

October 28, 2022

# Bellingen High School NEWSLETTER

Telephone: 02 66551 315

Website: <http://www.bellingen-h.schools.nsw.gov.au>



*Gumbaynggirr Country*

## News from the Relieving Principal Wellbeing Fest 2022

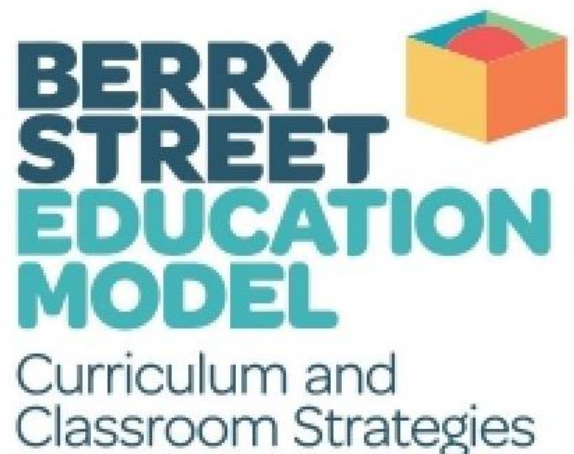
What an amazing day we had as a school last Friday. The wide variety of activities provided for staff and students to engage in conversations and activities outside of the classroom in helping build authentic student teacher relationships was simply brilliant. I would like to thank everyone for the way they engaged with the day and especially Magda Pomroy who organised the whole event and the adaptability of staff in coping with the wet weather.

### Check In Assessment

Over the coming weeks students in Years 7, 8 and 9 will complete check in assessment. This is an opportunity for us as a school to collect data about their learning as we plan for 2023.

### Berry Street Education Model Professional learning

Next week staff will continue the professional learning provided by The Berry Street Education Model. This is a training course that enables educators to increase engagement with students who struggle in the classroom and successfully improve all students' self-regulation, growth, and academic achievement. It is based around trauma informed positive education practices and will help build consistent teaching practices across the school.



*Tim Laverty*

# Foyer gets a facelift!

Our school admin foyer has had a fantastic makeover with a mural designed and painted by Gumbaynggirr artist Brentyn Lugnan. Thank you to Chrissy Witt for coming up with the idea and contacting Brentyn, and to Jenni Farrands for assisting. Thanks also to our GA's who set the foyer up ready for the transformation.

Brentyn spoke at a recent assembly about the mural and its meaning .....



## Journeys to Bellingen 2022

This piece reflects the travels of students to come together for learning at Bellingen High and the sacredness of this Gumbaynggirr land.

I have used the colours of local ochres to give a warm, welcoming feel to the work and express its ties to the old people.

The Bellingen River can be seen in red ochre lined with white dots, the white being to represent my Gumbaynggirr family and ceremony, and our constant connection to this area. The many circles are gathering places or family units, the largest being Bellingen High. From the smaller ones, travel lines show the journeys taken by everyone to come to the school.

The U shapes are an ancient symbol for people and kangaroo tracks are seen crossing this land, a homage to the local animals that have been displaced from the region.

Gumbaynggirr artist  
Brentyn Lugnan 2022





# Inclusive, Engaging and Respectful Schools

The Inclusive, Engaging and Respectful (IER) Schools package was announced in February this year by NSW Minister for Education and Early Learning, Hon Sarah Mitchell.

It centres on three new policies and procedures and a framework that together set the guidelines for how we ensure all children and young people can learn through public education in a safe and engaging way. The IER Schools package includes the:

- ✓ Inclusive Education Policy for students with disability
- ✓ Student Behaviour Policy and Procedures
- ✓ Restrictive Practices Framework and Restrictive Practices Reduction and Elimination Policy and Procedures.

With these new policies, we want all students to:

- be included in all aspects of school life and supported to learn to their fullest capability
- be supported in engaging, respectful, and effective classrooms with positive and inclusive practices
- feel welcomed, valued, and safe in our schools and classroom

Two of the policies are new: the Inclusive Education Policy; and the Restrictive Practices Framework and policy. Both clarify *existing* legal obligations, effective, appropriate, and prohibited practices, and the rights of students, parents, and carers.

