

November 11, 2022

# Bellingen High School NEWSLETTER

Telephone: 02 66551 315

Website: <http://www.bellingen-h.schools.nsw.gov.au>



*Gumbayngirr Country*

## News from the Relieving Principal Student Opportunities

Yesterday we saw Sam Borgert fly to Sydney to participate in Youth Parliament and was meeting with the Minister for Education Sara Mitchell. Such an amazing opportunity for Sam in representing our school.



At the start of December one of our junior debate teams will be competing at the State Finals in Sydney. These opportunities do not happen without the support of staff going above and beyond. We are very lucky to have a great team of teachers who do this, and I would like to thank all of them for the work they do at our school.

## School Leaders 2023

We have started the process in selecting our student leadership team for 2023. The students prepared a written application, and those successful applicants were invited to an interview with Ms Greentree and Mr Laverty recently. These successful applicants are now preparing a speech to be delivered at a future assembly as to why they should be a part of our school captains elect for 2023. On behalf of our school community, I wish them well in the final part of the process.

# Learning Continues

A number of classes have completed end of year examinations and assessments as staff continue to prepare end of year reports. This does not mean that learning stops. Students will continue to engage in meaningful and purposeful work for the remainder of the term and the expectation is that all students attend school unless they are unwell.

*Tim Laverty*

## Welcome to our Year 7 Advisor 2023

Our Year 7 Advisor for 2023 is Miss Kendl Cramer. Miss Cramer is a TAS teacher across all year levels with a strong interest in health, food, craft, and student welfare.

“I am born and bred in Coffs Harbour where I went to school and university. My first four teaching years were spent in Deniliquin, which was a very different environment. Eventually the coastal life lured me back. I then spent five years at Kempsey High School whilst living in Toormina. I loved my time at both schools and made so many amazing connections, but I am so excited to be at Bellingen High School and keen to make all new connections, starting with 2023 Year 7 students and their families.

I am bubbly, friendly, and approachable and I cannot wait to meet the new cohort.“

Three dates to be aware of:

- **Small Schools Transition Day:**            **Friday 25<sup>th</sup> November**            9:00am to 3:08pm
- **All Schools Transition Day:**            **Friday 2<sup>nd</sup> December**            9:00am to 3:08pm
- **Parent/Carer Information Evening:** **Monday 5<sup>th</sup> December**            6:00pm to 7:00pm

If you have any questions, please do not hesitate to contact the school via phone or email, or email Kendl - [kendl.cramer1@det.nsw.edu.au](mailto:kendl.cramer1@det.nsw.edu.au)



# Assessment Tasks – Term 4

YEAR 10			
SUBJECT	WEEK	DATE	TASK
HSIE 10.2	6B	18/11/22	Hand in task
PDHPE	6B	18/11/22	Exam

YEAR 11 (12)		
SUBJECT	WEEK	DATE
Ancient History	8B	28/11/22
Earth & Environmental Science	8B	1/12/22
English Advanced	8B	2/12/22
English Standard		
Biology	9A	5/12/22
Business Studies	9A	6/12/22
Modern History	9A	6/12/22
Legal Studies	9A	9/12/22
Mathematics Extension 2	9A	9/12/22
Physics	10B	12/12/22
Society and Culture	10B	12/12/22
Chemistry	10B	13/12/22
Mathematics Extension 1	10B	13/12/22
Mathematics Advanced	10B	14/12/22
Mathematics Standard 2		
Mathematics Numeracy		

## Bellingen High School P&C Meeting

Monday November 14, 2022

6pm Staff Common Room

*All Welcome!*

*Note: Minutes of P&C Meetings are accessible via the Bellingen High School website 😊*

