to be a part of this trial with specific classes or groups of students – so not all teachers or all classes will have access during the trial period.

The app is free to download and free to use, with the only cost being the indirect cost of data. This cost is negligible, especially during the trial, when messaging via Salvanote is text-based. If you already use WhatsApp/Messenger/Telegram, etc., then you will be familiar with this kind of data usage. The app will not use SMS functionality on your phone.

[So keep posted. Salvanote is coming!](#)

NB 'Salva' is from Latin with various shades of meaning. We have chosen 'safe' as the meaning we prefer. 'Note' is self-explanatory about communication, especially in written form. So the name Salvanote has a background in meaning as "safe communications". So the name emphasizes the importance of the messages being encrypted.

From the CAPA Faculty

Instrumental Lessons 2021

The following individual instrumental lessons are available at Bellingin High School along with the hire of instruments. Lessons available are:

- ☺ Stringed instruments - Violin, Viola, Cello and Double Bass
- ☺ Brass Instruments - Trumpet, French Horn, Trombone
- ☺ Woodwinds - Flute, Oboe, Clarinet Saxophone, Bassoon
- ☺ Percussion - Drum Kit , Mallets
- ☺ Voice
- ☺ Piano

Please contact the Music department should your child wish to take advantage of this opportunity.

Ensemble Rehearsals 2021

Our 2021 rehearsal days/times for this year are:

- ☺ Band – Tuesday 7.50am
- ☺ Jazz Band – Wednesday 7.50am
- ☺ Strings – Thursday 7.50am
- ☺ Musicianship classes run on Tuesdays directly after school till 4.15pm.

Please speak to either Ms. Phelan or Mrs. Borgert in the Music Staffroom for more information.

Annie Phelan
Head Teacher CAPA

From the PDHPE Faculty

PE Uniform 2021

All students must change into appropriate PE uniform for Physical Education lessons and Sport. This is for both personal hygiene and consideration for students who sit near them in lessons later in the day.

Being prepared with appropriate change of uniform forms part of all students' assessment.

Students are required to have the following uniform:

- Yellow polo shirt
- School shorts
- Appropriate footwear
- Hat (essential for sun safety)

Change will be marked as:

2 – Correct PE uniform 1 – Changed 0 – Incomplete/No change

Julie Taylor
Head Teacher PDHPE



Bellingen High School

Principal: Kim Dixon

1125 Waterfall Way, Bellingen, N.S.W. 2454
Telephone: (02) 6655 1315 Facsimile: (02) 6655 2630
E-mail: Bellingen-h.school@det.nsw.edu.au



Dear Parent / Carer,

Your child is involved in a technology-rich project at school which includes the use of a HPZ immersive Virtual Reality kit. This computer hardware is used by wearing a head mounted display (HMD) that is tethered to a high-power PC. The image represents how your child may interact with the computer.



The school has access to a detailed risk assessment that outlines the likelihood of risk or injury during the safe use of this technology.

- Students with a medical diagnosis of Epilepsy should not participate in this project.
- Students will need to work with a 'buddy' while wearing the head mounted display to ensure they stay within a safe working area, clear of obstructions. Students with communication difficulties should not participate in this project
- Students that suffer from severe motion sickness should not participate in this project.

If you believe that your child is at risk, as described in the three points above, please complete the note below and have them return it to the school's Library. Extra notes can be obtained from the Library.

Haridian Ramirez
Teacher Librarian

Kim Dixon
Principal

Virtual Reality Student Note

Please excuse my son/daughter/ward _____ in Year ____
(Name of Student)

from participating in the virtual reality project. Due to one of the reasons outlined above, this task is unsuitable for him/her.

(Name of Parent/Carer)

Signature of Parent/ Carer

____ / ____ / ____
Date

Careers News

Remember to follow careers news and local job vacancies on our Bellingen High Careers Education Facebook page: <https://www.facebook.com/CareersBellingenHigh>



Bellingen High School Careers Education

@CareersBellingenHigh · School

+ Add a Button

We also have a website for students and parents: <https://bellingenhigcareers.com>

Frieda Gorman
Careers Adviser

School Fees

Student invoices will be emailed / mailed home later this term. Please remember these subject fees cover the cost of sundries to be used in class therefore prompt payment is appreciated. Accounts may be paid in full or whatever can be afforded to you each week/fortnight/month. We also have Eftpos facilities available for convenience at the Front office and payments can be made via our school website.