The Student Behaviour Policy replaces the Student Discipline in Government Schools and Suspension and Expulsion Policy. The key change is the approach all NSW public schools will take to address disruptive or inappropriate behaviour by a student. The duration of a suspension will be reduced along with the number of suspensions across a school year. Every school will be able to draw on the support of a range of staff including behaviour specialists to effectively address issues resulting in these behaviours in order to prevent future escalations. We will continue to work closely with you and all our families.

It does not mean, however, that students who are violent or seriously disrupt the learning and wellbeing of others will be kept at school. Any student who puts the safety of other students, teachers and staff or visitors at risk of harm – will be suspended until it is safe for them to return.

The Inclusive Education Policy for students with disability and the Student Behaviour Policy become operational in Term 4, 2022 and the Restrictive Practices Policy becomes operational in Term 1, 2023.

As a staff we are reviewing our current approach to all of the areas covered by these policies and will share these with you over the coming terms. Our school already takes a strong, positive student-centred approach, but we want to work with you to ensure, together, every student has the right support at the right time to help them grow into confident, resilient adults.

For more information on these policies, please visit the [NSW Department of Education website](#).

# Careers News

## Year 11s spend school holidays at University!

During the recent holidays Year 11 students James Pollard, Riley Bell, Sam Borgert, Kirra Dean and William Russell experienced university life at UNSW Sydney as part of UNSW's Regional Residential Program.

Meanwhile Deja Barlow attended the Engineering & IT camp for Indigenous students at University of Technology, Sydney.



All thoroughly enjoyed their experiences and are feeling motivated for future career planning.



**UNSW**  
SYDNEY



**UTS**

UNIVERSITY  
OF TECHNOLOGY  
SYDNEY



# UPCOMING EVENTS

- ❖ **OHS White Card Training** - Monday November 14, cost \$25 (subsidised price), places limited to 20. Enrolment forms must be returned to the front office by November 3. Age 14+
- ❖ **Year 11 into 12** - Queensland Uni Excursion, November 24 and 25, cost \$180, permission notes and deposit due by Friday October 28.
- ❖ **Year 11 into 12** - Newcastle Uni Information Session, Monday November 7 during lunch (please sign up on Careers Noticeboard). Snacks provided.
- ❖ **Year 10 Work Experience** - commences November 28. Thank you to all who have returned their paperwork. Copies of paperwork and logbooks will be issued during week 5.
- ❖ **Apprenticeships** - Plumbing, Roof Plumbing and Air Conditioning available in Coffs Harbour. Anyone with a P1 licence or close to getting their P1 license can apply. Contact Glen Cassidy at HIA on 0420 306 481.

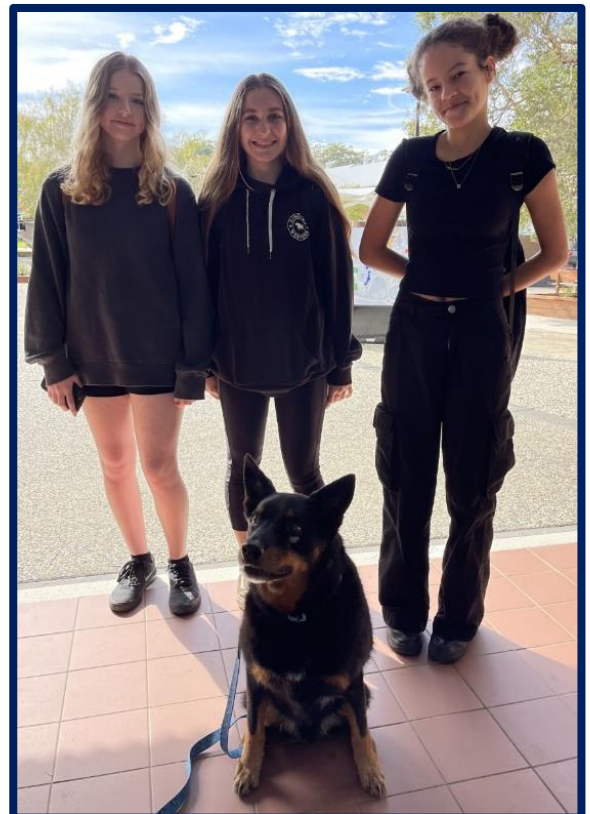
## TAFE Tasters

Several of our Year 9 and 10 students have commenced TAFE Tasters this week with a wide variety of interesting courses including Animal Studies, Screen and Media, Car Mechanics, Early Childhood, Barista, Pharmacy and Retail .