 @BELLINGENHIGHPC

# Careers News

## Ex-Student Career Update

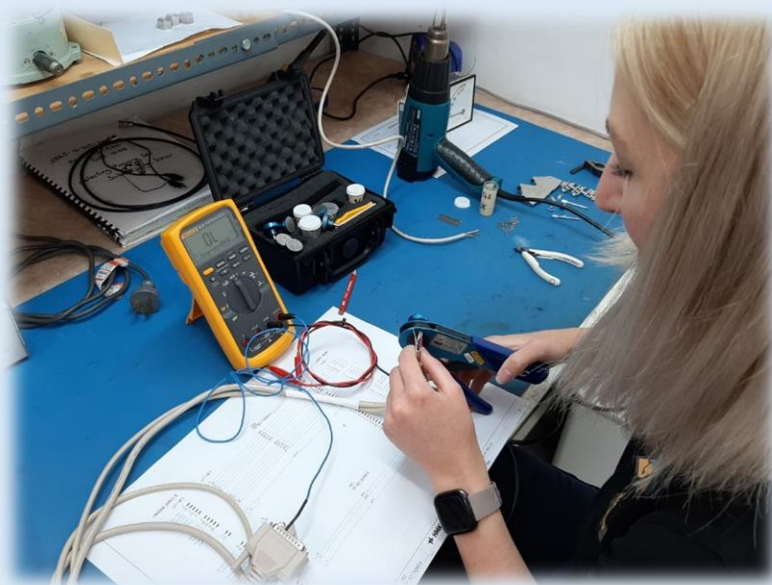
### Name

Jessica Lockman

**Year left Bellinghen High School**  
2016

### Current job title

Electronics Technician / Operations  
Support Lead



### Subjects studied in Years 11/12

English Advanced, Mathematics Advanced, Mathematics Extension 1, Engineering Studies, Physics, Chemistry, Earth & Environmental Science

### Career pathway since leaving school

After completing the HSC I moved down to Sydney to undertake an apprenticeship as an Electronics and Communications Technician. I worked full time while completing my trade certificate, Certificate III in Electronics and Communication, as well as an Advanced Diploma of Electronics and Communications Engineering. I studied both courses at TAFE simultaneously. I am now 2 years out of my apprenticeship and gaining more and more responsibilities and job roles. Since becoming fully qualified I have picked up lots of different extra tickets/training including a forklift licence, test and tag licence and Security Officer training which puts me as the ASO (Assistant Security Officer) for my company.

### Challenges along the way

Moving down to Sydney straight after high school, studying two courses simultaneously and working full time.

### Advice to current students

Take every and all learning opportunities you can, it is easier to change your learning/career path while you are young and still figuring everything out. Females, don't be scared to step into male dominated areas, try out a trade. University isn't the only option/answer after school, apprenticeships are great for jumping straight into the workforce and gaining hands on skills.

# Cancer Council Donation

Chelsea and James from our outgoing Year 12 cohort dropped into the Cancer Council to donate \$500 from their fundraising activities this year. Great effort Year 12!

Cancer Council is the only charity that works across every area of cancer, from research to prevention and support.

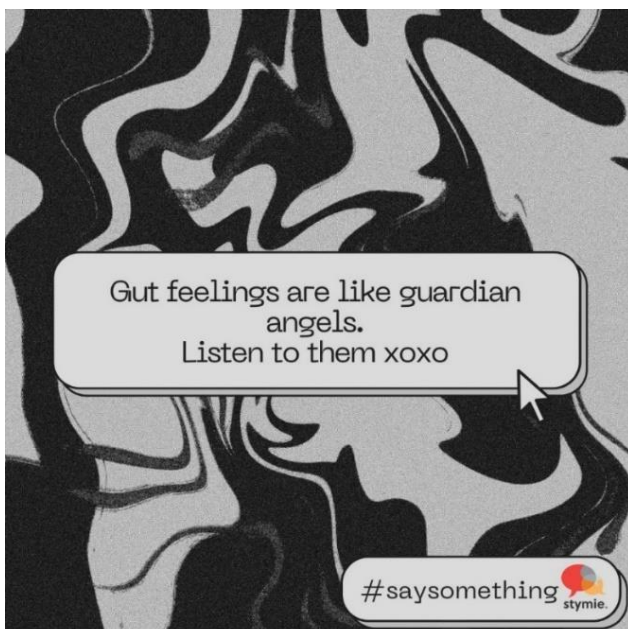
To donate please go to [Donate to Cancer Council](#)



## Important Info

- ☺ If you are interested in a career with Bellinger Systems, they are currently hiring. Checkout [Bellinger Systems Apprenticeship Opportunity](#) (see ex-student career update on previous page).
- ☺ Need a resume for summer employment? Create an account on our school careers page <https://bellingerhighcareers.com/> Login and there are several resume templates. Alternatively drop into the Careers Office during lunchtime.
- ☺ Just a reminder we advertise jobs on our Facebook page <https://www.facebook.com/CareersBellingerHigh> If you don't have Facebook you can still link to the jobs via our Careers website.

*Frieda Gorman*  
*Careers Advisor*



# Down at the Ag Plot

## North Coast National – Lismore Show

The North Coast National was held at the Lismore Showgrounds from the 20<sup>th</sup> – 22<sup>nd</sup> October 2022. The Cattle Show Team at Bellingen High School were able to support the event exhibiting both Bell-Hy and Bellarosa Red Poll Stud. In total, the team of 18 students entered four steers in both the school's competition and George and Fuhrmann Steer Classic, as well as four heifers in the Stud Beef section.