In this newsletter is a 2021 fee sheet. Please note that some amounts are subject fees only and will be increased by an extra amount depending on the projects/excursions undertaken.

Newsletter

We have available to any parents (who are not already on our list) the ability to email you our fortnightly Newsletter. Newsletters are also on the school's website.

For emailing, parents will need to provide their email address to the Front Office and remember to check your inbox.

Thirsty? Choose Water!

Childhood overweight and obesity is a significant health issue. Consuming sugar sweetened beverages contributes to this. Evidence suggests that promoting increased water consumption and provision of chilled water stations reduces sugar sweetened beverage consumption – Bellingen High School has two water stations installed which is being successfully utilised by both students and staff, especially during our hot weather.

**THIRSTY?
CHOOSE
WATER!**

choosewater.com.au NSW Health

Can't get your child to drink water?

- Don't buy soft drinks, cordials etc
- Provide water in a refillable drink bottle
- Keep a jug of water in the fridge
- Have water on the table at mealtimes
- Drink water yourself
- Remind them that soft drinks are for special times not everyday

with meals

refillable

SPECIAL OCCASIONS

in the fridge

VOLUNTARY AND SUBJECT/ELECTIVE FEES 2021

Year 7	Cost \$
<i>Voluntary Contribution</i>	40.00
<i>Language (Indonesian)</i>	25.00
<i>Music</i>	10.00
<i>Technology – Food / Textiles</i>	40.00
<i>Technology – Timber / Metal</i>	40.00
<i>Visual Arts</i>	30.00
TOTAL YEAR 7 FEES	\$185.00

Year 8	Cost \$
<i>Voluntary Contribution</i>	40.00
<i>Music</i>	10.00
<i>Technology – Food / Textiles</i>	40.00
<i>Technology – Timber / Metal</i>	40.00
<i>Visual Arts</i>	30.00
TOTAL YEAR 8 FEES	\$160.00

Year 9	Cost \$
<i>Voluntary Contribution</i>	50.00
<i>Agriculture</i>	30.00
<i>Ceramics</i>	50.00
<i>Child Studies</i>	30.00
<i>Design & Technology</i>	60.00
<i>Drama</i>	10.00
<i>Engineering</i>	60.00
<i>Film & Video</i>	35.00
<i>Food Technology</i>	140.00
<i>Industrial Technology – Metal</i>	80.00
<i>Industrial Technology – Timber</i>	80.00
<i>Marine Studies</i>	200.00
<i>Music</i>	20.00
<i>Photography</i>	50.00
<i>Riverwatch</i>	40.00
<i>Visual Arts</i>	45.00

Year 10	Cost \$
<i>Voluntary Contribution</i>	50.00
<i>Agriculture</i>	30.00
<i>Drama</i>	10.00
<i>Film & Video</i>	35.00
<i>Food Technology</i>	140.00
<i>Music</i>	20.00
<i>Photography</i>	50.00
<i>Technology – Metal</i>	80.00
<i>Technology – Timber</i>	80.00
<i>Visual Arts</i>	50.00

Year 11	Cost \$
<i>Voluntary Contribution</i>	60.00
<i>Aboriginal Studies</i>	75.00
<i>Biology</i>	40.00
<i>Business Services</i>	30.00
<i>Chemistry</i>	30.00
<i>Drama</i>	15.00
<i>Industrial Technology – Timber</i>	100.00
<i>Industrial Technology – Metal</i>	100.00
<i>Music</i>	20.00
<i>PDHPE</i>	30.00
<i>Physics</i>	30.00
<i>Primary Industries</i>	50.00
<i>Visual Arts</i>	60.00

Year 12	Cost \$
<i>Voluntary Contribution</i>	60.00
<i>Aboriginal Studies</i>	75.00
<i>Biology</i>	30.00
<i>Business Services</i>	30.00
<i>Chemistry</i>	30.00
<i>Earth & Environmental Science</i>	30.00
<i>Drama</i>	20.00
<i>Hospitality – Kitchen Operations</i>	120.00
<i>Industrial Technology - Metal</i>	80.00
<i>Investigating Science</i>	30.00
<i>Music</i>	20.00
<i>PDHPE</i>	30.00
<i>Physics</i>	30.00
<i>Primary Industries</i>	50.00
<i>Visual Arts</i>	60.00



Please note that some amounts are subject fees only and will be increased by an extra amount depending on the projects and/ or excursions undertaken.