The program offers a range of activities to enable students to see, explore and experience various career options with a focus on practical experiences to engage with the world of work in a practical and engaging way.

Photo shows Animal Studies students Sophie, Sharntae and Maizi at the start of day 1.

*Frieda Gorman*  
*Careers Advisor*



# Help us do better

The *Tell Them From Me* parent survey is your chance to let us know how we are doing.

## Complete the survey

To access the survey, click on the following link (from a laptop/desktop or your mobile)  
<http://nsw.tellthemfromme.com/qr94m>

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/>



Open

Closes



13 October 2022

4 November 2022

## Your results will help us



Build a better school



Improve the family experience



Allocate our resources to better support our students

# Year 10 Yearly Examination Timetable

PERIOD	MONDAY NOVEMBER 7 Week 5A	TUESDAY NOVEMBER 8 Week 5A
1	ENGLISH	SCIENCE
2		
<b>RECESS</b>		
3	MATHEMATICS PAPER 1	
4	MATHEMATICS PAPER 2	

## Assessment Tasks – Term 4

YEAR 10			
SUBJECT	WEEK	DATE	TASK
HSIE 10.2	6B	18/11/22	Hand in task

YEAR 11 (12)		
SUBJECT	WEEK	DATE
Ancient History	8B	28/11/22
Earth & Environmental Science	8B	1/12/22
Biology	9A	5/12/22
Business Studies	9A	6/12/22
Modern History	9A	6/12/22
Legal Studies	9A	9/12/22
Mathematics Extension 2	9A	9/12/22
Physics	10B	12/12/22
Society and Culture	10B	12/12/22
Chemistry	10B	13/12/22
Mathematics Extension 1	10B	13/12/22
Mathematics Advanced	10B	14/12/22
Mathematics Standard 2		
Mathematics Numeracy		

## Bellingen High School P&C Meeting

Monday November 14, 2022

6pm Staff Common Room

*All Welcome!*

*Note: Minutes of P&C Meetings are accessible via the Bellingen High School website ☺*

 @BELLINGENHIGHPC



# Creative Scholarships

**CAMP  
CREATIVE**  
BELLINGEN

*A week of learning & fun in  
the creative & performing arts!*

9-13 January 2023

## Camp Creative 2023

Scholarships are now available for kids & teens aged 5 – 18 across Coffs Harbour, Nambucca and Bellingen Shires.

They'll get five full days of creativity across a range of course options including music, visual art, singing, drama, dance, craft and more!

## How to apply

Go to

[www.campcreative.com.au](http://www.campcreative.com.au)

and follow the links to the application form.

Applications close 5.00 pm, Tuesday 1 November 2022.

For more info contact [scholarships@campcreative.com.au](mailto:scholarships@campcreative.com.au)





# 2022 HSC Written Exam Timetable • Week 4

	Monday 31 October	Tuesday 1 November	Wednesday 2 November	Thursday 3 November	Friday 4 November
	HSC Day 14	HSC Day 15	HSC Day 16	HSC Day 17	HSC Day 18
<b>AM</b>	<b>Chemistry</b> 9.25am – 12.30pm	<b>Economics</b> 9.25am – 12.30pm <b>Tourism, Travel and Events (VET)</b> 9.25am – 11.30am <b>Modern Hebrew Continuers</b> 9.30am – 12.30pm	<b>Personal Development, Health and Physical Education</b> 9.25am – 12.30pm	<b>Business Services (VET)</b> 9.25am – 11.30am <b>Physics</b> 9.25am – 12.30pm	<b>Food Technology</b> 9.25am – 12.30pm
<b>PM</b>	<b>Automotive (VET)</b> 1.55pm – 4.00pm <i>Vehicle Body</i> <i>Mechanical Technology</i> <b>Society and Culture</b> 1.55pm – 4.00pm <b>German Extension</b> 2.00pm – 4.00pm <b>Vietnamese Continuers</b> 2.00pm – 5.00pm	<b>Visual Arts</b> <i>Art Criticism and Art History</i> 1.55pm – 3.30pm	<b>Agriculture</b> 1.55pm – 5.00pm <b>Software Design and Development</b> 1.55pm – 5.00pm <b>Arabic Continuers</b> 2.00pm – 5.00pm	<b>Dance Section I</b> <i>Core Appreciation</i> 1.55pm – 3.00pm <b>Dance Section II</b> <i>Major Study Appreciation</i> 3.10pm – 4.30pm <b>Information and Digital Technology (VET)</b> 1.55pm – 4.00pm <i>Digital animation</i> <i>Networking and hardware</i> <i>Web and software applications</i>	<b>Design and Technology</b> 1.55pm – 3.30pm