The event was well supported with schools in the region making up about half of the steer entries. The Bell-Hy and Belarosa Steers were up against stiff competition from pure and mixed breeds alike especially in the school steers competition where the weight class breakdown did not favour the Red Poll entries.

First success was seen in the George and Fuhrmann Steer Classic, with Belarosa Stephen (pictured right) performing very well in the 220-360kg lightweight class. Weighing in at 251Kg, he placed second in the hoof competition having a well finished profile despite his relatively young age of 12 months. On the hook, Stephen weighed in at 204kg and went on to win with a grand total of 85.1 points.



The heavier Belarosa Sebastian and the two Bell-Hy steers Shrek and Sonic followed a similar trend performing best on the hook in the 431-480kg section. Weighing in at 458, 477 and 461kg, these animals presented with a leaner structure than their competition, with fully finished entries winning favour overall.

After limited success in the hoof competition, a well-earned boost was given to the team when the hook results were released on the Saturday. With the carcass weights coming in at 265, 279 and 256kg respectively, the Bell-Hy steers tied with 84.7 total points and came away 4<sup>th</sup> and 5<sup>th</sup>.

The school also entered the Pen of Three pure bred steer category with Stephen, Sebastian and Shrek placing second against Woodenbong Central School and their fine examples of Limousin steers. On the hook both entries were very close with only 20 points between them. Woodenbong Central took away first prize again, but the Bellingen High School Team were wrapped



*Belarosa Stephen receiving second place in lightweight steer*

to know that their steers performed so well, especially noting their leaner structure compared to their competition.



*Belarosa Sebastian*



*Pen of Three pure bred steer section*

In the beef cattle section, the four heifers competed in the eight and under 12 months, and the 12 and under 16 months categories. Congratulations to Belarosa Red Poll Stud with Sonya (pictured right) taking away the Junior Champion and Grand Champion Red Poll.



*Bell-Hy and Belarosa Heifers Female 8 and under 12 months section*



The team of relatively junior members is to be commended on their hard work and dedication leading up to the North Coast National. They have worked with the animals three days a week since the Bellingham Show at the start of the year and were able to

maintain their energy and positive work ethic over the full four days in Lismore. Their positive contribution was well recognised and awarded with a second-place prize for best school at the show. The Team looks forward to their final show for 2022 in Dorrigo later this month.

*Peter Fox*  
*Science / Agriculture Faculty*

## BELLINGEN HIGH SCHOOL CANTEEN

### \$4 WEEKLY SPECIALS (available on Spriggy now)

#### **Monday**

Singapore Noodles	Butter Chicken
Fish Burger	Tuna Pasta
Cous cous Salad	Garden Salad

#### **Tuesday**

Udon Noodles	Fried Rice
Tuna Sushi	Salmon Patties
Chicken Salad	Tuna Salad

#### **Wednesday**

Singapore Noodles	Butter Chicken
Fish Burger	Fish & Homemade Chips
Pesto Salad	Chicken Caesar Salad

#### **Thursday**

Fried Rice	Tikka Masala
Tuna Patties	Niçoise Salad
Cous cous Salad	Chicken Asian Salad

#### **Friday**

Tikka Masala	Hokkien Noodles
Fish Burger	Salmon Patties
Chicken Caesar Salad	Pesto Salad





# Busways *School Bus Service Interruptions*

Due to the upcoming roadworks on Freshwater Creek bridge, Old Coast Road – Repton, there will be a change to **School Bus S336** and **School Bus S265**. Commencing **Monday 28 November 2022**, the bus will operate the following route and times.

These diversions will **omit Old Coast Road between Overhead Bridge Road and Perrys Road**.

Services will return to normal from Day 1 Term 1 2023.

## School Bus S265 – AM Service

**School Bus S265** will depart from McCabes Road (Bundagen Gate) at 7.30am (10 minutes earlier) via McCabes Road, Overhead Bridge Road, **left Pine Creek Way, Keever's Drive, left Perrys Road**, Tuckers Rock Road, Forest Drive to the Repton Fire Shed for the transfer to School Bus S272 or School Bus S285.

## School Bus S336 – PM Service

**School Bus S336** will depart from Repton Public School at 3:25pm and operate current route and times to Repton Fire Shed to accept transfers from School Bus S329 and School Bus S369. Then School Bus S336 will operate via Forest Drive, Tuckers Rock Road, **Perrys Road, right Keever's Drive, Pine Creek Way**, right Overhead Bridge Road, right McCabe Road to Bundagen Gate (**4:09pm**).