Making a complaint about our schools

We are committed to resolving complaints promptly, so it's best if you let us know about your concerns as early as possible.

For some matters it may be appropriate to talk to the school principal. If you aren't sure who to complain to, your child's teacher or school office staff can provide you with the correct contact details.



Talking about problems can be the best way to start resolving them.

Start by contacting your child's teacher, by talking to school office staff, or in high school try the year advisor. You can raise your complaint in person, by email, over the telephone or by letter if you prefer. Make a time to meet with the teacher or phone the school and ask for an appointment.



Sometimes, we may ask you to put the complaint in writing. Include details and tell us what you would like to happen as a result of the complaint.

We can help you to put your complaint in writing. You can also use the [complaint form](#) or the [Feedback Assist widget](#) - both are on the Department of Education website. Make a time to meet with the teacher or phone the school and ask for an appointment.



In many cases, staff can manage a complaint made directly to them. Some complaints will need the involvement of the principal or workplace manager.

The person managing the complaint will gather the information they need to properly assess the concerns and make a decision about the best way forward. The complaint manager may make inquiries before contacting you.

When responding to a complaint, we may do one or more of the following:

- **take action to fix the matter or improve the situation**
- **apologise**
- **provide an explanation**
- **acknowledge that the situation could have been handled better or differently**
- **undertake to review policies as a result of your complaint.**

Sometimes, we may not be able to change what has happened or the complaint manager will decide that the original decision was appropriate in the circumstances. Whatever the outcome, the complaint manager will give you clear reasons for their decision. This may be in a meeting or by telephone or by email.



If you are not satisfied with the outcome, you can ask to speak to the complaint manager to talk about the issues and raise your concerns.



If you are still not satisfied or believe that the complaint outcome was incorrect and/or the complaint handling process was unfair, you can request a review. The request should be addressed to the initial complaint manager or their supervisor.



Reviews should be completed by a person who has not been the subject of the complaint in any way and has not been involved in managing the complaint.

External reviews of complaints may be conducted by organisations such as the NSW Ombudsman.

New Workshop for Parents!

Join the celebrated workshop series based on
How to Talk So Kids Will Listen
& *Listen So Kids Will Talk*

BY AWARD-WINNING AUTHORS
ADELE FABER AND ELAINE MAZLISH

How To Talk So Kids Will Listen™

YOU'LL LEARN HOW TO:

- **Help your child develop a realistic and positive self-image**
- **Set limits while maintaining goodwill**
- **Cope with your child's negative feelings**
- **Express anger without hurting**
- **Engage your child's willing cooperation**
- **Resolve conflicts peacefully**
- **Create a family atmosphere of love and respect**

TIME: 6pm Wednesdays 24th Feb

DATE: 6 week course → STARTS: 24th Feb

LOCATION: Youth Hub Bellinjan.

FOR MORE INFORMATION, CONTACT: 0418988893.