# Ian J. Cooper Awards

## Nominations NOW OPEN



Council invites individuals, groups and businesses to nominate for an Ian J. Cooper Award for Access and Inclusion.

These awards are made to local services, groups, businesses or individuals in acknowledgment of their efforts to improve access to their service or premises or groups who are inclusive of people with different abilities.

Nomination forms can be completed and submitted by any member of the Bellingen Shire community on behalf of a group, organization, business or service or an organization can self nominate. (paper copies are available at local libraries: Bellingen, Urunga, Dorrigo and Councils Admin Building) or you can access it online <https://www.bellingen.nsw.gov.au>

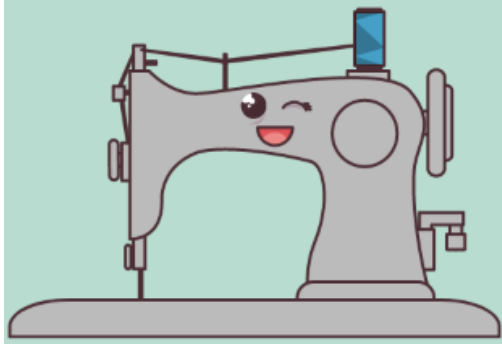
**Forms must be submitted by Friday 4 November 2022**

For more information contact Council's Community Wellbeing Planning Officer on 6655 7300 or email [community@bellingen.nsw.gov.au](mailto:community@bellingen.nsw.gov.au)

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# BELLINGEN

# STITCHED UP

## A SEWING GROUP FACILITATED BY LOCAL VOLUNTEERS



Want to learn to sew?

Got a sewing machine but no idea  
how to use it?

*Come and learn in our weekly  
sewing group!*

- An inclusive environment open to students in Years 7 to 12
- Afternoon tea provided
- No need to bring anything, sewing machines and all supplies are provided
- Our volunteers have a wide range of skills. We can teach you how to make anything from quilts to clothing, cushions to soft toys!

STITCHED  
UP IS  
FREE!

EVERY  
MONDAY  
3.30-5.30PM

**BELLINGEN UNITING CHURCH HALL, HYDE STREET  
MONDAYS 3.30 - 5.30PM (DURING SCHOOL TERMS)**

RSVP IS REQUIRED TO MICHELLE STOCKTON ON 0403011597  
OR EMAIL [BELLINGENSTITCHEDUP@GMAIL.COM](mailto:BELLINGENSTITCHEDUP@GMAIL.COM)

**JOIN NOW**



*Australian*  
**Air League**

**NSW Group**

# NSW GROUP IS NOW ENROLLING MEMBERS FOR OUR NEW ONLINE SQUADRON



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

NSW Group is now running an online Squadron for those interested in joining the Air League but there is no Squadrons currently in their area. We welcome boys and girls from the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to join or volunteer their time. All adult members and volunteers are Working with Children Checked.

Each week you will attend your online squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. The Online Squadron may also attend group activities.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

**FOR MORE INFORMATION ON THE AUSTRALIAN AIR  
LEAGUE AND YOUR CLOSEST SQUADRON  
PLEASE CONTACT**

**Email: [development.nsw@airleague.com.au](mailto:development.nsw@airleague.com.au)  
[www.airleague.com.au](http://www.airleague.com.au) Email: [info@airleague.com.au](mailto:info@airleague.com.au)**