For further information please contact Busways Customer Service on **1300 692 929** or [infoline@busways.com.au](mailto:infoline@busways.com.au)



**BELLINGEN  
STITCHED UP**  
A SEWING GROUP  
FACILITATED BY  
LOCAL VOLUNTEERS

Want to learn to sew?  
Got a sewing machine but no idea  
how to use it?  
Come and learn in our weekly  
sewing group!

- An inclusive environment open to students in Years 7 to 12
- Afternoon tea provided
- No need to bring anything, sewing machines and all supplies are provided
- Our volunteers have a wide range of skills. We can teach you how to make anything from quilts to clothing, cushions to soft toys!

STITCHED UP IS FREE!

EVERY MONDAY  
3.30-5.30PM

**BELLINGEN UNITING CHURCH HALL, HYDE STREET  
MONDAYS 3.30 - 5.30PM (DURING SCHOOL TERMS)**  
RSVP IS REQUIRED TO MICHELLE STOCKTON ON 0403011597  
OR EMAIL [BELLINGENSTITCHEDUP@GMAIL.COM](mailto:BELLINGENSTITCHEDUP@GMAIL.COM)

# *Vaping - what parents and carers need to know*

## Webinar for Parents/Carers

**Thursday 10 November 7:00-8:00 pm AEDT**

P&C Federation is co-hosting this webinar with NSW Health and the NSW Department of Education to help parents and carers understand more about the facts on the health risks of e-cigarette use (vaping). You will learn about where to find more information including the NSW Government's 'Do you know what you're vaping?' campaign and [Vaping Toolkit](#).

### **Webinar overview**

This webinar will answer your questions about vaping:

- What are the harms of vaping?
- What is the impact of nicotine on young people?
- What are signs to look out for to know my child is vaping?
- What are the sources of support to quit nicotine (smoking and vaping)?
- What can I do to support my child?
- Is the sale of vapes legal? What is the situation for children under 18 years of age?
- What are schools doing to address vaping?

### **Panellists**

The following panel will be at the webinar to share information and answer your questions:

- **Dr Kerry Chant**, Chief Health Officer and Deputy Secretary, Population and Public Health, NSW Ministry of Health
- **Renee West**, PDHPE Curriculum Advisor 7-12, NSW Department of Education
- **Dr Bronwyn Milne**, Head of Department Adolescent Medicine, Sydney Children's Hospital Network, Staff Specialist Paediatrician and Addiction Medicine Specialist

P&C Federation President Natalie Walker will facilitate the webinar.

At the conclusion of the presentation, there will be the opportunity for attendees to ask questions of the panel.

### **To register**

Follow this [link](#)



AUSTRALIAN CERAMICS  
**OPEN STUDIOS**  
SAT 12 & SUN 13 NOVEMBER

Over 200 potters and ceramic artists from all over Australia will open their studios to the public for the 10th annual Australian Ceramics Open Studios.



**Reanne Brewin**  
9 Lucas Ave,  
Bellingen  
M: 0432 182 731



**Clare Danby**  
92 Wheatley St, Bellingen  
(enter from McNally St)  
M: 0448 087 757



**Tamasin Pepper**  
22 Ringwood Pl,  
Bellingen  
M: 0400 986 655

For more info on potters in your area visit:  
[www.australianceramicscommunity.com](http://www.australianceramicscommunity.com)

Follow the latest event updates:

**Facebook** @theaustralianceramics association

**Instagram** @australianceramics



The  
**AUSTRALIAN CERAMICS**  
Association  
[australianceramics.com](http://australianceramics.com)



art  
miinggiya  
art in your heart

**3rd December to 7th December 2022**

Art exhibition celebrating our Shire's diversity and the healing practice of art.

Presentation of Ian J Cooper Awards

**Opening and awards 3rd December 2022**

**The Art Space Urunga 2pm-4pm**

**Celebrating International Day of Disability**

**THE ART  
SPACE**

**Prize pool of \$2500 Entries close 30th November**

**Entry Forms available from Neighbourhood Centres and via email**

**Contact Lauren 0437834909 for information**



**BELLINGEN  
SHIRE COUNCIL**



**3 December  
International Day of  
People with Disability**



# Young Actors Studio

PRESENTS

## BEAUTIFUL DAY



**LOVE**



**FRIENDS**



**LIFE**



**DEATH**

**AN ORIGINAL STAGE PLAY WRITTEN AND DIRECTED  
BY BELINDA LEMAIR BASED ON TRUE EVENTS.**

26.11.22 - 6/19 Engineering Drive Coffs Harbour  
Show Times: 2pm & 6:30pm

Tickets: \$5 Students - \$10 Adults can be purchased  
at the door 30 mins prior to each performance.