BELLINGEN HIGH SCHOOL CANTEEN MENU 2021

ASSORTED SALADS		HOT FOOD	
Salad of the Day	\$4.00	Vegetarian Fried Rice	\$3.00
Garden Salad (options – Ham / Egg Cheese / Chicken / Tuna)	\$5.00	Fried rice	\$3.00
Fruit Salad	\$4.00	Cheese & Spinach Rolls	\$3.00
		Home Made Pizza (Ham & Cheese / Ham & Pineapple / BBQ Chicken / Meatlovers)	\$4.00
ASSORTED SANDWICHES / WRAPS		Sausage Roll	\$2.50
Ham & Salad	\$5.00	Meat Pie	\$4.00
Egg & Lettuce	\$5.00	Meat Pie - Small	\$2.50
Chicken, Mayo & Lettuce	\$5.00	Vegetarian Pie	\$4.00
Cheese & Salad	\$5.00	Noodle Cups	\$2.00
Roast Beef & Salad	\$5.00	Chicken / Oriental / Beef	
Tuna & Salad	\$5.00	Sweet Chilli Chicken Burger	\$5.00
SNACKS		Sweet Chilli Tenders	\$1.50
Assorted Muffins – Blueberry / Apple Cinnamon / Raspberry / Coconut & Banana / Chocolate	\$2.00	Vegetarian or Beef Burger <i>(Must be ordered)</i>	\$5.00
Assorted Slices	\$1.50	Potato Wedges	\$3.00
Custard /Jelly Cups	\$2.00	(Sour Cream 50c extra)	
Chocolate Mousse	\$1.00	SPECIALS OF THE DAY	
Assorted Yoghurts	\$2.50	Spaghetti Bolognese / Lasagne /	
Fresh Fruit	\$1.00	Mexican Wrap / Butter Chicken /	\$4.00
Grainwaves - Sour Cream & Chives	\$1.00	Pasta Bake	
Carrot, Celery & Capsicum Sticks with Dip of the Day	\$2.00	Toasted Sandwiches (Ham / Cheese & Ham / Cheese / Cheese & Tomato)	\$2.00
Chips - Sea Salt / Honey Soy	\$1.00	<i>(Must be ordered)</i>	
HOT SNACKS		BREAKFAST ITEMS	
Cheese & Bacon Scroll	\$3.00	Toast - Cheese / Vegemite	\$1.00
Garlic Bread	\$1.50	Ham & Egg muffin	\$3.00
Cheesy Garlic Bread	\$2.00	Hash Browns	\$0.50
ICE CREAMS		Banana bread (2 slices)	\$3.00
Paddle Pop - Rainbow	\$1.50	Up and Go – Chocolate / Vanilla	\$2.50
Moosies - Chocolate / Blue Moon	\$0.80	Cereal Cups – Milo / Nutri Grain / Sultana Bran	\$1.50
Quelch Sticks	\$1.00	DRINKS	
Bevo - Orange Ice Cup	\$1.00	Norco Fresh Milk	\$2.30
Bevo - Apple Blackcurrant Ice Cup	\$1.00	Norco Natural Milk – Honey Malt/ Chocolate	\$4.00
Ice Mony - Lemon ice / Raspberry / Blue Raspberry / Chocolate / Grape / Watermelon / Strawberry	\$1.60	Norco Real Iced Coffee / Iced Chocolate / Iced Strawberry	\$4.00
<p>Food Facts:</p> <ul style="list-style-type: none"> • Almonds are a member of the peach family. • Coffee is the most recognised smell in the world. • Mayonnaise will kill lice and also condition your hair. • Pear is a fruit that ripens from the inside out. • Corn makes up about 8% of the weight in a box of cornflakes. • On Sesame Street, Cookie Monster’s cookies are actually painted rice cakes. • Lemons float, but limes sink. 		Bundy Juice – Orange / Apple / Apple Blackcurrant	\$3.20
		Lipton’s Iced Tea – Lemon / Peach / Mango / Raspberry	\$3.50
		Assorted Juice Bombs	\$2.50
		Assorted Aloe Drinks	\$2.50
		Assorted Chill Iced Teas	\$2.00
		Milo Milk Cups (Hot in Winter)	\$1.50
		Water - 500ml	\$2.20
		Water - 1 Litre	\$3.40



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
-  lessons & activities
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



Contact

Your local Saver Plus Coordinator

Phone

0428 428 444

Email

CoffsHarbourSP@thesmithfamily.com.au

Online

saverplus.org.au

Find us on Facebook 



* Many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

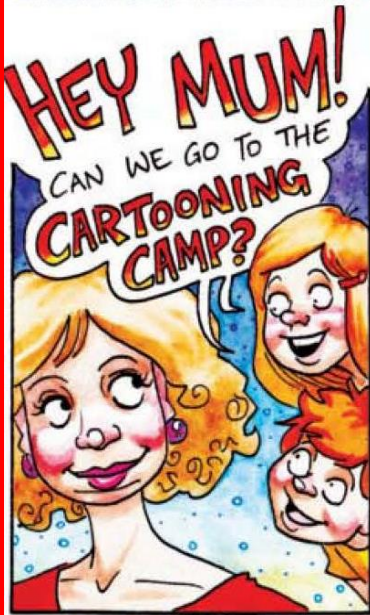


Weekend Cartoon Camps

Creative Kids Voucher: \$100. The difference of \$40 can be paid with credit card: 02 9343 0833. bookings@cartoonkingdom.com.au



\$100 Creative Kids voucher. Families can use the \$100 voucher at our program. Contact Service NSW to get the vouchers then call our office: 02 9343 0833.