**Free Call: 1800 502 175**







# Valley Braves

# ODD AGE



## COMPETITION



**COST: \$60.00 PER PLAYER**

**Register via Link on facebook page  
6 weeks of trainings**

Head to the Valley Braves Basketball  
Facebook page for the link to register

First training DATES

Sunday 30th October at Macksville High

Under 11's (Born 2014,2013,2012): 2pm- 3:30pm

Under 13's (Born 2011, 2010): 2pm - 3:30pm

Under 15's (Born 2009, 2008): 3:30pm- 5pm

Under 17's(Born 2007, 2006): 3:30pm - 5pm



Further dates, times and venues to be advised at first training session

**Optional Odd Age carnivals (extra costs)**

Seaside Classic in Port 5th and 6th November 2022

BV Carnival in Coffs 10th and 11th December



LIBERTY  THEATRE



**The**  
**Addams**  
**Family**  
young@part®

**OCTOBER 28th to November 6th 2022**

**TICKETS:** From \$22.50 (exc GST)

**AVAILABLE FROM:** [www.libertystudios.com.au](http://www.libertystudios.com.au)

**LIBERTY THEATRE** 6/19 Engineering Drive, Nth Boambee

**THE ADDAMS FAMILY Young@Part™ A NEW MUSICAL**

Book by Marshall Brickman and Rick Elice. Music and Lyrics by Andrew Lippa. Based on Characters Created by Charles Addams  
Young@Part™ Edition adapted by MARC TUMMINELLI and originally workshopped at Broadway Workshop in NYC

BY ARRANGEMENT WITH ORIGIN™ THEATRICAL

ON BEHALF OF THEATRICAL RIGHTS WORLDWIDE, NEW YORK





# 2 WEEKS TO GO!!

BELLO PUBLIC SCHOOL P&C

# TWILIGHT FETE

SATURDAY NOV 5TH  
3-7pm

BBQ and Curry Stall

Fairy floss  
Ice creams  
Cakes

GIANT RAFFLE  
Win a Bike!

LIVE BAND!

Fun Photobooth  
+ face painting

BOOKS

CRAFT ACTIVITIES

GAMES

Made possible with support from

BELLINGHEN SHIRE COUNCIL

+ many community donations  
Thankyou!

**PLEASE GET INVOLVED AND MAKE IT A GREAT SUCCESS!**

The Bellinghen Public Parent community is running this event and every dollar we make goes back into giving our kids extra resources and fun during their time at BPS.

# DATES TO REMEMBER

NOVEMBER		DECEMBER	
1	MNC Beach Volleyball Gala	1	NC Softball 2023
4	<b>HSC Exams end</b>	2	Year 7 2023 All Schools Orientation Day
7-11	Year 9 & 10 Exams	5	Year 8 End of Year Excursion
10	Year 12 Formal (Sawtell RSL)	5	Year 7 2023 Parent/Carer Evening
14	OH&S White Card Training	6	Year 9 Big Banana Day Excursion
14	<b>P&amp;C Meeting</b>	8	BYO Concert for Primary Schools
15	NC CHS Beach Volleyball	9	NC Sport Awards
21-22	Gold Award Excursion 1 (overnight)	9	Year 10 Work Experience ends
22	Gold Award Excursion 2 (1 day)	9	BYO Schools Concerts
24	HSIE Coastal Excursion (10.2 and 10.5)	12	<b>P&amp;C Meeting</b>
24-25	Queensland Uni Excursion (Year 11)	13	Presentation Assembly (10am)
24-27	National Futsal Titles	13	Year 7 Pool/Connell Park Afternoon
25	Year 7 2023 Small Schools Orientation Day	13	Years 7/8/9/10 Reports Issued
25	Jazz Night (Music Concert)	15	Battle of the Rock GodZ
28	Year 10 Work Experience starts	16	<b>End Term 4</b>
		16	BYO Concert
		19	<b>School Development Day</b>
		20	<b>School Development Day</b>

## Did you know?

- ☺ France is the most visited country with 89 million annual tourists.
- ☺ A bat can eat up to 1000 insects per hour.
- ☺ There is a village in the Netherlands with no streets, only canals.
- ☺ "I Am" is the shortest complete sentence in the English language.
- ☺ New Zealand has the steepest residential area in the world.
- ☺ The 100 folds in a chef's toque are said to represent 100 ways to cook an egg.
- ☺ In curling, good sportsmanship and politeness are essential.
- ☺ *Tsundoku* is the act of acquiring books and not reading them.
- ☺ Blood donors in Sweden receive a thank you text when their blood is used.

## CONNECT THE DOTS WITH 4 LINES