[yasonthecoast@gmail.com](mailto:yasonthecoast@gmail.com)

# We're coming to your community



## NSW Government services will be available In Bellingen on Thursday 1st of December between 9:00am and 3:00pm

### This includes:

- driver licences, proof of identity documents, and Photo Card applications
- Driver Knowledge Tests
- Working With Children Checks
- NDIS Worker Check
- birth, death and marriage certificates
- up to 70 government rebates and savings
- Stay NSW and Parents NSW voucher applications.



Find us at:  
Cnr Hyde and Ford Streets  
Bellingen

Visit [service.nsw.gov.au](https://service.nsw.gov.au) or call  
**13 77 88** to check our schedule.  
Unfortunately, sometimes our  
routes change at short notice.

© NSW GOVERNMENT



To help keep NSW safe, we've ensured our Mobile Service Centres follow COVID safe practices.



## COME & PLAY HOCKEY

Bellingen Hockey Club are inviting all Junior players (6-13years) to a 'Come & Try' hockey session run by our club.

**New players** – Come give it a go for FREE and have fun.

**Existing players** – Bring a friend, play some mixed fun games

For further information email  
[bellingenhockeyclub@gmail.com](mailto:bellingenhockeyclub@gmail.com)

**Tuesday 22<sup>nd</sup>  
and 29<sup>th</sup>  
November**

**Aged 6-13  
Years**

**4 - 5.30pm**

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**Bellingen  
High School  
MPC**

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**Hockey  
Sticks  
available for  
use**

-----  
**Ideally bring a  
mouthguard**

**REGISTER TO  
PLAY**

Upon registration  
new players  
receive a stick set  
and a Bello  
Hoodie

# Become a Lifeguard



Scan the QR code  
to start your career  
with the Australian  
Lifeguard Service



# DATES TO REMEMBER

NOVEMBER		DECEMBER	
11	<b>Remembrance Day</b>	1	NC Softball 2023
11	Open Boys Cricket	2	Year 7 2023 All Schools Orientation Day
14	OH&S White Card Training	5	Year 8 End of Year Excursion
14	<b>P&amp;C Meeting</b>	5	Year 7 2023 Parent/Carer Evening
14	Year 12 Music Jim Coyle visit	6	Year 9 End of Year Excursion
15	NC CHS Beach Volleyball	8	BYO Concert for Primary Schools
16	U14's Girls Cricket	8	Year 9 WW1 Incursion
16-18	Community Camp (Baalijin Kids)	9	Year 7 End of Year Excursion
21-22	Gold Award Excursion 1 (overnight)	9	NC Sport Awards
22	Gold Award Excursion 2 (1 day)	9	Year 10 Work Experience ends
24	HSIE Coastal Excursion (10.2 and 10.5)	9	BYO Schools Concerts
24-25	Queensland Uni Excursion (Year 11)	12	<b>P&amp;C Meeting</b>
24-27	National Futsal Titles	13	<b>Presentation Assembly (10am)</b>
25	Year 7 2023 Small Schools Orientation Day	13	Years 7/8/9/10 Reports Issued
25	Jazz Night (Music Concert)	15	Battle of the Rock GodZ
26-29	Year 12 Society & Culture Excursion	16	<b>End Term 4</b>
28	Year 10 Work Experience starts	16	BYO Concert
30-2/12	Year 9 HISE (Z Elective) Excursion	19-20	<b>School Development Days</b>

JANUARY 2023	
27-30	<b>School Development Days</b>
31	Year 7/11/12 students start
FEBRUARY 2023	
1	Year 8/9/10 students start
8	Swimming Carnival
13	<b>P&amp;C Meeting</b>
13	University Roadshow (Year 12)
MARCH 2023	
13	<b>P&amp;C Meeting</b>

### What am I?

- I speak without a mouth and hear without ears. I have no body, but I come alive with wind.
- You measure my life in hours, and I serve you by expiring. I'm quick when I'm thin and slow when I'm fat. The wind is my enemy.
- I have cities, but no houses. I have mountains, but no trees, I have water but no fish.
- What is seen in the middle of March and April that can't be seen at the beginning or end of either month?

### Did you know?

- ❖ Venus is the only planet to spin clockwise.
- ❖ Competitive art used to be an Olympic sport (between 1912 and 1948).
- ❖ The Spanish national anthem has no official lyrics.
- ❖ The Japanese word 'Kuchi zamishi' is the act of eating when you're not hungry because your mouth is lonely.
- ❖ Walt Disney currently holds the most Academy Awards.
- ❖ You can't hum if you hold your nose.
- ❖ Japan has over 200 flavours of Kit Kats.
- ❖ Sleep literally cleans your brain.