Saturday: 10am - 2pm / 2pm - 6pm / 6pm - 9pm Sunday: 10am - 2pm

\$35 per class

www.illustrating-man.com.au

EARLY BIRD

Book before 5pm Monday February 22nd 2021 for the Early Bird Special.



Book all 4 classes (1, 2, 3, 4) & we will give your child a set of 6 Cartooning Books valued at \$60.

No phone booking enquiries only: 9am - 5pm (EST)
Calls outside of these times will be returned the following day.

Enquiries: (02) 9343 0833
bookings@cartoonkingdom.com.au
www.illustrating-man.com.au

Mail: Suite 2, 29 Newland Street, Bondi Junction 2022

Greater Coffs Harbour Region

Saturday Feb 27th - Sunday Feb 28th, 2021

Narranga Public School
Robin Street,
Coffs Harbour

- Covid-Safe
- Working with Children Checks
- A professional cartoonist will be running the program
- All art materials included
- We accept Creative Kids vouchers valued at \$100. If the children wish to come for the full weekend, the cost will only be \$40 per child



If using the \$100 Creative Kids Voucher

1. First contact service NSW. Each child aged 4 - 17 is allowed \$100 per year to attend our programs.
2. Once you have the Vouchers please call our office: 02 9343 0833 (8.30am - 4.30pm Mon - Fri) The voucher starts with 9999... We need the child's name & their date of birth. If you want to attend all 4 classes - you only need to pay \$40 per child difference.

DATES TO REMEMBER

FEBRUARY

8	P&C Meeting
8	Year 7 Best Start
12	NC Volleyball
15	Year 12 University Roadshow
15	Years 7 & 11 Meet the Parents
15-18	CHS Cricket (Girls)
22	MNC Swimming
26	MNC AFL

MARCH

1	MNC Rugby Union
2	NC Swimming
3	NC Rugby League Trials
4	MNC Basketball
5	MNC Hockey
8	P&C Meeting
8	MNC Touch Football
9-12	Year 11 Camp
10	NC Hockey
11	MNC v LNC Rugby League
12	NC AFL
15	MNC Netball
15	NC Rugby Union
16	MNC Football
17	St Patricks Day
18	NC Basketball
19	NC Touch Football
24	NC Netball
25	MNC Rugby League Gala Day
26	NC Rugby League
30	Vaccinations
30	NC Football



Bellinghen Football Club is open for registrations for the 2021 season. All years Kindy to Year 12, Opens/all-age, and over 35s.

Teams fill up fast and training will begin in early March.

If you are intending to register now is the time!

Register at <https://www.playfootball.com/register>

For more info see Bellinghen Football Club on Facebook (@bellinghenfc) or webpage bellinghenfc.com.au

Active kids vouchers accepted (enter as a voucher code on the sign up payment page).

COOPERS SURF PRESENTS
2021 CCBA
REGISTRATION DAY

FEBRUARY
07
10AM - 1PM

JETTY STORE
28 ORLANDO STREET
COFFS HARBOUR 2450

FREE DRINKS
FREE STICKERS

\$80 MEMBERSHIP*

GROMS U14
CADETS U16
JUNIORS U18
OPEN MENS
MASTERS 35+
DROPKNEE

PRE-ORDER YOUR WINTER
MERCH PACKS
\$50 HOODIE, BEANIE & SOCKS

6 LOCAL EVENTS

CCBA
SURFING NSW

Did you know?

- ☺ There are twice as many kangaroos in Australia as there are people. The kangaroo population is estimated at about 40 million.
- ☺ St. Stephen is the patron saint of bricklayers.
- ☺ Mr Potato Head was the first toy to be advertised on TV.
- ☺ The largest number of children born to one woman is recorded at 69. From 1725-1765, a Russian peasant woman gave birth to 16 sets of twins, 7 sets of triplets, and 4 sets of quadruplets.